

Number	First Name	Last Name	Race Cat	Club	CountyChamps
1278	Lee	Abbott	F35		No
483	Charlie	Adams	F55		No
548	Stacey	Adams	FO		No
913	Rachel	Aird	F35		No
950	Carly	Albon	F35		No
405	Beth	Alcorn	F35		No
256	Dale	Allardyce	M40		No
1202	Dale	Allardyce	M40		No
325	Mark	Allen	MO		No
619	Martin	Allen	MO		No
661	Maxine	Allen	F45		No
931	Adrian	Allen	M50		No
866	Gavin	Alleyne	MO		No
177	Shelley	Allison	F35		No
366	Craig	Allum	MO		No
17	Sarah	Almond	F35	Royston Runners	No
1451	Colin	Almond	M40		No
597	Helen	Amey	F45		No
700	Roger	Anderson	M70		No
771	Mark	Anderson	M40		No
561	Laura	Andrews	F45		No
835	Michael	Andrews	MO	Fairlands Valley Spartans RC	No
836	Aimee	Andrews	FO		No
912	Russ	Andrews	M50		Yes
334	Kayleigh	Angus	FO		No
1574	Jessica	Anstee	F35	Amphill and Flitwick Flyers	Yes
442	Mark	Appleton	M50		No
1021	Andrew	Appleton	M50		No
1200	Patrick	Appleton	M50		No
1201	Aiden	Appleton	MO		No
1175	David	Appleyard	M40		No
1228	Vicky	Archer	F35	Fairlands Valley Spartans RC	No
1210	Anne	Ardley	F35		No
518	Sean	Arkins	M50		No
746	Matthew	Armstrong	M40	Black Pear Joggers	No
753	Kate	Armstrong	F35		No
361	Charles	Arnold	M60	Biggleswade AC	No
663	Stuart	Arnold	M40		No
817	Sarah	Arnold	FO		No
353	Simon	Ashford	M40	British Airways AC	Yes
1392	Cathy	Astley	FO		No
176	Nigel	Aston	M50	St Albans Striders	Yes
635	Carolyn	Atkins	FO		No
1263	Emma	Austin	F45		No
993	Anna	Avards	FO		No
923	Jonathan	Aves	M50		Yes
646	Lisa	Bacon	F35		No
1054	Kathryn	Bagot	F35		No
583	Joanna	Bailey	F45	Notts AC	No
814	Tony	Bailey	M50		No
457	Sarah	Baker	FO		No
938	Sarah	Baker	F45		No

1297	Lucy	Baker	F35		No
411	Steven	Baldwin	MO	Biggleswade AC	No
354	Aaron	Ball	MO	Biggleswade AC	Yes
509	Steve	Ball	M50		No
601	Martin	Ball	M60		No
1445	Mike	Banister	M40		Yes
506	Larry	Barbato	M50		No
507	Lynda	Barbato	F55		No
73	Graeme	Barclay	M50		No
1005	Odile	Barclay	F35		No
477	Georgia	Barker	F45	Biggleswade AC	No
478	Richard	Barker	M40	Biggleswade AC	No
1095	Jana-Louis	Barker	F35		No
1105	Mary	Barker	F35		No
850	Sarah	Barley	F45		No
1071	Bernie	Barnaby	M60	Herts Phoenix AC	Yes
220	Tony	Barnes	M50	Bedford Harriers AC	No
666	Matthew	Barnes-Smith	MO		No
1448	Graham	Barnett	M60	Barnet & District AC	No
1279	Tom	Barrance	M40		No
304	Sam	Barry	F45	North Herts Road Runners	No
1139	Sean	Barry	M40		No
881	Stephen	Bartlett	MO		No
1411	Leigh	Barton	MO		No
778	Michaela	Basford	F45		No
369	Laura	Bass	FO		No
1416	Sarah	Bassill	F35		No
595	Annabel	Bateman	F35		No
525	Nicola	Bates	F35		No
1068	Daniel	Bates	MO		No
1026	Jonathan	Battarbee	M40		No
198	James	Batten	MO		No
1459	Kerry	Batten	F35	Bedford Harriers AC	No
79	Dan	Bayliss	M40	Royston Runners	No
630	Lee	Bayliss	M40		No
1264	Eleanor	Beale	FO		No
526	Andrew	Beaton	M40		No
571	Sacha	Beavis	FO		No
1157	Christophe	Beavis	MO	Trail Running Association	No
1158	Edward	Beavis	MO		No
316	Carly	Bedwell	FO		No
1386	Gazala	Begum	M40		No
1296	Wayne	Bell	M40	Newham & Essex Beagles AC	No
1380	Megan	Bell	F35		No
838	Ross	Bellamy	M40		No
839	Sally	Bellamy	F35		No
624	Mourad	Ben Taieb	M50	Bedford Harriers AC	No
1012	John	Bennet	M50		No
108	Steven	Bennett	MO		No
109	Laura	Bennett	FO		No
167	Rachel	Bennett	F35		No
249	Jane	Bennett	F35		No
1253	Julian	Bennion	M40		No

1393	Helen	Bennis	F35		No
443	Vicky	Berry	F55	Biggleswade AC	No
904	Kirsty	Berry	F35		No
946	Sarah	Berry	F35	Ware Joggers	Yes
1193	Robin	Berry	M40		No
954	Felicity	Bexton	FO		No
1472	Mark	Bickerdike	M50	Hitchin Running Club	Yes
678	Joshua	Bickerstaff	MO		No
627	Deborah	Biggs	F35		No
1034	Roger	Biggs	M70	Fairlands Valley Spartans RC	Yes
205	Alison	Billing	FO		No
206	Steven	Billing	MO		No
867	Stuart	Bird	MO		No
1164	Hayley	Bironneau	FO	Riverside Runners	No
448	Lianne	Bishop	FO		No
618	Ben	Bishop	M40		No
1369	Ross	Black	M40		No
139	Stephen	Blackaby	M40	Royston Runners	No
307	Tania	Blake	F35		No
1078	Mark	Blease	MO		No
1286	Richard	Bloom	M70	Herts Phoenix AC	Yes
671	Rachel	Bloomfield	F35		No
672	David	Bloomfield	MO		No
1396	Laura	Blunt	FO		No
1506	Jenny	Boag	F45		No
1507	James	Boag	M40		No
480	Christophe	Boar	M40		Yes
669	Graham	Boar	MO		No
1217	Dawn	Boon	F35	Stopsley Striders Jogging Club	No
82	Michelle	Bourne	F35		No
1510	Roxann	Bowie	F35		No
621	David	Bowker	M60	Fairlands Valley Spartans RC	Yes
1606	Adam	Bowler	MO	North Herts Road Runners	No
137	Matt	Bowmer	M50	Bedford Harriers AC	No
1310	Paul	Bowyer	M40		No
1109	Jillian	Boys	F35	North Herts Road Runners	No
1316	Helen	Bradley	F45		No
1608	Oliver	Brady	MU20	North Herts Road Runners	No
248	Dave	Braybrook	MO		No
758	Colin	Braybrook	M50	St Albans Striders	Yes
844	Lynda	Brazier	F45		No
135	Dawn	Breacher	F45		No
636	Mary	Brennan	F45	Stopsley Striders Jogging Club	No
637	John	Brennan	M50		No
670	Steve	Brenton	MO		No
851	Lucy	Brett	FU20		No
852	Jeremy	Brett	M50		No
701	Sarah	Brewster	F45		No
173	Sarah	Brigden	F35		No
1187	Catherine	Briggs	FO		No
390	Sarah	Brisley	F55		No
1247	Helen	Brittain	F45		No
101	Jane	Britten	F45		Yes

1523	Katie	Brocklehurst	F35		No
1087	Andy	Brooker	M50		Yes
1096	Gabriel	Brooker	MO		No
1099	Gaia	Brooker	FO		No
997	Melanie	Brooks	F45	Biggleswade AC	No
1378	Kirsty	Brooks	F45		No
1379	Martyn	Brooks	M40		No
94	Hannah	Broom	F35	Biggleswade AC	No
115	Jim	Brown	M60	Fairlands Valley Spartans RC	Yes
302	Dawn	Brown	F35		No
600	Suzanne	Brown	F45		No
902	Hannah	Brown	FO		Yes
1151	Amy	Brown	FO		No
1153	Garry	Brown	M40		No
1198	Jeff	Brown	M40		No
1566	Emily	Brown	FO	Amphill and Flitwick Flyers	No
1591	Stan	Brown	MU20		No
843	Tom	Brownlee	M50		No
31	Julian	Brunt	M40	Biggleswade AC	No
1015	Phillip	Brunton	M50		No
1526	Jerry	Bryan	M50	Barnet & District AC	Yes
1023	Tina	Buckeridge	F45		No
1348	Mark	Bucknell	M40		No
1546	Jody	Buczynski	MO	Amphill and Flitwick Flyers	No
604	Andrew	Bugler	M50		No
605	Lucy	Bugler	FO		No
606	James	Bugler	MO		No
126	Miroslava	Bukajova	FO		No
822	James	Bull	M40		No
243	Elliott	Bunker	M40		No
138	Katie	Bunting	F35	St Albans Striders	Yes
1114	James	Bunyan	M60	Dunstable RRC	No
538	Catherine	Burgess	F45		No
1055	Maria	Burgess	FO		No
346	Tom	Burke	M40		Yes
431	George	Burkett	MO		No
1129	Laura	Burnard	F35		No
1557	Emma	Burnham	FO	Amphill and Flitwick Flyers	No
862	Lou	Burns	F45		No
153	Susan	Burrows	F55		No
756	Mark	Burrows	MO		No
1276	Alison	Burrows	F45		No
22	Gertie	Bustard	F35		No
594	Steve	Button	M60	Garden City Runners	Yes
711	David	Byrne	M50	Barnet & District AC	Yes
733	Richard	Bywaters	M50		No
906	Peter	Bywaters	MO		No
1148	Susan	Cadden	F35		No
1149	Tommy	Cadden	M40		No
559	Carolyn	Cafferkey	F45		No
311	Scott	Caine	M40		No
469	Darren	Caine	M40		No
591	David	Cairncross	M40		No

