

### Provisional Results for All Competitors in finish order.

Place	Time [Chip]	Name	Team	Race Age Category	Age Grading	Race No	Race Place
1	0:33:14 [0:33:13]	LEACH, Andrew	North Herts Road Runners	Vet Men 50-59	93.41%	960	1
2	0:33:32 [0:33:31]	WEBB, Thomas	North Herts Road Runners	Senior Men	80.42%	1675	2
3	0:33:48 [0:33:47]	MACKRELL, Peter	Leighton Buzzard AC	Senior Men	80.17%	1010	3
4	0:33:56 [0:33:56]	VAUGHAN, Mark	North Herts Road Runners	Vet Men 40-49	87.14%	1630	4
5	0:34:06 [0:34:05]	GRAHAM, Peter	Bedford Harriers AC	Senior Men	79.10%	649	5
6	0:34:19 [0:34:18]	OVERTON, Stewart	North Herts Road Runners	Senior Men	79.51%	1206	6
7	0:34:25 [0:34:24]	SUNTER, Darren	North Herts Road Runners	Senior Men	79.28%	1541	7
8	0:34:32 [0:34:31]	PASK, Nathan	North Herts Road Runners	Vet Men 40-49	81.86%	1226	8
9	0:34:39 [0:34:39]	McCONNEL, Jim	North Herts Road Runners	Vet Men 40-49	83.40%	1069	9
10	0:35:02 [0:35:02]	PATTERSON, Andrew	Fairlands Valley Spartans RC	Senior Men	77.89%	1232	10
11	0:35:10 [0:35:08]	SCOTT, Jonathan	St Albans Striders	Vet Men 40-49	80.98%	1427	11
12	0:35:22 []	SAYERS, Matthew	North Herts Road Runners	Vet Men 40-49	80.53%	1408	12
13	0:35:27 [0:35:26]	HUME, Neil	Garden City Runners	Vet Men 40-49	80.93%	821	13
14	0:35:34 [0:35:32]	HORTON, Alex	Barnet & District AC	Senior Men	75.84%	795	14
15	0:35:45 [0:35:43]	DAVIES, Daniel	Barnet & District AC	Senior Men	75.45%	400	15
16	0:35:51 [0:35:50]	RAYNER, John	North Herts Road Runners	Vet Men 40-49	77.18%	1318	16
17	0:35:53 [0:35:51]	DAVIES, Paul	Barnet & District AC	Senior Men	75.17%	405	17
18	0:35:55 [0:35:54]	LEE, Tom	Beaumont RC	Senior Men	75.98%	966	18
19	0:35:57 [0:35:57]	FOX, James	Reading AC	Junior Men U20	75.03%	573	19
20	0:36:03 [0:36:01]	CASTRO, Edward	Bedford Harriers AC	Senior Men	74.81%	260	20
21	0:36:29 [0:36:28]	MALES, Peter	Hitchin Running Club	Senior Men	73.93%	1021	21
22	0:36:37 [0:36:36]	JANES, Lizzy	Herts Phoenix AC	Senior Ladies	81.69%	849	22
23	0:36:53 [0:36:53]	NEWSTEAD, Rebecca	Bedford & County AC	Senior Ladies	81.11%	1167	23
24	0:37:07 [0:37:05]	EVANS, Richard	St Albans Striders	Senior Men	72.67%	520	24
25	0:37:14 [0:37:11]	WESTCOTT, Christopher	Stevenage & North Herts AC	Vet Men 40-49	78.21%	1683	25
26	0:37:17 [0:37:13]	SEWELL, Ben		Senior Men	72.35%	1662	26
27	0:37:23 [0:37:21]	EDMONDSON-JONES, Mark	Bedford Harriers AC	Vet Men 50-59	81.00%	490	27
28	0:37:26 [0:37:23]	NICHOLL, Ryan		Senior Men	72.06%	1173	28
29	0:37:36 [0:37:32]	LOTT, Ben	MNP	Senior Men	71.74%	993	29
30	0:37:37 [0:37:35]	PARKER, Gareth	St Albans Striders	Vet Men 40-49	74.09%	1219	30
31	0:37:39 [0:37:37]	WILLIAMS, Jon	Ware Joggers	Senior Men	71.98%	1709	31
32	0:37:40 [0:37:38]	HOBSON, Douglas	St Albans Striders	Senior Men	71.61%	767	32
33	0:37:40 [0:37:38]	WILSON, Craig		Vet Men 40-49	77.30%	1722	33
34	0:37:53 [0:37:50]	PARSONS, James	Freedom Tri	Senior Men	72.53%	1224	34
35	0:37:54 [0:37:53]	KING, Jim	St Albans Striders	Vet Men 40-49	76.83%	911	35
36	0:38:05 [0:38:01]	HARBON, Katie	North Herts Road Runners	Senior Ladies	78.55%	696	36
37	0:38:07 [0:38:04]	HILLS, Adam	Bedford Harriers AC	Vet Men 40-49	73.63%	758	37
38	0:38:11 [0:38:09]	CARMACK, Martin	Serpentine RC	Vet Men 40-49	77.45%	245	38
39	0:38:12 [0:38:11]	HEWETT, Paul	Fairlands Valley Spartans RC	Senior Men	70.61%	750	39
40	0:38:13 [0:38:11]	GREAVES, Paul	Herts Phoenix AC	Vet Men 50-59	80.54%	658	40
41	0:38:16 [0:38:14]	SEARLE, Tim	St Albans Striders	Vet Men 40-49	72.83%	1433	41
42	0:38:19 [0:38:17]	WACKETT, Thomas	Garden City Runners	Senior Men	70.40%	1638	42
43	0:38:19 [0:38:15]	HALLISSEY, Claire	Dacorum & Tring AC	Vet Ladies 35-44	78.28%	686	43
44	0:38:27 [0:38:25]	HARRIS-CHERGUIT, David	Fairlands Valley Spartans RC	Vet Men 40-49	72.48%	705	44
45	0:38:34 [0:38:29]	WHITMORE, Kris	Hitchin Running Club	Vet Men 40-49	74.39%	1694	45
46	0:38:35 [0:38:33]	COUGHLIN, Keith	Fairlands Valley Spartans RC	Vet Men 40-49	72.73%	346	46
47	0:38:36 [0:38:33]	DEMPSEY, Philip		Vet Men 40-49	72.71%	425	47
48	0:38:44 [0:38:39]	ELAND, Chris	Garden City Runners	Vet Men 50-59	77.55%	495	48
49	0:38:49 [0:38:44]	CASSERLEY, Robert	Garden City Runners	Vet Men 40-49	75.01%	258	49
50	0:38:51 [0:38:48]	AULD, Andy	St Albans Striders	Vet Men 40-49	76.12%	52	50
51	0:38:59 [0:38:57]	CRAWLEY, Sean	Bedford Harriers AC	Vet Men 40-49	73.06%	366	51
52	0:39:03 [0:38:59]	TURNER, Euan	St. Albans AC	Junior Men U20	69.07%	1607	52
53	0:39:07 [0:39:04]	MARTIN, John	Hitchin Running Club	Senior Men	70.25%	1045	53