1383	Greg	Cairns	M40		No
1594	Helen	Cairns	F35	North Herts Road Runners	Yes
400	Natasha	Calcutt	F35		No
1469	Emma	Callicott	FO		No
1470	Lucy	Callicott	FO		No
188	Corinne	Calligan	F35	Biggleswade AC	No
185	Lauren	Cameron	F45		No
186	Grant	Cameron	M50		No
413	Rachel	Cameron	F35	Bedford Harriers AC	No
47	Rachel	Canning	F45		No
1136	Clive	Cannon	M50		No
503	Anthony	Carolan	M50	Stevenage & North Herts AC	No
466	Peter	Carpenter	M70	Fairlands Valley Spartans RC	Yes
860	Dean	Carpenter	M40	Fairlands Valley Spartans RC	Yes
1155	Richard	Carpenter	M40		Yes
1271	Karen	Carpenter	F35		No
1084	Laura	Carr	FO		No
933	Steven	Carrod	MO		No
1074	Phil	Carroll	M50		No
1363	Janet	Carroll	F55		No
98	Liz	Carvell	F55	Fairlands Valley Spartans RC	Yes
981	Malc	Cary	M50		Yes
1385	Russell	Casey	M40	Garden City Runners	Yes
793	Robert	Casserley	M40	Garden City Runners	Yes
1485	Tom	Casserly	M70	Garden City Runners	No
1463	Louise	Cavanagh	F35		No
1478	Maureen	Cavanagh	F55	Bedford Harriers AC	No
1482	James	Cecil	MO		No
36	Andrew	Celia	MO		No
263	Aisha	Centala	F35		No
927	Steven	Chalk	M60		No
1004	Esther	Chambers	F35		No
1315	Joe	Chambers	MO	Springburn Harriers	No
1498	Jacqueline	Chan	F35		No
760	Jaswant	Chana	M60	Bedford Harriers AC	No
918	David	Chaplin	M60		No
58	Tracey	Chapman	F45		No
119	Stephen	Chapman	M40		No
171	Debbie	Chapman	F45	Royston Runners	No
777	Steve	Chapman	M40		No
911	Kelly	Chapman	F35	Fairlands Valley Spartans RC	No
937	Ella	Chapman	F35	Royston Runners	No
270	Lisa	Chapple	F45	Bedford Harriers AC	No
78	Gareth	Charels	M40		Yes
586	Peter	Charles	MO		No
825	Imogen	Charles	FO		No
826	Jo	Charles	F45		No
1488	Beth	Childs	F45		No
837	Paul	Chillery	MO		No
985	Michael	Chilvers	M50		No
882	Colin	Chivers	M40		No
1089	Louis	Christofides	MO		No
1395	Sarah	Church	F45		No

1135	Rob	Churcher-Upton	M40	Bedford Harriers AC	No
235	Rikki	Clark	MO		No
337	Emma	Clark	F35		No
812	Steve	Clark	M50		No
81	Lee	Clarke	F35		No
83	Rob	Clarke	M40		Yes
643	Natasha	Clarke	F45		No
799	Lee	Clarke	MO	Bedford Harriers AC	No
1365	Derek	Clarke	M50		No
1486	Robin	Clarke	M40		No
1597	Jane	Clarke	F35	North Herts Road Runners	Yes
1325	Mark	Clements	MO	Bedford Harriers AC	No
549	Luke	Cleverly	MO		No
1308	David	Clucas	MO	Blackburn Road Runners	No
768	Jessica	Coates	F35		No
769	James	Coates	MO		No
857	Miles	Cobbett	M40		Yes
41	Stuart	Cocks	M40		No
960	Glynis	Codd	F55		No
90	Nicholas	Coles	MO		No
1389	John	Coling	MO		No
446	Laura	Collin	FO		No
1399	Jamie	Collings	MO		No
1529	Pete	Collings	MO	Amphill and Flitwick Flyers	No
250	Steven	Collins	MO		No
537	Dean	Collins	MO		No
910	Jenni	Collins	F35		No
1184	Mitch	Collinson	M40		No
972	Marie	Colucci	F35	Fairlands Valley Spartans RC	Yes
1437	Emma	Colvin	F35		No
1070	Lisa	Compton	F45		No
614	Hayley	Connolly	FO	Garden City Runners	No
995	Robert	Conway	M50		No
19	Andrea	Cook	F35	Royston Runners	No
901	Sophie	Cook	FO		No
1571	Marcus	Cook	M40	Amphill and Flitwick flyers	No
141	Josh	Cooke	MO		No
634	Ray	Cooke	M50	Bedford Harriers AC	No
1413	Paul	Cooke	M40	Biggleswade AC	No
1491	Tim	Cooke	M50	Garden City Runners	Yes
308	Phil	Coombes	M50		No
858	Ellie	Cooper	FO		No
1072	Andy	Cooper	M50		No
1119	John	Cooper	M50	St Albans Striders	Yes
1447	Simon	Cooper	M60	Barnet & District AC	No
1582	Kate	Cornelius	FO	Amphill and Flitwick Flyers	No
305	Anthony	Cosgrove	MO		No
232	Jenny	Cotter	F45		No
321	Matt	Cotter	M40	Freedom Tri	No
974	Keith	Coughlin	M40	Fairlands Valley Spartans RC	Yes
697	Scott	Coulter	M40		No
1579	Paul	Court	M40	Amphill and Flitwick Flyers	No
4	Sophie	Cowan	F35	Fairlands Valley Spartans RC	Yes

1226	Steven	Cowell	M40		No
1227	Lucinda	Cowell	F45		No
226	Nikki	Cowen	F45	Garden City Runners	No
1512	Shane	Cowie	MO		No
650	Zoe	Cox	F45		No
864	Terri	Cox	FO		No
903	Sean	Crabtree	MO		No
57	Paul	Craig	M40		No
476	Steve	Crane	M60	Bedford Harriers AC	No
414	Mark	Cranston	M40		No
524	Lee	Crawford	M40		Yes
1504	Kelly	Crawford	FO	Huntingdonshire AC	No
18	Sarah	Crawley	F35	Bedford Harriers AC	No
292	Sean	Crawley	M40	Bedford Harriers AC	No
707	Scott	Cromack	M40		No
1533	John	Cross	MV50	Ampthill and Flitwick Flyers	No
683	Neil	Crossley	M40		No
868	Martin	Crossley	MO		No
934	Louise	Croton	FO		No
1511	Tina	Crow	FO		No
1077	Peter	Crowdell	M40	St Albans Striders	Yes
276	Sharon	Crowley	F55	Fairlands Valley Spartans RC	Yes
1430	Jenny	Crowthor	F35		No
558	Scott	Crudgington	M40		No
1539	Justine	Cullen	F45	Ampthill and Flitwick Flyers	No
84	Liz	Cunningham	F35		No
1154	Ian	Curry	M40	Stopsley Striders Jogging Club	No
365	Lisa	Cuthbert	F35		No
979	Amy	Cuthbert	F35		No
341	Elizabeth	Cutler	F35		Yes
1556	Kevin	Cutler	MO	Ampthill and Flitwick Flyers	No
372	Stuart	Cuzner	MO		No
373	Glenn	Cuzner	MO		No
971	Mark	Daly	M40		No
1355	Libby	Danckert	FO		No
422	Richard	Darley	M50	Garden City Runners	Yes
289	Martin	Davenport	MO		No
219	Julie	Davidson	F45		No
245	Valerie	Davidson	F65		Yes
418	Paul	Davidson	M40		No
1431	Alastair	Davidson	M50		Yes
52	Helen	Davies	F35		No
74	Paul	Davies	MO		No
376	Natasha	Davies	FO		No
377	Josh	Davies	MO		No
496	Scott	Davies	MO		No
1199	Alexandra	Davies	F35		No
1225	Paul	Davies	M40	Biggleswade AC	No
1586	Sid	Davies	MU20		No
541	John	Davis	M50	Garden City Runners	Yes
592	Mark	Davis	M50		No
1222	Sarah	Davis	F35		No
1223	Geoff	Davis	M40		No

1497	Joel	Davison	M40		No
724	Lee	Dawson	M40		No
958	Ian	Day	MO		Yes
1432	Nicholas	Day	MO		No
1426	Paul	De Kort	M50		No
696	Rosamond	De La Bertauche	F65	Barnet & District AC	Yes
893	James	Deane	M40		No
1583	John	Decesare	M50	Amphill and Flitwick Flyers	No
651	Laura	Deering	FO		No
710	Emma	Deering	FO		No
471	Aaron	Demant	MO		No
920	Phil	Dempsey	M40		Yes
1494	Emma	Dempster	F35	Garden City Runners	No
39	Alana	Dennis	F35		No
1159	Julie	Dennis	F45		No
1162	Sarah	Dennis	F35		No
1041	Catherine	Denton	F35	Bedford Harriers AC	No
1358	Dave	Desborough	M60	Garden City Runners	Yes
268	Suzanne	Devooght-Johnson	F35	Royston Runners	No
879	Patrick	Diamond	M50		No
222	Caroline	Diggle	F45	Bedford Harriers AC	No
45	Rachel	Dilley	F35		No
281	Richard	Dilley	M40	Biggleswade AC	No
540	Claire	Dimmock	FO		No
932	Les	Dimmock	M50		No
29	Amanda	Dionisyoun	F35		Yes
215	Dea	Ditchfield	F45	Bedford Harriers AC	No
622	John	Dixon	M50		Yes
110	Steven	Dobner	M40	Fairlands Valley Spartans RC	No
704	Mark	Docherty	MO		No
164	Kathy	Doherty	F45		No
572	Karl	Doherty	MO		No
573	Stacy	Doherty	FO		No
1518	Daisy	Doncaster	FO		No
1292	Anne Marie	Donovan	F35		No
1293	Eamonn	Donovan	MO		No
282	Nicky	Double	F35	Biggleswade AC	No
719	Christina	Downend	FO		No
808	Kelsey	Downie	FO		No
1233	David	Downie	M50		No
1234	Celia	Downie	FO		No
1235	Fergus	Downie	MU20		No
396	Jo	Draper	F35		No
1080	Dean	Draper	M40		No
1330	Dennis	Draper	M80	Garden City Runners	Yes
1331	Eleanor	Draper	F75	Garden City Runners	Yes
584	Mark	Drury	MO		No
27	Beck	Dudley	F35		No
861	Martin	Dudley	M50	Fairlands Valley Spartans RC	Yes
1484	Rishi	Duggal	MO		No
796	Graham	Dundas	MO		No
295	Liz	Dunn	F35		No
1224	Nichola	Durent	F35		No