54	0:39:08 [0:39:07]	CARPENTER, Dean	Fairlands Valley Spartans RC	Vet Men 40-49	73.30%	247	54
55	0:39:10 [0:39:08]	WARREN, Gary	St Albans Striders	Vet Men 50-59	76.07%	1659	55
56	0:39:16 [0:39:12]	HAWORTH, Nick	Biggleswade AC	Vet Men 40-49	71.48%	734	56

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<i>Place</i>	<i>Time [Chip]</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Age Grading</i>	<i>Race No</i>	<i>Race Place</i>
57	0:39:19 [0:39:18]	SHARMAN, Kirstie		Vet Ladies 35-44	80.71%	562	57
58	0:39:23 [0:39:20]	SMITH, Edward		Junior Men U20	68.49%	1478	58
59	0:39:25 [0:39:22]	BYWATER, James		Senior Men	68.74%	225	59
60	0:39:29 [0:39:27]	SHARMAN, David	Bedford Harriers AC	Vet Men 40-49	71.08%	1440	60
61	0:39:30 [0:39:25]	MACE, Simon		Vet Men 40-49	71.57%	1007	61
62	0:39:37 [0:39:29]	MACRAE, Rory		Senior Men	68.08%	1012	62
63	0:39:43 [0:39:40]	TURNER, Hannah	Harpden Arrows	Vet Ladies 35-44	78.57%	1608	63
64	0:39:47 [0:39:45]	SHELTON-SMITH, Kevin	Bedford Harriers AC	Vet Men 50-59	80.81%	1448	64
65	0:39:49 [0:39:43]	HANSON, Mitchell		Senior Men	67.74%	695	65
66	0:39:53 [0:39:51]	ROSSINGTON, Adam	Team Trident	Senior Men	67.63%	1373	66
67	0:39:54 [0:39:52]	HOLT, Andrew	Garden City Runners	Vet Men 50-59	77.79%	781	67
68	0:40:00 [0:39:49]	WARD, Henry	Bishops Stortford RC	Senior Men	67.43%	1650	68
69	0:40:01 [0:39:58]	JONES, Lucy	St Albans Striders	Senior Ladies	74.75%	871	69
70	0:40:06 [0:40:03]	ASTON, Nigel	St Albans Striders	Vet Men 50-59	76.14%	48	70
71	0:40:14 [0:40:13]	BLACKBURN, Martin	Fairlands Valley Spartans RC	Senior Men	67.03%	131	71
72	0:40:18 [0:40:12]	HARRISON, William	Queen's Park Harriers	Senior Men	66.93%	711	72
73	0:40:19 [0:40:17]	LOADER, Neil	Bedford Harriers AC	Vet Men 50-59	75.11%	986	73
74	0:40:19 [0:40:17]	DAVIES, Philip	Stopsley Striders Jogging Club	Senior Men	66.90%	406	74
75	0:40:21 [0:40:14]	BANISTER, Michael		Vet Men 40-49	70.58%	72	75
76	0:40:23 [0:40:13]	SINCLAIR, Keiran		Senior Men	66.78%	1458	76
77	0:40:25 [0:40:20]	PUDNER, Daniel	Garden City Runners	Senior Men	66.74%	1299	77
78	0:40:25 [0:40:00]	WHITFIELD, Andy		Vet Men 40-49	68.95%	1692	78
79	0:40:32 [0:40:29]	FLITTON, Matthew		Senior Men	66.55%	557	79
80	0:40:50 [0:40:44]	SQUIRES, Paul	Hitchin Running Club	Vet Men 40-49	71.87%	1506	80
81	0:40:51 [0:40:43]	SCUTT, William		Senior Men	66.03%	1430	81
82	0:40:53 [0:40:48]	RONAYNE, Matthew		Junior Men U20	65.98%	1367	82
83	0:40:55 [0:40:51]	SCOTT, Lee		Vet Men 50-59	73.41%	1702	83
84	0:41:00 [0:40:44]	WOODS, Harry		Senior Men	65.79%	1741	84
85	0:41:03 [0:40:52]	CECIL, Jamie	Vegan Runners	Senior Men	65.71%	263	85
86	0:41:06 [0:40:40]	CLEVERLY, Luke		Senior Men	65.62%	307	86
87	0:41:07 [0:41:02]	RUSSELL, Michael	Team Trident	Vet Men 60-69	78.92%	1384	87
88	0:41:10 [0:40:57]	WILLMOTT, William	Amphill & Flitwick Flyers RC	Vet Men 40-49	68.68%	1719	88
89	0:41:10 [0:40:35]	HUGHES, Joe		Senior Men	65.82%	813	89
90	0:41:13 [0:41:03]	KAZER, David		Senior Men	66.67%	886	90
91	0:41:18 [0:41:14]	DAVIS, Richard	St Albans Striders	Vet Men 50-59	73.32%	408	91
92	0:41:21 [0:41:16]	MADDOCKS, Jenny	St Albans Striders	Vet Ladies 35-44	74.87%	1016	92
93	0:41:22 [0:41:13]	MURPHY, John	Dunstable RRC	Vet Men 50-59	73.20%	1149	93
94	0:41:24 [0:41:18]	BRYAN, Jerry	Barnet & District AC	Vet Men 50-59	77.67%	195	94
95	0:41:38 [0:41:32]	HOBSON, Peter	Hitchin Running Club	Vet Men 50-59	75.20%	768	95
96	0:41:56 [0:41:53]	PULLINGER, Jerry	Bedford Harriers AC	Vet Men 60-69	78.10%	1301	96
97	0:41:59 [0:41:56]	WALSH, Wendy	St Albans Striders	Vet Ladies 45-54	79.60%	1648	97
98	0:42:00 [0:41:57]	EAMES, Steven	St Albans Striders	Senior Men	64.22%	482	98
99	0:42:00 [0:41:52]	WEBSTER, Richard		Senior Men	64.22%	1676	99
100	0:42:01 [0:41:58]	HINES, Tim		Vet Men 40-49	66.33%	760	100
101	0:42:01 [0:41:51]	GREEN, Alastair	St Albans Striders	Vet Men 50-59	72.66%	659	101
102	0:42:03 [0:41:57]	MAGINLEY, Errol	St Albans Striders	Vet Men 50-59	73.21%	1018	102
103	0:42:04 [0:42:00]	ACOURT, Jay	St Albans Striders	Vet Men 40-49	67.21%	2	103
104	0:42:07 [0:41:57]	PASSEY, Richard	Hitchin Running Club	Vet Men 40-49	66.64%	1227	104
105	0:42:13 [0:42:09]	CHARLES, Gareth	Freedom Tri	Vet Men 40-49	69.51%	279	105
106	0:42:14 [0:42:02]	LOGAN, Matt		Vet Men 40-49	68.43%	987	106
107	0:42:27 [0:42:24]	EMERY-BILLCLIFF, Peter		Senior Men	63.53%	507	107
108	0:42:29 [0:42:22]	LOVELOCK, Darren		Vet Men 50-59	70.70%	995	108