1283	Susan	Dutton	F45		No
887	Linda	Dworowski	F55	Barnet & District AC	No
402	Liz	Eaton	F35	Royston Runners	No
1354	Rob	Eaton	MO		No
1499	Cheryl	Ebeling-Jones	F35		No
949	Faye	Edwards	F35		No
1032	Mark	Edwards	MO	Garden City Runners	No
1349	Steven	Edwards	MO	Garden City Runners	No
580	Kim	Egan	FO		No
1514	Guro	Eide	F35		No
1301	Steve	Ellerd-Elliott	M40	Garden City Runners	Yes
429	Linda	Ellett	F35		No
603	Trevor	Elliott	M60		No
665	Martin	Elliott	M50		No
791	Alexander	Elliott	MO		No
48	Mark	Ellis	M40		No
1059	Heather	Elvin	F35		No
1126	Mark	Elvin	M40		No
1013	Georgina	Emery	F35		No
770	Peter	Emery-Billcliff	MO		No
38	Claire	Emmerson	F45	Fairlands Valley Spartans RC	Yes
104	Darren	Emmerson	M50	Fairlands Valley Spartans RC	Yes
641	Chloe	Emmerson	FO	Fairlands Valley Spartans RC	No
113	Faye	Engelbrecht	F35		No
1255	David	England	M40		No
1256	Bee	England	FO		No
1257	Guy	England	MO		No
114	Harriet	Evans	FO		No
398	Robert	Evans	M40		Yes
686	Stephen	Evans	MO		No
1060	Laura	Evans	FO		No
1464	Ian	Evans	M60		No
470	Mike	Eve	M50		No
1231	Laura	Fairbanks	F35	Queen's Park Harriers	No
318	Trevor	Farnsworth	M40		No
319	Hannah	Farnsworth	F35		No
42	Pam	Farquhar	F35		No
43	Peter	Farquhar	MO		No
284	Andrew	Farrell	MO		No
1166	Stephen	Faulkner	M60		Yes
694	Charlie	Fawcett	M50		No
401	Neil	Feeder	M50	Royston Runners	Yes
450	Andrew	Fenton	m50	Freedom Tri	No
1102	Colin	Fenwick	M70		No
1085	Cheryl	Fernandez	F35		No
1403	Nikki	Ffrench	F35		No
631	Robin	Fiander	M60	Bedford Harriers AC	No
1064	Donna	Fiddeman	F35	Royston Runners	No
702	Stewart	Fidgeon	M40		No
261	Ian	Finch	MO		No
870	Holly	Finnigan	FO		No
693	Bob	Fisher	M50		Yes
1192	Debi	Fisher	FO	Bedford Harriers AC	No

1214	Courtney	Fisher	FO		No
1450	Jo	Fisher	F45		No
70	Georgina	Fitzpatrick	F35		No
1521	Aimee	Flack	FO		No
1081	Hayley	Flattley	FO	North Herts Road Runners	No
1549	Rebecca	Fleckney	F35	Ampthill and Flitwick Flyers	No
1191	Katie	Fletcher	FO	Bedford Harriers AC	No
1076	Andrew	Flint	M50		No
1019	Matthew	Flitton	MO		No
1020	Laura	Flitton	F35		No
869	Duncan	Flounders	M40	Fairlands Valley Spartans RC	No
106	Carlie	Flynn	F35		No
980	Zoe	Folbigg	F35		No
279	Helen	Foley	F35		No
170	Lawrence	Folley	M50	Bedford Harriers AC	No
63	Martha	Ford	FO	Biggleswade AC	No
128	Anita	Ford	F45		No
129	Alastair	Ford	M40		No
726	Nick	Ford	MO		No
865	Naomi	Ford	F35		No
338	James	Foreman	MO		No
180	Michelle	Forrester	F35		No
378	Mike	Forrester	M40		No
755	Steve	Foster	M40	North Herts Road Runners	No
909	Emily	Fowler	F35		No
1134	Richard	Fox	MO		No
516	Lindsey	Francis	F35		No
1280	Penelope	Francis	F35		No
1281	Jan	Francis	M40		No
494	Hannah	Frank	FO	Garden City Runners	No
542	Mathew	Frank	MO		No
1439	Sisi	Frank	FO		No
1044	Kerry	Franklin	F35		No
1422	Sharon	Franklin	F35		No
1112	Carly	Freeston	F35		Yes
1132	Joachim	Fricke	M60		No
419	Sarah	Friston	F35		No
925	Chris	Fry	M40		Yes
722	Dean	Fullard	MO		No
723	Louise	Fullard	FO		No
432	Rebecca	Fulton	F35		No
1322	Gabriele	Fumagalli	MO	Cambridge & Coleridge AC	No
121	Teresa	Gage	F45		No
998	Stephen	Gale	M50	Bedford Harriers AC	No
999	Sara	Gale	F55	Bedford Harriers AC	No
1352	Claire	Gale	FO		No
1043	Jane	Galliano	F45		Yes
155	Tim	Gardiner	M40	Biggleswade AC	No
1203	John	Garland	M50		Yes
3	Jenny	Garret	F45	Fairlands Valley Spartans RC	Yes
546	Alex	Garrick	M50		No
1230	Simon	Garstin	M50		No
845	Alexandra	Gates	FO	Stevenage & North Herts AC	No

874	Lesley	Gaunt	F55	Bedford Harriers AC	No
875	Steve	Gaunt	M50	Bedford Harriers AC	No
625	Lee	Geer	MO		No
86	Michelle	Geeson	F35		No
253	Sarah	Geeson-Orsgood	F35	Biggleswade AC	Yes
579	Tracey	Geeves	F35		No
298	Alison	Gentry-Cooper	F35		No
1206	Andreas	Georgiou	MO		No
1207	Helen	Georgiou	FO		No
1372	Sophocles	Georgiou	M60	Fairlands Valley Spartans RC	Yes
1424	Nathan	Gerbaez	MO		No
467	Steve	Gibbons	MO	Vegan Runners	No
464	Shelly	Gibel	F35		No
212	Charlotte	Gibson	F35		No
425	Mark	Gibson	MO		No
491	Jo	Gibson	M40		No
743	Robert	Gibson	M40		No
1127	Andrew	Gibson	M50		No
1057	Emma	Gilbert	F35		No
55	Simon	Gilby	M40		No
1111	Lee	Gilchrist	M40		No
598	Matthew	Gill	M40	Fairlands Valley Spartans RC	Yes
633	Joseph	Gill	MO		No
1418	Andy	Gill	M40		No
1260	Sue	Gipson	F55		No
748	Paula	Girdler	F45		No
370	Rachel	Glew	F35		No
1489	Ganesh	Gnanamoorthy	MO		No
416	Joanne	Goble	F35		No
1460	Harry	Goddard	MU20		No
363	Katie	Godfrey	F35		No
364	Stuart	Godfrey	M40		No
1575	Jeremy	Godfrey	MO	Amphill and Flitwick Flyers	No
640	Diane	Godin	F55	Barnet & District AC	Yes
430	Kirstin	Goldring	F45		No
1001	Rob	Goldstone	M40		No
992	Jeremy	Gooch	M40		No
384	Laura	Goodall	F35		No
227	Mark	Goodwin	M60	Fairlands Valley Spartans RC	Yes
259	Richard	Goodwin	M50		No
1049	Stuart	Goodwin	M40	Biggleswade AC	No
1267	Diane	Goodwin	F45		No
306	Kevin	Goody	M60	Biggleswade AC	No
718	Yuko	Gordon	F65	Fairlands Valley Spartans RC	Yes
1131	Stella	Gordon	FO		No
1008	Phillip	Gostelow	MO		No
1180	Gina	Gould	F35	Bedford Harriers AC	No
371	Bruce	Goulding	M40	Trail Running Association	No
1519	Kelly	Goulter	F35		No
1520	Andrew	Goulter	M40		No
1332	Stacey	Grabecki	F35		No
140	Sarah	Graham	FO		No
218	Jon	Grant	MO		No

550	Lucy	Grant	FO		No
551	Jason	Grant	M40		No
609	Isobel	Graves	FO		No
681	Matthew	Gray	M40		No
1009	Todd	Gray	MO	Fairlands Valley Spartans RC	Yes
399	Charlie	Grayson	MU20	Stevenage & North Herts AC	Yes
203	Luke	Green	MO		No
523	Lewis	Green	MO	Hitchin Running Club	Yes
645	Andrew	Green	M50		No
673	Laura	Green	FO		No
759	Callum	Green	MO		No
795	Sally	Green	F35		No
1303	Mark	Green	M40	Cannock & Stafford AC	Yes
1370	David	Green	M50	Harpenden Arrows	Yes
1524	Mike	Green	MO	Fairlands Valley Spartans RC	No
1086	Carla	Greenwood	F35		No
447	Andrew	Grenfell	MO		No
853	Richard	Grimes	M40		No
410	Claire	Grimmer	F35		No
54	Juliet	Grimwood	F45	Biggleswade AC	No
60	Ian	Grimwood	M60	Biggleswade AC	No
1232	Lynda	Grinsted	F35	Royston Runners	No
797	Silke	Gruner	F35		No
1490	Robert	Gudgion	M40		Yes
786	Richard	Gumbrill	M40		No
787	Lorraine	Gumbrill	F35		No
379	Katie	Gunnell	F35		No
380	Jamie	Gunnell	M40		No
1239	Michael	Gunter	M40		No
508	Stephen	Hackett	MO		No
440	Marc	Hagland	MO		Yes
517	Colin	Haigh	M40		No
1567	Graham	Haigh	MO	Ampthill and Flitwick Flyers	No
14	Andrew	Hall	MO		No
1042	Lisa	Hall	F45		Yes
1125	Anna	Hall	F35		No
1167	Andy	Hall	MO		No
1168	Jo	Hall	FO		No
1493	Gary	Hall	M40		No
1496	Rob	Hall	M40		No
95	Rachel	Hallam Stott	F35	Biggleswade AC	No
1534	Charlene	Halpin	FO	Ampthill and Flitwick Flyers	Yes
1535	Ian	Halpin	MO	Ampthill and Flitwick Flyers	Yes
1170	Dana	Hamilton	F35		No
1391	Georgie	Hamilton	F75	Harpenden Arrows	Yes
455	Keith	Hammond	M50		No
456	Sharon	Hammond	F45		No
66	Sue	Haner	F45	Fairlands Valley Spartans RC	Yes
744	Sheryl	Hann	F55	Fairlands Valley Spartans RC	Yes
1600	Katie	Harbon	FO	North Herts Road Runners	No
754	Charlotte	Hardy	F35		No
1236	Lucy	Harkins	FO		No
657	Dean	Harmer	M40		Yes

689	Colin	Harries	M70	Biggleswade AC	No
454	Lucy	Harrigan	FO		No
527	Josh	Harrington	MO		No
179	John	Harris	M50	Fairlands Valley Spartans RC	Yes
394	Julie	Harris	F35		No
1196	Lynn	Harris	F45		No
1328	Damian	Harris-Dowsett	M40		No
996	William	Harrison	MO	Queen's Park Harriers	No
1305	Roger	Harrison	M60		Yes
1390	Mark	Harrison	M50		Yes
1559	Callum	Harrison	MO	Amphill and Flitwick Flyers	No
1238	Richard	Harry	M40	St Albans Striders	Yes
93	Jackie	Hart	F45	Royston Runners	No
356	Rachel	Hart	F35		No
1265	Jade	Hart	FO		No
1266	Linz	Hart	M40		No
1417	Faye	Hart	F35		No
1040	Sam	Harte	MO		No
314	Mike	Harvey	M40		No
315	Gillian	Harvey	F45		No
351	Ian	Harvey	MO		No
800	Gayle	Harvey	F35		No
846	Neil	Harvey	M50	Biggleswade AC	No
1306	Lily	Harvey	FO		No
291	Vicky	Haskell	F35		No
1010	Nicola	Hatherly	F35	Fairlands Valley Spartans RC	No
1382	Ash	Hawkins	M40		No
530	Peter	Haygarth	M50		Yes
328	Katie	Hayward	F35		No
329	Paul	Hayward	M40		No
1373	Robert	Hazzard	M40		No
1374	Sarah	Hazzard	F45		No
1069	Arran	Heal	M40		No
698	Jules	Healey	F45		No
699	Derrick	Healey	M40		No
988	Mark	Hearn	M40		No
563	Victoria	Heath	F35		No
1261	Jodi	Heaysman	F35		No
1262	Adam	Heaysman	M40		No
728	Robert	Hegarty	M40		No
426	Lorena	Henderson	F45	Bedford Harriers AC	No
785	Sarah	Henderson	F45		No
1295	Mike	Hennessy	M40	North Herts Road Runners	No
1067	Hayley	Henshall	F45		No
412	David	Henson	M60		No
1570	Ross	Henson	M40	Amphill and Flitwick Flyers	No
688	Emma	Hernon	F35		No
833	Paul	Hersey	MO		No
32	Dean	Heuer	MO		Yes
33	Lauren	Heuer	FO		Yes
1408	Kathy	Hewitt	F55	Bedford Harriers AC	No
1250	Sara	Hicknott	F45		No
349	Nicola	Hill	F45		No

350	Graham	Hill	M40		No
784	Graham	Hill	M70		No
1092	Adam	Hills	M40	Bedford Harriers AC	No
444	Benjamin	Hing	MO	Redway Runners	No
445	Laura	Hing	F35	Redway Runners	No
1340	Lee	Hobbs	M50		No
820	Peter	Hobson	M50		No
738	Rob	Hoes	MO		No
1397	Eleanor	Holder	F35		No
834	Paul	Holgate	M60	Fairlands Valley Spartans RC	Yes
725	Martin	Holland	M50		Yes
1598	Paula	Holm	F35	North Herts Road Runners	Yes
1298	Emma	Holmes	F35		No
1299	Steven	Holmes	M60		No
1376	Steve	Holmes	M50	Barnet & District AC	No
1388	Paul	Holmes	M50		No
1339	Kristian	Holness-Dove	M50		No
534	Thomas	Holt	MO		No
381	Chris	Hone	MO		Yes
1377	Duncan	Hooker	M50		No
195	Bob	Hopcraft	M60		Yes
196	Victoria	Hopcraft	F35		No
1561	Philip	Horan	M40	Amphill and Flitwick Flyers	Yes
1562	Lorraine	Horan	F35	Amphill and Flitwick Flyers	No
1186	Rob	Hornby	M40	Hitchin Running Club	No
246	John	Horner	MO		No
1150	Nick	Horrocks	MO		No
1219	Emma	Houldershaw	F35		No
1090	Sara	House	F45	Stopsley Striders Jogging Club	No
1091	Barrie	House	M40		No
1033	Daisy	Hovey	FO		No
987	Abigail	Howard	F35		No
1104	Joe	Howard	MO		No
190	Anna	Howell	F45		No
191	Andy	Howell	M40		No
407	Elwyn	Howell	M50		No
408	Linda	Howell	M50		No
930	David	Howitt	M60		No
1471	Russell	Howles	MO		No
680	Alex	Howlett	F35		No
1056	Lisa	Hubbard	F35		No
462	Karl	Hudson	M40		Yes
463	Tracy	Hudson	F35		No
51	Joe	Hughes	MO		No
228	Sophie	Hughes	FO		No
260	Tony	Hughes	M70		No
855	Jenny	Hughes	FO		No
1123	Martin	Hughes	M40		No
1246	Robert	Hughes	MO		No
1307	Louise	Hughes	F35		No
1326	Robert	Hughes	M40	Garden City Runners	Yes
1327	Caroline	Hughes	F45	Garden City Runners	Yes
779	Nic	Hull	M40		No

1259	Michael	Humphris	M50		No
578	David	Hunt	MO		No
178	Susan	Hunter	F55		No
1182	Tim	Hunter	M40		No
421	Perry	Huntley	M50		No
1282	Nick	Hurd	M40		No
620	Chris	Hutcheson	M40		Yes
732	Liz	Ibbotson	F35		No
130	Meredith	Illman	FO		No
926	Jenny	Ingram-Tedd	F35		No
1311	James	Inwood	MO		No
1480	Jackie	Irvine	F45	Bedford Harriers AC	No
5	Claire	Ives	F35		No
107	Deborah	Jackson	F45		No
112	Thomas	Jackson	M40		No
735	Sarah	Jackson	F35		No
1036	Smuel	Jackson	MO		No
1037	Susan	Jackson	FO		No
1406	Sacha	Jackson	F45		No
1461	Nicola	Jackson	F45		No
1462	Stephen	Jackson	MO		No
1061	Stephen	Jacobs	M60		No
21	Gary	James	M50		No
1357	Jonathan	Janes	MO	Bedford & County AC	No
1453	Lizzy	Janes	FO	Herts Phoenix AC	No
1454	Matthew	Janes	MO	Bedford & County AC	No
1107	Megan	Jarvis	F35		No
712	Andy	Jay	M50	Fairlands Valley Spartans RC	Yes
123	Adam	Jenkins	MO	Fairlands Valley Spartans RC	No
685	Keith	Jenkins	M50		No
131	Paul	Jennings	M40	Fairlands Valley Spartans RC	No
639	Emma	Jessup	FO		No
145	Helen	Joannou	F35		No
708	Jordan	Johnson	MO		No
1050	Christophe	Johnson	MO		No
233	Sally	Johnston	F45	Bedford Harriers AC	No
383	Johanna	Johnston	F35		No
1495	Neil	Johnstone	M40		Yes
12	Owen	Jones	M40		No
30	Liam	Jones	MO		No
166	Mathew	Jones	M40		No
209	Niki	Jones	F45		No
343	Faye	Jones	FO		No
512	Adrian	Jones	M40		No
582	Clare	Jones	F35		No
1083	Mike	Jones	MO		No
1243	Clive	Jones	M50		No
1394	Michael	Jones	M40		No
1547	Claire	Jones	M50	Amphill and Flitwick Flyers	Yes
1548	Richard	Jones	M50	Amphill and Flitwick Flyers	Yes
92	Fiona	Jordan	F45	Royston Runners	No
162	Ken	Jude	M50	Fairlands Valley Spartans RC	Yes
1028	Kathryn	Juty	F45	Biggleswade AC	No