109	0:42:31 [0:42:19]	WILCOX, Josh		Senior Men	63.43%	1697	109
110	0:42:37 [0:42:32]	HARRIS, John	Fairlands Valley Spartans RC	Vet Men 50-59	74.10%	702	110
111	0:42:39 [0:42:33]	WALKER, Roy		Senior Men	63.24%	1641	111
112	0:42:43 [0:42:37]	BRAYBROOK, Colin	St Albans Striders	Vet Men 50-59	74.60%	161	112
113	0:42:44 [0:42:38]	DANCKERT, Libby		Senior Ladies	70.01%	393	113
114	0:42:47 [0:42:36]	BATTARBEE, Jonathan	Biggleswade AC	Vet Men 40-49	67.55%	91	114
115	0:42:48 [0:42:44]	BULL, Howard	St Albans Striders	Senior Men	63.02%	200	115
116	0:42:52 [0:42:42]	FARNSWORTH, Trevor		Vet Men 40-49	66.45%	529	116

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117	0:42:56 [0:42:48]	HAMMOND, Keith		Vet Men 50-59	74.23%	689	117
118	0:42:56 [0:42:41]	HARDY, Geoffrey		Vet Men 40-49	66.34%	699	118
119	0:42:59 [0:42:49]	PRETTY, Sam		Vet Ladies 35-44	69.77%	1734	119
120	0:43:04 [0:42:54]	SCHILLING, Mark	Hitchin Running Club	Vet Men 50-59	72.08%	1415	120
121	0:43:05 [0:42:59]	FAIRCHILD, Paul	Freedom Tri	Vet Men 40-49	64.68%	527	121
122	0:43:06 [0:42:55]	KITCHENER, Neil		Vet Men 40-49	68.08%	928	122
123	0:43:07 [0:42:51]	DILLEY, Robert	Garden City Runners	Vet Men 40-49	64.18%	443	123
124	0:43:07 [0:42:56]	FISHER, Benjamin	Orion Harriers	Vet Men 40-49	66.04%	547	124
125	0:43:15 [0:43:11]	ARNOLD, Charles	Biggleswade AC	Vet Men 60-69	77.22%	43	125
126	0:43:18 [0:42:51]	ALLARD, Jonny		Senior Men	62.29%	11	126
127	0:43:18 [0:43:09]	SEAGO, Bryan	Bedford Harriers AC	Vet Men 50-59	68.83%	1431	127
128	0:43:19 [0:42:56]	GUNTER, Michael		Vet Men 40-49	64.33%	675	128
129	0:43:19 [0:43:06]	MARIN, Enrique		Senior Men	62.26%	1028	129
130	0:43:20 [0:43:03]	CARROD, Steve	Freedom Tri	Senior Men	62.25%	252	130
131	0:43:21 [0:43:07]	SWINBURNE, Paul	Biggleswade AC	Vet Men 40-49	67.68%	1549	131
132	0:43:23 [0:43:18]	KREMER, Claire	St Albans Striders	Vet Ladies 35-44	73.14%	1769	132
133	0:43:24 [0:43:17]	SAWYER, Terry	Hitchin Running Club	Senior Men	62.44%	1405	133
134	0:43:26 [0:43:20]	HUMPHREY, Patrick		Vet Men 40-49	66.54%	822	134
135	0:43:27 [0:43:22]	FOX, Nigel		Vet Men 50-59	69.13%	575	135
136	0:43:29 [0:43:25]	WILLIAMS, Kayleigh	Royston Runners	Senior Ladies	68.80%	1713	136
137	0:43:29 [0:43:21]	CAIRNS, Greg	Freedom tri	Vet Men 40-49	68.01%	232	137
138	0:43:30 [0:43:20]	BELLAMY, Ross		Vet Men 40-49	67.46%	104	138
139	0:43:31 [0:43:24]	MARSTON, Chris		Vet Men 50-59	70.16%	1043	139
140	0:43:31 [0:43:19]	CURRY, Ian	Stopsley Striders Jogging Club	Vet Men 40-49	64.96%	380	140
141	0:43:36 [0:43:16]	CHAN, Alex	Hitchin Running Club	Senior Men	61.86%	269	141
142	0:43:44 [0:43:39]	BROWN, Stan		Junior Men U20	61.67%	188	142
143	0:43:48 [0:43:19]	BUZZARD, Thom		Senior Men	61.58%	221	143
144	0:43:49 [0:43:43]	MADDOCK, Rebecca		Vet Ladies 35-44	68.27%	1015	144
145	0:43:55 [0:43:30]	PALMIERI, Tracey	Freedom Tri	Vet Ladies 35-44	71.65%	1213	145
146	0:43:56 [0:43:40]	DELANEY, Robert		Vet Men 40-49	63.43%	423	146
147	0:44:02 [0:43:52]	DONNELLY, Adrian	Fairlands Valley Spartans RC	Vet Men 40-49	63.29%	453	147
148	0:44:02 [0:43:58]	GARNER, Natalie	Biggleswade AC	Senior Ladies	67.94%	594	148
149	0:44:04 [0:43:58]	GORDON, Yuko	Fairlands Valley Spartans RC	Vet Ladies 65+	92.82%	640	149
150	0:44:05 [0:44:01]	STOTT, John	Biggleswade AC	Vet Men 50-59	67.60%	1527	150
151	0:44:07 [0:44:02]	THRUSSELL, Caroline	North Herts Road Runners	Vet Ladies 55-64	80.91%	1580	151
152	0:44:13 [0:43:55]	SHORTLAND, Randall	settle	Vet Men 40-49	63.03%	1452	152
153	0:44:14 [0:44:07]	GILL, Nick	Fairlands Valley Spartans RC	Senior Men	60.98%	619	153
154	0:44:18 [0:44:10]	ALLEN, Mark	Freedom Tri	Senior Men	62.03%	15	154
155	0:44:20 [0:43:43]	PEMBERTON, Harry		Junior Men U20	60.84%	1245	155
156	0:44:24 [0:44:18]	CLARK, Chris	Freedom Tri	Senior Men	61.45%	292	156
157	0:44:25 [0:43:56]	HARVEY, Gayle		Vet Ladies 35-44	70.86%	719	157
158	0:44:25 [0:44:15]	BESZANT, Greg		Senior Men	60.73%	119	158
159	0:44:26 [0:44:12]	GRENFELL, Peter		Senior Men	60.70%	667	159
160	0:44:28 [0:43:44]	HOWARD, Matthew	MNP	Senior Men	60.66%	801	160
161	0:44:28 [0:44:15]	SPARKES, Edward		Senior Men	60.65%	1500	161
162	0:44:29 [0:44:08]	HAWES, Pete		Vet Men 40-49	62.21%	730	162
163	0:44:32 [0:44:03]	BENNETT, Steven		Senior Men	60.57%	111	163
164	0:44:37 [0:44:28]	IBBOTSON, Tim		Senior Men	60.45%	836	164
165	0:44:38 [0:44:17]	WILDING, Stephen		Vet Men 40-49	62.88%	1700	165
166	0:44:39 [0:44:27]	FORD, Alastair		Vet Men 40-49	65.22%	564	166