883	Beata	Kalamarova	F35		No
202	Robertson	Karen	F55	Bedford Harriers AC	No
1137	Cory	Kattenhorn	MO		No
1457	Jas	Kaur	F45		No
581	Catherine	Kavanagh	F35		No
1522	James	Kay	MO	Fairlands Valley Spartans RC	No
124	David	Kazer	MO		No
813	July	Kean	F45	Garden City Runners	Yes
818	Justin	Kean	M50	Garden City Runners	Yes
615	John	Keane	M60		No
616	Jacky	Keenan	F65	Bedford Harriers AC	No
1115	Andrew	Keeping	M40		No
1116	Kim	Keeping	F45		No
397	Laura	Kemp	F35		Yes
780	John	Kemp	M40		No
309	Alice	Kennedy	FO	Hitchin Running Club	No
435	Ruth	Kennedy	F45		No
436	John	Kennedy	M40		No
847	Michael	Kennedy	M40		No
848	Jack	Kennedy	MU20		No
821	Ben	Kennedy-Weeks	M40		No
895	Kate	Kenny	F35		No
896	Keith	Kenny	MO		No
1117	Lesley	Kernaghan	F65	Maidenhead AC	No
1309	Jason	Kerr	MO		No
1346	Dawn	Kerr	F35		No
1124	Northfield	Kerry	F35		No
1100	Jo	Keshishian	F45		No
1101	James	Keshishian	MU20		No
269	Lorraine	Kilby	F45		No
280	Bruce	Kilby	M40		No
296	Helen	Kilby	F45		No
424	Ruth	Killeen	F35		Yes
1128	Donna	Kilroy	F35		No
684	Keith	Kimberley	MO		No
1244	Laura	Kimpton	FO		No
1189	Nicola	Kimsey	F35		No
513	Rosie	King	F65		Yes
647	Melanie	King	F45	Garden City Runners	No
649	Barry	King	M50	Fairlands Valley Spartans RC	Yes
729	Malcolm	King	M70		No
1294	Stephen	King	M60		No
810	Chris	Kingswood	M50		No
326	Emma	Kinsey	F35		No
1475	Paula	Kirby	F35		No
638	Rebecca	Kirk	F35		No
352	Kerry	Kitchener	F45		No
192	Lisa	Knight	F35		No
1209	Adam	Knight	MO		No
547	Harry	Knott	MO		No
132	Eva	Kovacs	F45	Bedford Harriers AC	No
739	Miriam	Kozolka	F45		No
117	Robert	Kraina	MO		No

300	Elsy	Lacy	F35	Bedford Harriers AC	No
736	Tessa	Lagerwall	F45		No
1038	Heather	Lai	FO		No
417	Jo	Laing	F45		Yes
1062	Pippa	Lally	F35		No
653	Alyn	Lambert	M40		No
1176	Chris	Lamont	M60	Stopsley Striders Jogging Club	No
1323	Roberta	Lanaro	FO	Cambridge & Coleridge AC	No
692	Shena	Lancaster	F55	Garden City Runners	Yes
175	Gary	Langham	M50		No
360	Charlotte	Langridge	FU20		No
554	Louise	Langton	F35		No
555	Dean	Langton	MO		No
1434	Victoria	Large	F35		No
1565	Ashley	Larman	M40	Amphill and Flitwick Flyers	Yes
1143	Claire	Lathall	F35	Bedford Harriers AC	No
385	Ashley	Lawrence	MO		No
1440	Sian	Lawrence	FU20		No
1441	Emma	Lawrence	F45		No
828	Richard	Lawson	M40	Bedford Harriers AC	No
1601	Andrew	Leach	M50	North Herts Road Runners	Yes
775	Isobel	Leake	FO		No
1410	Hannah	Leavy	F35		No
395	Richard	Lee	MO		No
1502	Stuart	Lee	M40		Yes
1517	Sarah	Lees	F35		No
1577	Siobhan	Lees	F55	Amphill and Flitwick Flyers	No
1578	Martin	Lees	M50	Amphill and Flitwick Flyers	No
790	Mark	Legate	M40		No
1245	Chris	Leigh	M50		Yes
1337	James	Lennon	M50		No
1342	Lynsey	Lennon	F35		No
111	Sian	Lennon-Chrimes	F45		No
1401	Norman	Leslie	M60		Yes
105	Simon	Lewis	MO		No
731	Greg	Lewis	M40		No
1554	Jeremy	Lewis	M40	Amphill and Flitwick Flyers	No
567	Mike	Li	MO		No
568	Fay	Li	F35		No
1284	David	Lindskog	MO		No
1509	Martin	Lines	M40		No
626	Darren	Ling	MO		No
1427	Terry	Linton	M60		No
1428	Anika	Linton	FO		No
705	Natasha	Little	FO		No
706	Victoria	Little	FO		No
1065	Simon	Little	M40		No
331	Laura	Littleford	F35		No
332	Matthew	Littleford	M40		No
335	Claire	Littlewood	F45	Royston Runners	No
1160	Sian	Llewellyn	FO		No
1163	Tony	Llewellyn	M60		No
1443	Brent	Lloyd	MO		No

956	Neil	Loader	M50	Bedford Harriers AC	No
986	Dan	Locke	M40		No
415	Howard	Lorraine	M40		No
184	Simon	Lord	MO		No
1345	Ben	Lott	MO		No
1590	Sasha	Loubenski	MU20		No
792	Sue	Loughran	F45		Yes
749	Louise	Lovatt	F35		No
1435	Michelle	Love	F35		No
1436	Christophe	Love	M40		No
286	George	Lucas	MO		No
1242	Viv	Lucas	M50		No
229	John	Luff	M50	Biggleswade AC	Yes
1145	Janet	Lugton	F55	New Eltham Joggers	No
522	Tae	Luque De Mena	F45		No
236	Julian	MacDonald	M50		No
479	Julia	MacKay	F45	Biggleswade AC	No
274	Abigail	MacKenzie	FO		No
565	Laura	MacKinnon	F35		No
1360	Ruth	MacLeod	F35	Royston Runners	Yes
1361	Neil	MacLeod	M40		Yes
941	Rory	MacRae	MO		No
552	William	Madders	M40		No
50	Hollie	Madgwick	FO		No
497	David	Maher	M40		No
742	Karen	Maher	F35		No
237	Antony	Major	M40		No
1144	Jenny	Major	FO		No
623	Gita	Malinovska	F35		No
801	Rebecca	Mallett	F35		No
802	Gary	Mallett	MO		No
217	Hann	Mann	F35		No
493	Ellie	Mann	FO		No
1140	Hannah	Mann	F45		No
1270	Stephen	Mann	M50		No
1589	Luke	Mann	MU20		No
679	Dom	Mansi	M50		No
628	Francis	Marlow	M50		No
629	Emma	Marlow	FO		No
285	Sammie	Marlton	FO	Bedford Harriers AC	No
989	Robin	Marriott	M40		No
61	Laura	Marsh	F45	Bedford Harriers AC	Yes
299	Rachel	Marsh	F45		No
320	William	Marsh	M40		No
840	Julie	Marsh	F45		No
13	Cat	Marshall	F35		Yes
553	Katie	Marshall	F45		No
587	Alan	Marshall	M50		No
588	Anna	Marshall-Brown	F35		No
695	Chris	Marston	M50		No
211	John	Martin	MO		No
482	Michelle	Martin	F35	St Albans Striders	Yes
939	Peter	Martin	MO		No

1018	Andrew	Martin	MO		No
1252	Emon	Martin	M50	Garden City Runners	No
1500	Paul	Martin	M60		No
585	Trevor	Mason	M50	Stevenage & North Herts AC	No
819	Maxine	Mason	F45		No
1333	David	Mason	M50		No
1343	Sam	Mason	MO		No
827	Elaine	Massie	F45	Bedford Harriers AC	No
271	Sarah	Mathieson	F35		No
272	Scott	Mathieson	M40		No
357	David	Matta	MO		No
134	Danny	Matthews	M40		No
1421	Gillian	Matthews	F45		No
762	Kate	McAuliffe	F35	Royston Runners	No
367	Anton	McCalla	M40	Fairlands Valley Spartans RC	Yes
1585	Tom	McClymont	MU20		No
1603	Jim	McConnell	M40	North Herts Road Runners	Yes
409	Tracey	McCreath	F45		No
118	Brian	McCusker	M50		No
1146	Stuart	McDermott	MO		No
1527	Andrew	McFall	M50		No
1455	Susan	McGill	F45		No
968	Aidan	McGrath	M40		No
122	Julie	McGreal	F65	Royston Runners	No
596	Michael	McGrinder	M40		No
515	Gillian	McGuire	F35		No
438	Victoria	McIver	F35		No
1359	Sean	McKenna	MO	Cambridge & Coleridge AC	No
1596	Astrid	McKeown	F45	North Herts Road Runners	Yes
1398	Lisa	McLaren	F35		No
664	Ros	McLellan	F45		No
1318	Keith	McLellan	M60	Garden City Runners	Yes
1444	Cath	McLeod	F45		No
690	Amanda	McMillan	F45		No
740	Wayne	McMillan	M40	Fairlands Valley Spartans RC	No
283	Grant	McNiff	M40		Yes
1545	Philip	Mead	MO	Amphill and Flitwick Flyers	No
1204	Julie	Medlow	F35		No
492	Michael	Melvern	M40		No
1016	Joanna	Merry	F35		No
921	Julie	Meshner	F55		No
1277	Emma	Metcalfe	FO		No
1584	Jake	Miles	MU20		No
67	Maureen	Miller	F55	Royston Runners	Yes
1098	Sally	Millican	FO		No
781	Andrew	Mills	M50		Yes
1108	Sian	Milner	FO		No
69	Suzanne	Minshall	F35		No
967	Darren	Minshall	M40		No
1595	Sarah	Mitcherson	F35	North Herts Road Runners	yes
1288	Priscila	Mogroneda	F35		No
804	Trudie	Molloy	F45	Fairlands Valley Spartans RC	No
644	Claire	Molyneux	F35		No

1476	Chris	Montague	M40		No
1477	Tracy	Montague	F35		No
465	David	Moore	M40		No
914	Jacqueline	Moore	FO	Redway Runners	No
1103	Samantha	Moore	F35		No
1347	Richard	Moore	M40		No
1516	Lucy	Moorhead	F35		No
783	Jennifer	Moorhouse	F35	Redway Runners	No
962	Tracey	Moorhouse	F45		No
574	Taylor	Moretti	MU20		No
182	Rob	Morgan	M40	Robert Gordon University AC	No
1433	David	Morgan	MO		No
1553	Jacqui	Morland	F35	Amphill and Flitwick Flyers	No
85	Jonathan	Morley	MO		No
481	Lianne	Morley	FO		No
720	Felix	Morley	MO		No
1508	Daniel	Morley	M40	Hitchin Running Club	No
1367	Laura	Morris	F35		No
1538	Jo	Morris	F35	Amphill and Flitwick Flyers	No
301	Sara	Morrison	F35		No
1097	Paula	Morrison	F45		No
528	Branka	Moss	FO		No
916	David	Moss	M50		No
917	Jayne	Moss	F45		No
1179	Neal	Muggleton	M40	Fairlands Valley Spartans RC	Yes
207	Julie	Muir	F45		No
208	Alex	Muir	M40		No
1438	Hamish	Muiry	MO		No
1291	Brian	Munns	M60	Newmarket Joggers	No
1501	Lee	Murphy	MO	Amphill and Flitwick Flyers	No
952	Nicole	Mynott	FO		No
485	Jennifer	Naisbitt	F45	North Herts Road Runners	No
1334	Frank	Navarro	M50		No
533	Julliet	Nayler	F45	Bedford Harriers AC	No
948	Leanne	Needham	F35		No
1420	David	Neish	M50		No
1027	Charles	Nelis	M50	Stopsley Striders Jogging Club	No
1368	John	Nelms	M40	Fairlands Valley Spartans RC	No
897	Emma	Newberry	FO		No
1407	Allen	Newbery	M40		No
1550	Chris	Newnham	M50	Amphill and Flitwick Flyers	No
391	Esra	Nicholas	F45		No
392	Frank	Nicholas	F45		No
275	Ryan	Nicholl	MO		Yes
560	Danielle	Nicholl	FO		No
905	Lisa	Nicholls	F45		No
1022	Thomas	Nicholson	MO		No
451	Samuel	Nobbs	MO		No
610	Alan	Northover	M50		No
951	Jessica	Norton	FO		No
458	Barry	Norwood	M50		No
919	Kelly	Notley	F35		No
942	Aimie	Nunn	F35		No

359	Sam	Nutton	F35		No
1568	Hattie	Oakley-King	FO	Ampthill and Flitwick Flyers	No
389	Katherine	O'Brien	F35		No
961	Sam	O'Brien	F35		No
1063	Gary	O'Brien	M40		No
1161	James	O'Brien	MO		No
1220	Greg	O'callaghan	MO		No
1046	Sue	Oddy	F35	Royston Runners	No
945	Martin	Oestreicher	M50		No
2	Victoria	Okell	F35		No
1273	Kirsten	Oldfield	FO		No
1274	Oliver	Oldfield	MO		No
143	Derek	Oldham	M50		No
158	Louise	Oldham	FO		No
676	Lynn	Oliver	F45		No
1329	Inger Elisal	Olsen	F45		No
809	Karolina	Olszewska	F35		No
1540	Brendan	O'Mahoney	M50	Ampthill and Flitwick Flyers	Yes
1541	Caroline	O'Mahoney	F45	Ampthill and Flitwick Flyers	Yes
1079	Leyla	Oram	FO		No
330	Chloe	Osaer	F35		No
1419	Sam	Osborne	MO		No
907	Faye	Oshaughnessy	FO		No
908	Thomas	Oshaughnessy	M60		No
1208	David	Oshea	M50		No
1251	Birant	Osman	M40		No
1564	Paul	Owen	M50	Ampthill and Flitwick Flyers	No
348	Gary	Oxley	MO	Royston Runners	No
149	Marzena	Pacholek	FO		No
156	David	Paddon	M40		No
133	Christophe	Paige	M40		No
136	Lauren	Paige	FO		No
763	Helen	Paine	F35	Garden City Runners	Yes
764	Michael	Paine	M50	Garden City Runners	Yes
344	Sarah	Palastanga	F35		No
1000	Karen	Palmer	F45	Fairlands Valley Spartans RC	No
142	Tracey	Palmieri	F35		No
1141	Jean-Paul	Paramor	M40		No
1142	Maike	Paramor	F45		No
915	Anna	Pargeter	F35		No
1353	Jessica	Parker	F35		No
1029	Robert	Parkhouse	M40		No
386	Andy	Parkinson	M50		No
213	Jazz	Parmar	F35		No
832	Claire	Parry	F35		No
475	James	Parsons	MO		No
323	Richard	Passey	M40		No
498	Martyn	Patching	M40		No
297	Pratika	Patel	F35		No
1414	Rajesh	Patel	MO	Barnet & District AC	Yes
757	David	Pattman	M40		No
892	Matthew	Pattman	M40		No
339	Steven	Paul-Wills	MO		No

737	Rebecca	Payne	F35		No
1221	Hayley	Peach	F35		No
71	Helen	Peachey	F35		No
72	James	Peachey	MO		No
566	Robert	Peacock	MO		No
1006	Rebecca	Peacock	F35		No
1481	Melissa	Peacock	F35		Yes
40	Leigh-Ann	Pearce	F35		No
1147	Cameron	Pearce	MO		No
165	Julie	Pedersen	F35		No
194	Steven	Peel	M40		Yes
1551	Andy	Penfold	M40	Amphill and Flitwick Flyers	No
1552	Karen	Penfold	F45	Amphill and Flitwick Flyers	No
262	Christie	Penny	FO		No
441	Sarah	Pepper	F35		No
501	Patricia	Peters	F55		No
1052	Jessica	Petty	FO		No
502	Karen	Pettyfer	F45		No
955	Lizzie	Philip	F35		No
6	Angela	Phillips	F45		No
333	Tom	Phillips	MO		No
1400	Natalie	Phillips	F35		No
1449	Sally	Phillips	F45	Fairlands Valley Spartans RC	No
10	Lee	Pickersgill	MO	Fairlands Valley Spartans RC	Yes
1181	Ben	Pidgeon	MO		No
125	Neil	Pike	M50		No
374	Louise	Pike	F35	Biggleswade AC	Yes
1171	Stephen	Pike	M50	Fairlands Valley Spartans RC	Yes
1172	Sarah	Pike	FO	Fairlands Valley Spartans RC	Yes
1185	Jonathan	Pike	M40		No
1121	Natalie	Pilch	F45		No
1122	Matt	Pilch	M40		No
593	Tim	Pine	M60		Yes
667	Stephen	Pitt	M40		No
1371	Andrew	Pitton	M40		No
1335	Stuart	Pledge	M40		No
682	Niki	Plumb	F35	Fairlands Valley Spartans RC	Yes
1218	Becky	Plummer	F45	Stopsley Striders Jogging Club	No
223	Matthew	Pocock	M40		No
225	Billy	Pocock	MU20		No
452	Laura	Ponder	F45		No
1229	Alice	Poole	F35		No
393	Richard	Pooley	M50	Bedford Harriers AC	No
888	Shelly	Porcar	F55		No
224	Lindsay	Porter	F35		No
251	Eve	Potter	FO		No
1215	Lisa	Potter	F45		No
709	Les	Potts	M60		No
652	Daniel	Poulton	MO		No
127	Carl	Powell	M40		No
564	Nicholas	Poynter	M50		No
151	Wendy	Presland	F35		No
204	Karen	Preston	F45		No

362	Denise	Price	F35		No
1487	Aimee	Price	F35		No
1604	Ed	Price	M40	North Herts Road Runners	Yes
662	Dan	Priestley	MO		No
1409	Louise	Primett	F45		No
46	Chris	Prince	M40		Yes
1317	Madeleine	Pritchard	FO	Fairlands Valley Spartans RC	Yes
1375	Tom	Pritchard	MO		No
675	Alex	Probyn	M40		Yes
859	Jerry	Pullinger	M60	Bedford Harriers AC	No
1212	Darren	Purchase	MO		No
1213	Kirsty	Purchase	F35		No
658	Edward	Purvis	MO		No
659	Anthony	Purvis	MO		No
642	Steve	Puttrell	M60		No
1312	Emma	Rackham	FO	Metros RC	No
1313	Nigel	Rackham	M50	Metros RC	Yes
1314	Judy	Rackham	F55	Metros RC	No
856	Gemma	Rackley	FO		No
1350	Max	Radford	M40		Yes
1466	Lily	Radford	FO		No
519	Rosie	Rafferty	F35		No
884	David	Rafferty	M40		No
242	David	Ralph	MO		No
1174	Grant	Ramsay	M40	Fairlands Valley Spartans RC	Yes
62	David	Ranson	M40		No
64	Louise	Ranson	F35		No
575	David	Ratcliffe	MO		No
656	Penny	Rawlings	F45		No
765	Jonathan	Read	M40		No
766	Emily	Read	F35		No
935	Paul	Reddaway	M50	Broxbourne Runners	Yes
936	Wendy	Reddaway	F55		Yes
355	Lyam	Redmond	MO		No
382	Mark	Redmond	M40	Herts Phoenix AC	Yes
1205	Gary	Redmond	M50		No
238	Julie	Reed	F35		No
239	Scott	Reed	M40		No
889	Martin	Reeve	M40		No
990	Amy	Reeve	F45		No
1479	Sally	Reeve	F45		No
841	Carol	Reid	F55	Garden City Runners	Yes
1384	Danny	Reid	MO		No
1138	Paul	Rettie	M50		Yes
368	Mark	Reynolds	MO		No
798	Paula	Reynolds	F35	Harlow AC	No
1366	Peter	Reynolds	M50		No
8	James A	Rhodes	M40		No
25	Kerrie	Rich	F35		No
1405	Luke	Richards	MO		No
68	Lucy	Richardson	F35		No
539	Dawn	Richardson	F45		No
278	Marcus	Ridley	MO		No