167	0:44:40 [0:44:14]	KEARNEY, Andy		Vet Men 40-49	62.84%	888	167
168	0:44:41 [0:44:23]	PEACHEY, Ben	Hitchin Running Club	Senior Men	60.37%	1239	168
169	0:44:41 [0:44:22]	HARVEY, Ian	Hitchin Running Club	Senior Men	61.50%	721	169
170	0:44:41 [0:44:05]	NOBBS, Samuel		Senior Men	60.36%	1182	170
171	0:44:42 [0:44:31]	WATHEN, Simon		Vet Men 50-59	66.67%	1663	171
172	0:44:42 [0:44:34]	HARRISON, Mark		Vet Men 50-59	69.45%	708	172
173	0:44:43 [0:43:56]	COVER, Oliver		Senior Men	61.03%	349	173
174	0:44:45 [0:44:37]	FLINT, David		Senior Men	60.28%	555	174
175	0:44:46 [0:44:17]	BULL, James		Vet Men 40-49	62.70%	201	175
176	0:44:47 [0:44:35]	READ, Jonathan		Vet Men 40-49	64.54%	1320	176

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177	0:44:48 [0:44:28]	CLEMENTS, Mark	Bedford Harriers AC	Senior Men	60.49%	305	177
178	0:44:50 [0:44:21]	GOULDING, Bruce	Trail Running Association	Vet Men 50-59	66.46%	644	178
179	0:44:53 [0:44:49]	THRUSSELL, Sophie	North Herts Road Runners	Senior Ladies	66.65%	1581	179
180	0:44:54 [0:44:39]	MALONE, Tom		Junior Men U20	60.07%	1024	180
181	0:44:54 [0:44:47]	EDWARDS, Mark	Hitchin Running Club	Vet Men 40-49	61.63%	492	181
182	0:44:54 [0:43:36]	McGRINDER, Michael		Vet Men 40-49	62.96%	1077	182
183	0:44:54 [0:44:45]	LAITNER, Nicky	St Albans Striders	Vet Ladies 45-54	75.77%	942	183
184	0:44:57 [0:44:11]	GREEN, Luke		Senior Men	60.01%	663	184
185	0:44:59 [0:44:46]	LANGRIDGE, Ben		Senior Men	60.67%	950	185
186	0:45:06 [0:44:43]	SANDHER, Baljeet		Vet Men 40-49	62.68%	1397	186
187	0:45:07 [0:44:40]	McNIFF, Grant		Vet Men 40-49	65.04%	1090	187
188	0:45:09 [0:45:01]	DE KORT, Paul	Oak Park RC	Vet Men 50-59	69.96%	415	188
189	0:45:09 [0:44:37]	CAIRNCROSS, David	Hitchin Running Club	Vet Men 40-49	63.08%	231	189
190	0:45:12 [0:44:57]	SUTTON-FISHER, Daniel	Fairlands Valley Spartans RC	Senior Men	59.67%	1545	190
191	0:45:14 [0:44:43]	AMOS, Jake	Hitchin Running Club	Vet Men 40-49	61.61%	22	191
192	0:45:14 [0:45:05]	RADFORD, Max		Vet Men 50-59	65.88%	1309	192
193	0:45:15 [0:45:06]	THOMSON, James	Newmarket Joggers	Senior Men	59.60%	1577	193
194	0:45:16 [0:44:56]	FILBY, Jon		Vet Men 40-49	61.13%	541	194
195	0:45:23 [0:45:18]	KENT, Ruth	St Albans Striders	Vet Ladies 35-44	67.67%	896	195
196	0:45:27 [0:45:15]	MOSS, Nik		Vet Men 60-69	75.75%	1141	196
197	0:45:28 [0:45:23]	BERRY, Kathryn		Vet Ladies 35-44	65.97%	115	197
198	0:45:29 [0:45:24]	HALLAS, Michael	Horwich RMI Harriers	Senior Men	59.30%	685	198
199	0:45:29 [0:45:14]	PATTMAN, David	Fairlands Valley Spartans RC	Vet Men 40-49	61.71%	1233	199
200	0:45:31 [0:45:23]	LENNON, Chris	Royston Runners	Vet Men 40-49	60.80%	969	200
201	0:45:33 [0:45:04]	MORLEY, Will		Junior Men U20	59.22%	1133	201
202	0:45:35 [0:45:13]	GILL, Andy		Vet Men 40-49	62.02%	616	202
203	0:45:35 [0:45:29]	STOCKER, Jim	Huntingdonshire AC	Vet Men 70+	79.01%	1520	203
204	0:45:39 [0:45:22]	GODFREY, James		Senior Men	59.09%	623	204
205	0:45:41 [0:45:22]	McTAIT, Graeme	UKnetrunner	Vet Men 40-49	63.75%	1096	205
206	0:45:43 [0:45:19]	NEESAM, Kerry	New Marske Harriers AC	Senior Ladies	65.43%	1160	206
207	0:45:44 [0:45:29]	HEUER, Dean	Freedom Tri	Senior Men	58.97%	749	207
208	0:45:45 [0:45:35]	ROGERS, Julie		Vet Ladies 35-44	66.08%	1363	208
209	0:45:46 [0:45:02]	KNIGHT, Adam	MNP	Vet Men 40-49	60.46%	929	209
210	0:45:47 [0:45:36]	BERRY, Robin		Vet Men 40-49	61.31%	116	210
211	0:45:47 [0:45:37]	PINE, Tim	Hitchin Running Club	Vet Men 60-69	75.20%	1272	211
212	0:45:48 [0:45:32]	BENNET, John		Vet Men 60-69	70.86%	106	212
213	0:45:50 [0:45:18]	PAGE, Andrew		Vet Men 40-49	61.24%	1211	213
214	0:45:51 [0:45:47]	STEWART, Malcolm	Biggleswade AC	Vet Ladies 35-44	69.21%	1518	214
215	0:46:01 [0:45:29]	SMITH, Matt		Vet Men 40-49	62.34%	1484	215
216	0:46:03 [0:45:43]	WILDING, Suzanne		Vet Ladies 35-44	66.68%	1701	216
217	0:46:09 [0:45:58]	TURQUAND, Tim		Senior Men	59.53%	1615	217
218	0:46:11 [0:46:04]	MOSS, David		Vet Men 50-59	67.79%	1139	218
219	0:46:12 [0:45:35]	HANCOCK, Fenton	SupremeFitness	Senior Men	58.38%	691	219
220	0:46:13 [0:46:10]	SUDDABY, Rob	Barnet & District AC	Senior Men	59.05%	1537	220
221	0:46:13 [0:46:01]	WOOD, Stephen		Vet Men 40-49	63.01%	1740	221
222	0:46:16 [0:45:57]	DUNN, Chitra	Harpندن Arrows	Vet Men 60-69	70.14%	476	222
223	0:46:17 [0:45:56]	WALPOLE, Adam		Senior Men	58.96%	1647	223
224	0:46:18 [0:45:46]	KIRBYSHIRE, Stuart		Senior Men	58.26%	923	224
225	0:46:18 [0:46:10]	NEWBY, Robin	St Albans Striders	Vet Men 40-49	63.86%	1165	225