76	Kevin	Rimmer	MO		Yes
531	Tom	Ritchie	M40		No
387	Tom	Rix	MO		No
201	Andrew	Robertson	M60	Bedford Harriers AC	No
863	Matt	Robertson	M40		No
1285	Jennifer	Robertson	F35	North Herts Road Runners	No
965	Charlie	Robinson	M50		Yes
966	Kiran	Robinson	F45		Yes
1035	Neil	Robinson	MO	Fairlands Valley Spartans RC	No
1133	Katy	Robinson	FO		Yes
1324	Lynda	Robinson	F45	Freedom Tri	No
1338	Lloyd	Robinson	M50		No
1525	Adam	Robinson	M40		No
1237	Andrew	Robson	M50	North Herts Road Runners	Yes
1249	Fiona	Roche	F45		No
347	Julie	Rogers	F35		No
878	Janet	Rogers	F55	Royston Runners	No
1190	Paul	Rogers	M50		No
1387	Andrew	Rogers	M40		No
1344	Dora	Romik	F35		No
1113	Dave	Ross	M40		No
303	Adam	Rossington	MO		No
197	Lottie	Rowedder	FU20	Herts Phoenix AC	Yes
556	Mark	Rudd	M50		Yes
687	Nikki	Rudd	F45		No
716	Edo	Rudge	M40		No
717	Karen	Rudge	F35		No
922	Michael	Russell	M50	Garden City Runners	Yes
957	Craig	Russell	MO		No
1094	Paul	Rutter	M40		No
187	Ben	Ryan	M40		No
200	Rachel	Ryan	F35		No
607	Julian	Ryland	M40	Trent Park Runners	No
608	Wattana	Ryland	F35		No
1051	Lewis	Sadler	MO		No
1195	Tina	Sales	F45		No
28	Tom	Salisbury	M40		No
1580	Deborah	Salmon	F55	Amphill and Flitwick Flyers	No
964	Baljeet	Sandher	M40		No
1025	Rebecca	Sandison	F35		No
831	Kate	Sargent	F35		No
677	Vikki	Saunders	FO		No
900	Nicholas	Saunders	M40		No
1082	Clare	Saunders	F35		No
453	Jennifer	Saville	F45		No
1542	Sally	Sawkins	F45	Amphill and Flitwick Flyers	No
484	Terry	Sawyer	MO		No
1272	Tim	Sawyer	M40	Bedford Harriers AC	No
1605	Matt	Sayers	M40	North Herts Road Runners	Yes
427	Danny	Scanlon	MO	Fairlands Valley Spartans RC	No
116	Penny	Schenkel	F45	Fairlands Valley Spartans RC	Yes
543	Mark	Schilling	M50		Yes
854	Luke	Schipani	MO		No

1560	Sarah	Schofield	F35	Ampthill and Flitwick Flyers	No
157	Karen	Schumann	F35		No
1474	Mark	Schumann	MO		No
1177	Tom	Sclanders	MO		Yes
1178	Emma	Sclanders	FO		No
703	Jacquie	Scoot	F45		No
1048	Hayley	Scotney	FO		No
159	David	Scott	MO	Fairlands Valley Spartans RC	No
674	David	Scott	M50	Barnet & District AC	Yes
788	Joanne	Scott	F45		No
1014	Kate	Scott	F45		No
1030	Sarah	Scott	F55		No
1031	Peter	Scott	M60		No
1216	Amanda	Scott	FO	Stopsley Striders Jogging Club	No
774	Will	Scutt	MO		No
100	Bryan	Seago	M40	Bedford Harriers AC	No
1592	Reuben	Semple-Jones	MU20		No
794	Peter	Sewell	M50		No
168	Vickie	Sharp	F35		No
181	Gareth	Sharp	M40		Yes
876	Guy	Sharp	MO		No
169	Victoria	Shaw	F35	Bedford Harriers AC	No
976	James	Shea	M40	Bedford Harriers AC	Yes
978	David	Shea	MO		Yes
1356	Robin	Shea	MU20		No
199	Carole	Sheldrick	F35	Fairlands Valley Spartans RC	Yes
1302	Alison	Shelley	F45	Fairlands Valley Spartans RC	No
975	Kevin	Shelton-Smith	M50	Bedford Harriers AC	No
535	Lucinda	Shenton	F45		No
489	James	Sherwood	M40		No
1467	Maureen	Shirley	F65	Barnet & District AC	Yes
1468	John	Shirley	M70	Barnet & District AC	Yes
1569	Giles	Shorley	M40	Ampthill and Flitwick Flyers	No
193	Graham	Short	M50	Bedford Harriers AC	No
510	Josh	Short	MO		No
1576	Ryan	Short	MO	Ampthill and Flitwick Flyers	No
973	Randall	Shortland	M40		No
434	Sam	Simmons	MO	Fairlands Valley Spartans RC	No
1002	Jane	Simmons	F55		No
1003	Andrew	Simmons	M60		No
1412	Julie	Simmons	F55	Fairlands Valley Spartans RC	Yes
102	Felicity	Simos	F35		No
1073	Veronica	Singleton-Lawley	F55	Bedford Harriers AC	No
1304	Lucy	Siverns	F35		No
23	Nick	Skinner	M50		No
375	Katrina	Skinner	F55		No
994	Zoe	Skinner	FO		No
120	Eleanor	Skipp	FU20		No
214	Rachel	Slater	F45		No
612	Donna	Slater	FO		No
1452	Claire	Slater	F45		No
1241	Neil	Slaven	MO		No
940	Russell	Sleat	M50		No

1254	James	Sleat	M40		No
1446	Matt	Small	M40		No
59	Gavin	Smart	M40		No
1106	Helen	Smart	F35		No
7	Andrew	Smith	MO	Fairlands Valley Spartans RC	Yes
65	Hazel	Smith	F45	Fairlands Valley Spartans RC	No
146	Liz	Smith	F45	Fairlands Valley Spartans RC	No
150	Oliver	Smith	MU20		No
183	Harvey	Smith	MO		No
267	Tina	Smith	F35	Royston Runners	No
459	Claire	Smith	M40		No
460	Dan	Smith	M40		No
468	Valerie	Smith	F55		No
499	Claire	Smith	F35		No
500	Holly	Smith	F45		No
511	Jenni	Smith	FO		No
514	Edwin	Smith	MO		No
532	Matt	Smith	M40		No
545	Brad	Smith	MO	Garden City Runners	No
570	Elysia	Smith	FO		No
823	Gemma	Smith	F35		No
829	Mat	Smith	M40		No
830	Loz	Smith	FO		No
890	Jennifer	Smith	FO		No
891	Robert	Smith	MO		No
991	Richard	Smith	M50		No
1047	Jessica	Smith	F35		No
1240	Rebecca	Smith	F35		No
1275	Roxanne	Smith	F35		No
1588	Edward	Smith	MU20		No
172	Monica	Smithson	F45	Fairlands Valley Spartans RC	Yes
521	Mark	Sneddon	MO		No
1404	Craig	Snowden	MO		No
1415	Ben	Snowden	MO		No
1341	Eleanor	Softley	F55		No
1007	Michael	Soulby	MO		No
1118	Kelvin	Southgate	M40		No
310	Nigel	Southward	M40		No
1024	Edward	Sparkes	MO		No
15	Rachel	Sparkhall	F35		No
49	Clinton	Sparkhall	M50		No
1188	Laura	Spaul	F35		No
147	Julie	Spavins	F45	Biggleswade AC	No
312	Lee James	Spavins	M40		Yes
317	David	Spratt	M40	Bedford Harriers AC	Yes
254	Trudie	Squires	F45		No
255	Paul	Squires	M40		No
264	Victoria	Stacy	FO		No
265	Gary	Stacy	M50		No
266	Charlotte	Stacy	FO		No
20	Lesley	Stamps	F45	Wolverhampton & Bilston AC	No
885	Karen	Standen	F35		No
1587	Louis	Standing	MU20		No

1093	John-Paul	Stanford	M40		No
154	Coryn	Stanley	F45		No
1442	Robert	Stanley	M40		No
1572	Richard	Stanley	M50	Amphill and Flitwick Flyers	Yes
741	Ant	Stansbie	M50		Yes
504	Victoria	Stanton	F35		No
1483	Grahan	Stapleton	M40		No
37	Jason	Statham	M40		No
1513	David	Steele	MO		No
1165	Hayley	Stenning	FO		No
210	Cathy	Stephen	F35		No
87	Helen	Steward	F45	Biggleswade AC	No
91	Malcolm	Steward	M40	Biggleswade AC	No
1156	Nyree	Stewart-Beavis	F35	Trail Running Association	No
529	Tracy	Stiles	F45	Fairlands Valley Spartans RC	Yes
403	Peter	Stimpson	M60		No
767	Tracey	Stocker	F55		No
773	Katy	Stocker	F35		No
1492	Jim	Stocker	M60	Huntingdonshire AC	No
80	Natalie	Stokes	F35		No
811	Philip	Storey	MO		No
461	Joy	Stoten	F45		No
96	John	Stott	M40	Biggleswade AC	No
1211	Jon	Stow	MO		No
1563	Barry	Stratford	MO	Amphill and Flitwick Flyers	No
1402	Lidia	Stratiychuk	FO		No
324	Richard	Strickland	M50	Hitchin Running Club	Yes
1503	Hannah	Stringer	F35		No
293	Simon	Strong	M40	Biggleswade AC	No
294	Bev	Strong	F45	Biggleswade AC	No
148	Laura	Stroud	F45		No
1011	Jonathan	Stroud	MO		No
406	Ian	Sturdgess	M50	Bedford Harriers AC	No
536	Alison	Sugden	F45		No
1607	Darren	Sunter	MO	North Herts Road Runners	No
216	Samantha	Sutton	F35		No
721	Keith	Swain	M40		No
824	Jalna	Swain	F45		No
1075	Rachel	Swinson	F45		No
163	Simon	Sypula	M40	Fairlands Valley Spartans RC	No
161	Agnieszka	Szwejczerwaska	F35		No
474	Mark	Taggart	M40	Bedford Harriers AC	No
1423	Emily	Taiano	FO		No
35	Louise	Tainsh	F45	Dacorum & Tring AC	No
611	Martin	Tapfield	MO		Yes
313	Paul	Tarling	M40		No
257	Angela	Tarr	F45		No
258	Michael	Tarr	M40		No
277	Karima	Tasker	F35		No
9	Zoe	Taylor	F35	Royston Runners	No
24	Eric	Taylor	MO		No
714	Nick	Taylor	M50		No
715	Julie	Taylor	F45		No

842	Peter	Taylor	M50		No
1173	Brian	Taylor	M50		Yes
487	Jason	Temperton	M40	Clanfield Joggers	No
488	Sara	Temperton	F45	Clanfield Joggers	No
599	Wendy	Tharani	F45	Fairlands Valley Spartans RC	Yes
713	Taher	Tharani	M40	Fairlands Valley Spartans RC	No
336	James	Thomas	MO		No
388	Liz	Thomas	F45		No
439	Sharon	Thomas	F55		No
772	Lorraine	Thomas	F45		Yes
617	Julie	Thompson	F45		No
943	Tommy	Thompson	MO		No
1066	Emma	Thompson	F35		No
486	James	Thomson	MO	Newmarket Joggers	Yes
872	Jennifer	Thorn	F45		No
873	Eddie	Thorn	M40		No
53	Samantha	Thorogood	F35	Biggleswade AC	No
1599	Sophie	Thrusell	FO	North Herts Road Runners	No
613	Andrew	Thurley	MO		No
273	Chris	Tillbrook	MO	Fairlands Valley Spartans RC	No
750	Mark	Tinkler	M60	Bedford Harriers AC	No
1269	James	Tizzard	M40	Thirsk & Sowerby Harriers	No
88	Marie	Todd	F35	Riverside Runners	No
691	Luke	Tonkin	MO		No
358	Lucy	Truscott	F35		No
959	Nick	Tsakmakis	MO		No
727	Jim	Tulloch	M60		No
89	Nicola	Turley	F45		No
56	Kate	Turner	F35		No
747	Amanda	Turner	F35		Yes
1593	Callum	Turner	MU20		No
898	Michelle	Turnham	F35		Yes
240	Tim	Turquand	MO		No
174	Christian	Turton	M40		No
505	Nicky	Tyler	F45		No
1088	Andrew	Underhill	M40		Yes
160	Joanne	Undrell	F35		No
288	Helene	Upchurch	F35		No
648	Marianne	Upton	F45		No
433	Dean	Usher	MO	Royston Runners	No
1465	Simon	Utteridge	M50		Yes
1528	Jason	Valentine	M40		No
1289	Lee	Varney	MO		No
1319	Elaine	Varty	F55		Yes
1320	Theo	Vassiliades	MU20		No
1321	Constantin	Vassiliades	M60		No
1602	Mark	Vaughan	M40	North Herts Road Runners	Yes
1336	Stephen	Vernon	M50		No
602	Luke	Vincent	MO	Fairlands Valley Spartans RC	No
654	Natalie	Visick	F35		No
655	Dominic	Visick	MO		No
894	Helen	Vooght-Rogers	F45		No
776	Thomas	Wackett	MO	Garden City Runners	No

815	Marisa	Wade	F35		No
1458	Steve	Wade	M50	Portsmouth Triathletes	No
730	Katie	Wagstaff	FO		Yes
77	Stephen	Walker	MO		No
103	Nick	Walker	M40		No
761	Amy	Walker	FO		No
1536	Jonathan	Walker	M50	Amphill and Flitwick Flyers	No
1537	Dayle	Walker	FO	Amphill and Flitwick Flyers	No
449	Emily	Wallace	F35		No
899	Paul	Waller	MO		No
751	Diane	Wallis	F55		Yes
752	Rob	Walls	M50		Yes
807	Adam	Walpole	MO		No
1039	Lucy	Walsh	FO		No
1183	Bradley	Walsh	MO		No
1429	Peter	Walter	MO		No
340	Emma	Walters	F35		No
1531	Joe	Walters	M40	Amphill and Flitwick Flyers	No
1532	Samantha	Walters	F35	Amphill and Flitwick Flyers	No
423	Paul	Walton	M50		No
1194	Brad	Walton	M40		No
152	Clare	Ward	F35	Royston Runners	No
327	Lucy	Ward	F35		No
1120	Tony	Ward	MO	Abbey Runners Leeds	Yes
287	Rosie	Wardman	FO		No
221	Julie	Warner	F35		No
782	Deborah	Warner	F45		No
576	Dennis	Warnes	M60		No
577	Hannah	Warnes	FO		No
495	Neil	Warren	MO		No
1169	Claire	Warren	F35		No
1248	Gregg	Warren	M40		No
1362	Jason	Warren	MO		No
963	Lisa	Warrington	F35		No
428	Andy	Waterman	MO	Victory AC	No
144	Simon	Wathen	M40		No
44	Joanna	Watson	F35		No
252	Helen	Watson	F35		No
969	John	Watson	M40		No
970	Callum	Watson	MU20		No
977	Carole	Watts	F45	Bedford Harriers AC	No
1515	Sarah	Weatherall Morris	F35		No
290	Paul	Webb	M40		No
886	Michael	Webb	MO		No
745	Kerstin	Weiner	F45	Fairlands Valley Spartans RC	No
26	Robin	Wells	M50	Royston Runners	Yes
231	Charlotte	Wells	FO		No
1555	Lisa	Wells	F45	Amphill and Flitwick Flyers	No
1581	Abi	Wells	FO	Amphill and Flitwick Flyers	No
189	Bettina	West	F45		No
1130	Steven	West	M50		No
1287	Kris	Westcott	MO		No
1058	Katherine	Wheelhouse	F35		No

420	Ashley	White	MO		No
877	Rachel	White	FO		No
1543	Emma	White	F35	Ampthill and Flitwick Flyers	No
1381	Kieran	Whiteman	MO		No
322	Andy	Whitfield	M40		No
849	Sue	Whitfield	F45	Biggleswade AC	No
1505	Helen	Whiting	FO	Bedford Harriers AC	No
342	Kris	Whitmore	M40	FETCH Everyone (FERC)	Yes
1364	Paul	Whyte	M40	Fairlands Valley Spartans RC	No
1456	Jennifer	Wilcox	F35		No
816	Jenny	Wild	FO		No
241	Tara	Wilding	FO		No
928	Stephen	Wilding	M40		No
929	Suzanne	Wilding	F35		No
805	Rachel	Wilkes	F45		No
806	Jason	Wilkes	M50		No
1	Jon	Wilkins	M40		No
1530	Louise	Wilkins	F45	Ampthill and Flitwick Flyers	No
1544	Simon	Wilkins	M40	Ampthill and Flitwick Flyers	No
16	Susan	Wilkinson	F45	Royston Runners	No
803	Kevin	Willett	M50	Bedford Harriers AC	No
472	Tony	Williams	M40		Yes
473	Karly	Williams	F35		No
557	Carl	Williams	M40		No
668	Ollie	Williams	MO		No
984	Kayleigh	Williams	FO	Royston Runners	No
1045	Dan	Williams	MO		No
1053	Joanna	Williams	FO	Royston Runners	No
34	Camilla	Williamson	F35		No
97	Karl	Williamson	MO		No
520	Joanna	Willmott	F45		No
944	William	Willmott	M40	Ampthill and Flitwick Flyers	No
947	Julie	Willmott	F35		No
1197	Matt	Wilshere	MO		No
247	Mark	Wilson	M40		No
437	Lex	Wilson	MO		No
632	Helen	Wilson	F45		No
789	Jason	Wilson	M40		No
1268	Jonathan	Wilson	MO		No
1425	Deirdre	Wilson	FO		No
1152	Colin	Wiltsher	MO		No
1558	Sophie	Windmill	FO	Ampthill and Flitwick Flyers	No
562	Russ	Wingfield	MO		No
11	Danny	Winn	MO	Bedford Harriers AC	No
1300	Niamh	Winn	F35		No
1017	Mark	Winter	M40		No
924	Helen	Wise	F35		No
1258	Lauren	Witherick	FO		No
1290	Jim	Withers	M60	Newmarket Joggers	No
1573	Keri	Withers	F45	Ampthill and Flitwick Flyers	Yes
234	Natalie	Wood	F35		No
345	Stephen	Wood	M40		No
230	Sarah	Woodcraft	FO		No

244	Harry	Woods	MO		No
569	Jonathan	Woods	M50		No
982	Lindsay	Woods	F35		No
983	Dan	Woods	M40		No
589	Leo	Woolcock	MO		No
590	Steve	Woolcock	M60		No
1110	Stephen	Woolhead	M40		No
544	Alison	Wragg	F45		No
99	Vicky	Wright	F35		No
490	David	Wright	M40		No
734	Robert	Wright	MO	Fairlands Valley Spartans RC	Yes
871	Jessica	Wright	FO		No
880	Rae-Anna	Wright	FO		No
1351	Maggie	Wright	F45	Garden City Runners	No
953	Anna	Wyse	F35		No
75	Charlotte	Yates	F35		No
660	Paul	Yates	M40		No
1473	Emily	Yossarian	F35		No
404	Tamsyn	Zietsman	F45		No