226	0:46:21 [0:45:55]	FIDDEMAN, Donna	Royston Runners	Vet Ladies 35-44	66.80%	539	226
227	0:46:21 [0:45:43]	LEWIS, Greg		Vet Men 40-49	61.45%	972	227
228	0:46:21 [0:46:06]	SOULBY, Mike		Senior Men	58.19%	1496	228
229	0:46:22 [0:45:44]	BULLEN, Paul		Vet Men 50-59	64.78%	202	229
230	0:46:26 [0:46:20]	CRAWFORD, Kelly	Huntingdonshire AC	Vet Ladies 35-44	64.43%	363	230
231	0:46:27 [0:45:43]	POYNTER, Nicholas		Vet Men 50-59	64.66%	1291	231
232	0:46:27 [0:46:04]	HART, Linz		Vet Men 40-49	62.70%	717	232
233	0:46:28 [0:46:21]	SEDDON, Mark	North Herts Road Runners	Senior Men	58.32%	1434	233
234	0:46:30 [0:46:20]	CURTIS, Robert	Dunstable RRC	Vet Men 50-59	67.92%	383	234
235	0:46:30 [0:46:20]	GIBSON, Charlotte		Vet Ladies 35-44	67.11%	613	235
236	0:46:32 [0:46:21]	BUKAJOVA, Miroslava	Hitchin Running Club	Vet Ladies 35-44	64.28%	199	236

**Provisional Results for All Competitors in finish order.**

Place	Time [Chip]	Name	Team	Race Age Category	Age Grading	Race No	Race Place
237	0:46:34 [0:46:24]	ELLETT, Linda		Vet Ladies 35-44	67.02%	498	237
238	0:46:37 [0:46:13]	BOULSTRIDGE, Ian		Senior Men	58.53%	148	238
239	0:46:38 [0:46:15]	KITCHENER, Kerry		Vet Ladies 45-54	71.03%	926	239
240	0:46:40 [0:46:30]	BRUNTON, Phillip		Vet Men 50-59	66.52%	194	240
241	0:46:42 [0:46:24]	HOUGHTON, Mark		Senior Men	57.76%	796	241
242	0:46:43 [0:45:04]	CLARK, Michael	Leighton Fun Runners	Vet Men 60-69	71.49%	295	242
243	0:46:45 [0:46:18]	CUZNER, Glenn	Stevenage Striders	Senior Men	57.70%	387	243
244	0:46:45 [0:46:36]	ROBERTSON, Andrew	Bedford Harriers AC	Vet Men 60-69	70.05%	1349	244
245	0:46:47 [0:46:18]	DAVIS, Mark		Vet Men 50-59	67.51%	407	245
246	0:46:49 [0:46:31]	MUNDY, Dave		Vet Men 40-49	62.21%	1144	246
247	0:46:49 [0:45:57]	HARRISON, Richard		Senior Men	58.28%	709	247
248	0:46:51 [0:46:30]	CRUDGINGTON, Scott		Vet Men 40-49	62.64%	373	248
249	0:46:53 [0:46:06]	ROYSTON, Sam		Senior Men	57.53%	1378	249
250	0:46:57 [0:46:48]	MARSH, Laura	Bedford Harriers AC	Vet Ladies 45-54	69.31%	1036	250
251	0:46:59 [0:46:27]	JONES, Michael		Vet Men 40-49	59.74%	873	251
252	0:47:00 [0:46:38]	HALL, Gary		Vet Men 40-49	60.59%	682	252
253	0:47:06 [0:46:46]	BAZIER, Denise		Vet Ladies 45-54	70.95%	1766	253
254	0:47:07 [0:46:26]	TOWNSEND, Amanda		Vet Ladies 35-44	64.67%	1598	254
255	0:47:10 [0:46:35]	MASON, Trevor	Stevenage & North Herts AC	Vet Men 50-59	66.37%	1052	255
256	0:47:11 [0:46:18]	BURDON, Rosie		Senior Ladies	63.41%	209	256
257	0:47:11 [0:46:07]	ROBERTS, Stephen		Vet Men 40-49	61.25%	1767	257
258	0:47:12 [0:47:04]	MACLEOD, Ruth	Royston Runners	Vet Ladies 35-44	66.67%	1011	258
259	0:47:17 [0:47:05]	HURD, Nick		Vet Men 40-49	58.94%	831	259
260	0:47:22 [0:47:06]	SANT, Roger	St Albans Striders	Vet Men 50-59	63.41%	1399	260
261	0:47:23 [0:46:59]	PULLEN, Claire	Fairlands Valley Spartans RC	Vet Ladies 45-54	73.18%	1300	261
262	0:47:24 [0:47:10]	GOODWIN, Mark	Fairlands Valley Spartans RC	Vet Men 60-69	69.77%	631	262
263	0:47:25 [0:47:10]	JONES, Liam	North Herts Road Runners	Senior Men	56.89%	870	263
264	0:47:26 [0:46:27]	SMITH, Oliver		Junior Men U20	56.87%	1486	264
265	0:47:27 [0:47:16]	NATARAJAN, Mani		Vet Men 40-49	58.73%	1157	265
266	0:47:30 [0:47:14]	EMMERSON, Darren	Fairlands Valley Spartans RC	Vet Men 50-59	62.74%	510	266
267	0:47:32 [0:47:21]	STONER, Alex		Vet Men 40-49	59.92%	1524	267
268	0:47:34 [0:47:08]	BANKS, Phill		Vet Men 50-59	64.72%	73	268
269	0:47:35 [0:47:04]	HING, Benjamin	Redway Runners	Senior Men	57.34%	761	269
270	0:47:38 [0:47:28]	SOUTHGATE, Kelvin	Royston Runners	Vet Men 40-49	59.35%	1499	270
271	0:47:38 [0:47:32]	KING, Simon	Bedford Harriers AC	Vet Men 60-69	68.75%	918	271
272	0:47:39 [0:47:29]	RULTON, Claire	Bedford Harriers AC	Vet Ladies 35-44	66.05%	1382	272
273	0:47:39 [0:47:07]	COLLINGS, Jamie		Senior Men	56.60%	318	273
274	0:47:40 [0:47:10]	WALLIS, Robert	Bedford Harriers AC	Vet Men 60-69	68.08%	1645	274
275	0:47:40 [0:47:24]	PEZ, Abbie	Fairlands Valley Spartans RC	Junior Ladies U20	62.76%	1254	275
276	0:47:41 [0:47:28]	ZUJLA, Wojciech	Hitchin Running Club	Senior Men	56.83%	1764	276
277	0:47:45 [0:47:20]	WILSON, Jonathan		Senior Men	56.48%	1724	277
278	0:47:46 [0:47:20]	WILSON, Matthew		Senior Men	56.72%	1726	278
279	0:47:51 [0:46:53]	JONES, Adrian		Vet Men 40-49	59.95%	865	279
280	0:47:51 [0:47:14]	COURT, Paul	Amphill & Flitwick Flyers RC	Vet Men 40-49	60.39%	348	280
281	0:47:55 [0:47:34]	GUERIN, Giles		Senior Men	56.29%	674	281
282	0:47:57 [0:47:18]	COTTER, Jenny	Stevenage & North Herts AC	Vet Ladies 45-54	67.87%	343	282
283	0:48:03 [0:47:49]	GRANT, Spencer	St Albans Striders	Vet Men 40-49	59.71%	653	283
284	0:48:04 [0:47:26]	NEWBERRY, Emma		Senior Ladies	62.23%	1162	284
285	0:48:05 [0:47:31]	COXALL, Paul		Vet Men 40-49	59.66%	358	285
286	0:48:06 [0:47:41]	FROST, Paula	Biggleswade AC	Vet Ladies 35-44	63.34%	583	286
287	0:48:07 [0:47:57]	CROW, Stephen		Vet Men 40-49	59.19%	371	287
288	0:48:08 [0:48:01]	ATTREE, Mandy	St Albans Striders	Vet Ladies 45-54	72.73%	51	288
289	0:48:09 [0:47:42]	ROSS, Dave		Vet Men 40-49	60.02%	1369	289
290	0:48:10 [0:47:48]	HONE, Chris		Vet Men 40-49	57.45%	783	290
291	0:48:11 [0:47:47]	LAWRENCE, Ashley	Trisports	Senior Men	55.98%	953	291
292	0:48:14 [0:47:54]	SINCLAIR, Julian		Vet Men 40-49	61.31%	1457	292
293	0:48:15 [0:47:51]	HILL, Richard	Biggleswade AC	Vet Men 50-59	63.28%	757	293
294	0:48:15 [0:48:03]	LIGHTFOOT, Phil	SupremeFitness	Senior Men	56.95%	975	294
295	0:48:17 [0:48:05]	FLINT, Andrew		Vet Men 50-59	62.21%	554	295
296	0:48:17 [0:47:46]	HAWKINS, Jonathon	Shefford Runners	Vet Men 50-59	64.29%	732	296

**Provisional Results for All Competitors in finish order.**

<i>Place</i>	<i>Time [Chip]</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Age Grading</i>	<i>Race No</i>	<i>Race Place</i>
297	0:48:17 [0:48:00]	HARE, Ed	Fairlands Valley Spartans RC	Senior Men	55.86%	700	297
298	0:48:20 [0:47:43]	MIDDLETON, Lara	Amphill & Flitwick Flyers RC	Vet Ladies 35-44	61.89%	1106	298
299	0:48:21 [0:48:12]	MASSEY, Alison	St Albans Striders	Vet Ladies 35-44	63.02%	1053	299
300	0:48:22 [0:48:05]	SCOTT, David	Fairlands Valley Spartans RC	Senior Men	55.77%	1423	300
301	0:48:22 [0:47:25]	COLGAN, Emma		Vet Ladies 35-44	65.06%	315	301
302	0:48:24 [0:47:57]	RALPH, David		Senior Men	55.73%	1311	302
303	0:48:24 [0:48:17]	HEYDECKER, Deirdre	St Albans Striders	Vet Ladies 55-64	80.43%	752	303
304	0:48:26 [0:47:58]	HUDSON, Karl	Stevenage Striders	Vet Men 40-49	57.54%	811	304
305	0:48:27 [0:48:03]	ALLARDYCE, Dale		Vet Men 40-49	58.77%	13	305
306	0:48:28 [0:48:16]	LEE, Annabelle	Barnet & District AC	Senior Ladies	61.73%	962	306
307	0:48:29 [0:48:15]	WARNES, Dennis		Vet Men 60-69	73.44%	1657	307
308	0:48:30 [0:47:51]	VASS, Adam		Senior Men	55.61%	1628	308
309	0:48:32 [0:47:06]	DOWNIE, Kelsey		Senior Ladies	61.65%	459	309
310	0:48:33 [0:48:11]	SAWYER, David	Bedford Harriers AC	Junior Men U20	55.55%	1404	310
311	0:48:34 [0:48:17]	HOWLES, Russell		Senior Men	55.53%	808	311
312	0:48:38 [0:47:28]	WILKINS, Jon		Vet Men 40-49	60.34%	1703	312
313	0:48:40 [0:48:08]	DRURY, Mark		Senior Men	55.68%	468	313
314	0:48:41 [0:48:25]	WOLVAARDT, Renette	Bedford Harriers AC	Vet Ladies 45-54	71.91%	1733	314
315	0:48:42 [0:47:45]	EATON, Rob		Senior Men	55.39%	486	315
316	0:48:42 [0:47:53]	SMITH, Edwin	North Herts Road Runners	Senior Men	55.39%	1479	316
317	0:48:43 [0:47:19]	CHAPMAN, Stephen		Vet Men 40-49	60.70%	277	317
318	0:48:44 [0:48:10]	LAING, Michael		Vet Men 50-59	64.80%	941	318
319	0:48:46 [0:48:27]	BICKERDIKE, Mark	Hitchin Running Club	Vet Men 50-59	63.12%	125	319
320	0:48:48 [0:47:33]	HARRIS-DOWSETT, Damian		Vet Men 40-49	60.60%	706	320
321	0:48:48 [0:48:44]	EASTWELL, James		Junior Men U20	55.27%	484	321
322	0:48:49 [0:48:09]	BRYANT, Deb	Biggleswade AC	Vet Ladies 45-54	69.07%	196	322
323	0:48:50 [0:47:51]	SMITH, Harvey		Senior Men	55.24%	1482	323
324	0:48:51 [0:47:46]	McINTYRE, Dominick	FETCH Everyone (FERC)	Vet Men 50-59	63.02%	1078	324
325	0:48:52 [0:48:06]	WILDING, Stephen		Vet Men 40-49	59.14%	1699	325
326	0:48:52 [0:48:36]	PEZ, Tracy	Fairlands Valley Spartans RC	Vet Ladies 45-54	66.60%	1255	326
327	0:48:53 [0:48:23]	CHEFFY, Rachel		Vet Ladies 45-54	68.98%	283	327
328	0:48:54 [0:48:45]	PYE, Helen	Royston Runners	Vet Ladies 35-44	63.83%	1305	328
329	0:48:56 [0:48:23]	RANDFIELD, Tony		Vet Men 60-69	66.93%	1312	329
330	0:48:58 [0:48:19]	GILBY, Simon		Vet Men 40-49	58.16%	615	330
331	0:48:58 [0:47:34]	McPHERSON, Matthew		Senior Men	55.08%	1094	331
332	0:49:06 [0:48:13]	BALL, Steve		Vet Men 50-59	63.22%	68	332
333	0:49:08 [0:48:55]	GRAHAM, Ed		Vet Men 40-49	59.72%	648	333
334	0:49:09 [0:48:46]	GOODY, Kevin	BMC	Vet Men 60-69	66.62%	635	334
335	0:49:11 [0:48:33]	LIST, David		Vet Men 50-59	63.65%	979	335
336	0:49:12 [0:48:09]	DOHERTY, Karl		Senior Men	54.82%	450	336
337	0:49:13 [0:48:59]	BARRANCE, Tom		Vet Men 40-49	57.44%	83	337
338	0:49:13 [0:48:51]	LAWSON, Richard	Bedford Harriers AC	Vet Men 50-59	60.55%	959	338
339	0:49:15 [0:49:04]	BRAMALL, Daniel		Vet Men 40-49	57.40%	159	339
340	0:49:16 [0:49:00]	BARNE, Tony	Bedford Harriers AC	Vet Men 50-59	63.55%	79	340
341	0:49:16 [0:48:40]	LAING, Andrew		Senior Men	54.74%	939	341
342	0:49:17 [0:47:22]	GOSTELOW, Phillip	Freedom Tri	Senior Men	54.73%	642	342
343	0:49:18 [0:48:54]	DEAVES, Phil		Vet Men 60-69	65.82%	419	343
344	0:49:18 [0:48:54]	DUDLEY, Martin	Fairlands Valley Spartans RC	Vet Men 50-59	63.50%	473	344
345	0:49:22 [0:49:00]	FOLLEY, Lawrence	Bedford Harriers AC	Junior Men U20	54.63%	563	345
346	0:49:23 [0:49:10]	KINSEY, Emma	Freedom Tri	Vet Ladies 35-44	60.58%	921	346
347	0:49:23 [0:48:20]	COATES, James		Vet Men 40-49	56.03%	309	347
348	0:49:25 [0:48:29]	WILLIAMS, Tony	Wadebridge AC	Vet Men 40-49	58.05%	1715	348
349	0:49:25 [0:48:37]	LEE, Richard		Vet Men 40-49	56.00%	965	349
350	0:49:25 [0:49:11]	EVANS, Robert	Freedom Tri	Vet Men 40-49	56.39%	521	350
351	0:49:26 [0:48:38]	LEWIS, Jeremy	Amphill & Flitwick Flyers RC	Vet Men 50-59	60.29%	973	351
352	0:49:26 [0:49:14]	MARTIN, Emon	Garden City Runners	Vet Men 50-59	64.46%	1044	352
353	0:49:27 [0:49:07]	CROSS, Sue	Bedford Harriers AC	Vet Ladies 55-64	72.92%	368	353
354	0:49:31 [0:48:12]	HOWARTH, Anthony		Senior Men	54.47%	803	354
355	0:49:32 [0:49:11]	FADDEN, Chris	Bedford Harriers AC	Vet Men 50-59	63.20%	525	355
356	0:49:32 [0:49:03]	BULMER, Freddy		Senior Men	54.45%	204	356

**Provisional Results for All Competitors in finish order.**

<i>Place</i>	<i>Time [Chip]</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Age Grading</i>	<i>Race No</i>	<i>Race Place</i>
357	0:49:33 [0:48:47]	KEMP, John		Vet Men 40-49	58.77%	894	357
358	0:49:34 [0:49:14]	WORTHY, Duncan	Bedford Harriers AC	Vet Men 40-49	55.83%	1747	358
359	0:49:34 [0:48:53]	HARVEY, Neil	Biggleswade AC	Vet Men 50-59	64.88%	724	359
360	0:49:38 [0:49:13]	HULL, Nic		Vet Men 40-49	57.38%	819	360
361	0:49:39 [0:49:24]	CHARLES, Peter		Senior Men	54.58%	282	361
362	0:49:40 [0:48:44]	CLARK, Rikki		Senior Men	54.31%	297	362
363	0:49:41 [0:49:22]	ROBINSON, Steve		Vet Men 40-49	58.17%	1359	363
364	0:49:42 [0:49:23]	TARLING, Paul		Vet Men 40-49	58.15%	1555	364
365	0:49:42 [0:49:14]	BAGWELL, Richard		Senior Men	54.53%	58	365
366	0:49:45 [0:49:31]	HOLM, Ivan		Vet Men 40-49	57.25%	774	366
367	0:49:47 [0:49:26]	BALDWIN, Lucy	Bedford Harriers AC	Vet Ladies 35-44	62.19%	66	367
368	0:49:47 [0:49:23]	READ, Stewart	Stopsley Striders Jogging Club	Vet Men 40-49	58.50%	1321	368
369	0:49:47 [0:49:38]	TINKLER, Mark	Bedford Harriers AC	Vet Men 60-69	66.42%	1586	369
370	0:49:49 [0:48:33]	PROBYN, Alex		Vet Men 40-49	58.91%	1298	370
371	0:49:49 [0:49:16]	DYKE, John		Vet Men 40-49	58.90%	480	371
372	0:49:52 [0:49:03]	DEWAR, Andy		Vet Men 40-49	55.49%	437	372
373	0:49:53 [0:49:42]	BURBOROUGH, Dan		Senior Men	54.07%	208	373
374	0:49:53 [0:49:23]	WOOLCOCK, Leo		Senior Men	54.07%	1744	374
375	0:49:54 [0:49:44]	BEDWELL, Mike	Trisports	Senior Men	54.05%	101	375
376	0:49:56 [0:49:38]	BRENNAN, John		Vet Men 50-59	63.25%	165	376
377	0:49:58 [0:49:47]	HUGHES, Billy	SupremeFitness	Senior Men	53.98%	812	377
378	0:49:59 [0:49:47]	BROWN, Laurence		Vet Men 50-59	60.59%	186	378
379	0:49:59 [0:49:21]	MORLEY, Jjonathan		Senior Men	54.59%	1131	379
380	0:50:03 [0:49:50]	McALLISTER, Lauren		Senior Ladies	59.77%	1067	380
381	0:50:04 [0:49:41]	BROWN, Dawn		Vet Ladies 35-44	63.38%	180	381
382	0:50:06 [0:49:56]	LENDRUM, Kate		Vet Ladies 35-44	59.86%	968	382
383	0:50:07 [0:49:42]	GRAY, John	Trisports Letchworth	Vet Men 40-49	58.55%	656	383
384	0:50:07 [0:48:49]	ROBERTSON, Matt		Vet Men 40-49	57.24%	1351	384
385	0:50:10 [0:48:46]	McPHERSON, Jamie		Senior Men	53.77%	1093	385
386	0:50:10 [0:49:23]	MUNNS, Stephen		Vet Men 40-49	55.55%	1146	386
387	0:50:10 [0:48:50]	OSHEA, David		Vet Men 60-69	64.68%	1203	387
388	0:50:11 [0:49:52]	PERRY, Flora		Senior Ladies	59.61%	1250	388
389	0:50:12 [0:48:47]	DALY, Aidan		Senior Men	53.73%	392	389
390	0:50:12 [0:49:38]	SMITH, Dan	Trisports	Vet Men 40-49	58.45%	1476	390
391	0:50:14 [0:49:37]	FAULKNER, Stephen		Vet Men 60-69	65.19%	532	391
392	0:50:14 [0:49:16]	HART, James		Senior Men	53.69%	716	392
393	0:50:19 [0:49:22]	DAVIES, Paul		Senior Men	53.60%	404	393
394	0:50:20 [0:49:42]	DODDS, Jim	Ampthill & Flitwick Flyers RC	Vet Men 50-59	63.30%	449	394
395	0:50:24 [0:49:35]	GREEN, Lewis	Hitchin Running Club	Senior Men	53.77%	661	395
396	0:50:25 [0:49:18]	SLOAN, Tony		Vet Men 40-49	58.66%	1471	396
397	0:50:26 [0:49:22]	GOOCH, Jeremy		Vet Men 40-49	57.74%	628	397
398	0:50:35 [0:50:21]	SWIFT, Andrew		Senior Men	53.32%	1548	398
399	0:50:38 [0:49:05]	JOHNSON, Chris		Vet Men 40-49	54.65%	860	399
400	0:50:40 [0:49:22]	DOCKRAY, Beverley		Vet Ladies 45-54	63.68%	448	400
401	0:50:41 [0:50:33]	HOPKINS, Jim	St Albans Striders	Vet Men 40-49	57.46%	790	401
402	0:50:44 [0:49:50]	MELVERN, Michael		Vet Men 40-49	56.97%	1100	402
403	0:50:44 [0:50:06]	HOGAN, Paul		Vet Men 40-49	57.40%	771	403
404	0:50:47 [0:49:49]	PERRY, Alex		Senior Men	53.11%	1249	404
405	0:50:47 [0:50:07]	MONTAGUE, Ian		Vet Men 40-49	56.91%	1121	405
406	0:50:48 [0:49:14]	TOLLAFIELD, Emily		Senior Ladies	58.88%	1593	406
407	0:50:49 [0:49:45]	ROGERS, Simon		Vet Men 50-59	59.11%	1364	407
408	0:50:51 [0:50:06]	KENNEDY, Alice		Senior Ladies	58.83%	895	408
409	0:50:52 [0:50:27]	BOWDERY, Jo	Fairlands Valley Spartans RC	Senior Ladies	58.81%	153	409
410	0:50:56 [0:49:58]	CARR, Laura		Senior Ladies	58.74%	251	410
411	0:50:59 [0:50:30]	MANGELSHOT, Kimberley	Meridian Tri Club	Vet Ladies 45-54	65.55%	1025	411
412	0:51:00 [0:50:41]	GARRICK, Alex		Vet Men 50-59	60.87%	595	412
413	0:51:02 [0:50:30]	SMITH, William		Senior Men	52.85%	1490	413
414	0:51:03 [0:50:48]	YEXLEY, Keith		Vet Men 50-59	62.98%	1759	414
415	0:51:04 [0:50:22]	MILNE, Roy		Vet Men 50-59	58.82%	1115	415
416	0:51:04 [0:50:50]	LAWRENCE, Sarah		Vet Ladies 35-44	62.14%	957	416

**Provisional Results for All Competitors in finish order.**

<i>Place</i>	<i>Time [Chip]</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Age Grading</i>	<i>Race No</i>	<i>Race Place</i>
417	0:51:05 [0:50:32]	SALISBURY, Tom		Vet Men 40-49	56.16%	1395	417
418	0:51:06 [0:50:51]	BAKER, Kathryn		Vet Ladies 35-44	62.62%	60	418
419	0:51:14 [0:50:43]	BOWN, Jonathan		Vet Men 40-49	55.58%	157	419
420	0:51:15 [0:50:41]	BALDWIN, Gary	Biggleswade AC	Vet Men 50-59	61.08%	65	420
421	0:51:15 [0:50:34]	GEMMELL, Victoria		Vet Ladies 35-44	61.91%	604	421
422	0:51:17 [0:51:10]	HOOPER, Georgie	Fairlands Valley Spartans RC	Senior Ladies	58.34%	786	422
423	0:51:17 [0:50:06]	CHILLERY, Scott		Vet Men 40-49	57.67%	284	423
424	0:51:18 [0:50:12]	AXTON, Peter		Vet Men 50-59	58.54%	54	424
425	0:51:21 [0:50:40]	ADAMS, Paul		Vet Men 50-59	62.62%	4	425
426	0:51:21 [0:51:04]	ROGERS, Thomas	Garden City Runners	Vet Men 50-59	59.45%	1365	426
427	0:51:23 [0:50:21]	HOBBS, Lee	MNP	Senior Men	52.49%	766	427
428	0:51:26 [0:50:40]	SCHUMANN, Mark	Hitchin Running Club	Vet Men 40-49	53.80%	1417	428
429	0:51:26 [0:50:45]	ROSEN, Emma		Vet Ladies 35-44	58.17%	1368	429
430	0:51:29 [0:50:35]	SCLANDERS, Tom	Stevenage Striders	Senior Men	52.39%	1419	430
431	0:51:30 [0:50:37]	SCLANDERS, Emma	Stevenage Striders	Senior Ladies	58.09%	1418	431
432	0:51:30 [0:51:02]	BARCLAY, Graeme		Vet Men 50-59	58.80%	75	432
433	0:51:30 [0:50:06]	RYAN, Thomas		Junior Men U20	52.37%	1390	433
434	0:51:31 [0:50:21]	O'RIORDAN, Clair		Vet Ladies 35-44	59.15%	1199	434
435	0:51:33 [0:51:27]	BURTON, Jonathan		Vet Men 40-49	55.65%	215	435
436	0:51:34 [0:51:27]	LONDON, Marc		Vet Men 40-49	55.23%	444	436
437	0:51:34 [0:51:14]	BROWNLEE, Tom		Vet Men 50-59	61.79%	191	437
438	0:51:35 [0:51:10]	SUTTON- FISHER, Verity	Fairlands Valley Spartans RC	Senior Ladies	58.00%	1544	438
439	0:51:36 [0:51:16]	MOGRONEDA, Priscila	Hitchin Running Club	Vet Ladies 35-44	60.49%	1118	439
440	0:51:36 [0:51:02]	JUTY, Kathryn	Biggleswade AC	Vet Ladies 45-54	65.35%	881	440
441	0:51:38 [0:50:39]	HOES, Rob		Senior Men	53.22%	769	441
442	0:51:41 [0:51:21]	SANDISON, Rebecca	Hitchin Running Club	Vet Ladies 35-44	61.40%	1398	442
443	0:51:42 [0:50:30]	MALONE, Paul		Vet Men 40-49	56.33%	1023	443
444	0:51:43 [0:50:39]	CROSSLEY, Neil		Vet Men 40-49	54.27%	369	444
445	0:51:48 [0:51:35]	SCOTT, David	Barnet & District AC	Vet Men 50-59	60.44%	1424	445
446	0:51:49 [0:50:39]	MILNER, Jason	Trisports	Senior Men	53.03%	1116	446
447	0:51:57 [0:51:05]	SADLER, Lewis		Senior Men	51.92%	1391	447
448	0:51:57 [0:50:29]	BROWN, Amy		Senior Ladies	57.58%	178	448
449	0:51:58 [0:51:29]	WOOLCOCK, Steve		Vet Men 50-59	61.32%	1745	449
450	0:51:59 [0:51:47]	STANSBIE, Ant		Vet Men 50-59	60.22%	1512	450
451	0:52:00 [0:51:41]	COOKE, Tim	Garden City Runners	Vet Men 50-59	61.83%	333	451
452	0:52:00 [0:51:47]	CALLIS, Andrea		Senior Ladies	57.53%	236	452
453	0:52:01 [0:50:58]	PHILLIPS, Chris		Vet Men 60-69	63.58%	1259	453
454	0:52:02 [0:50:17]	SEWELL, Peter		Vet Men 50-59	58.20%	1436	454
455	0:52:02 [0:50:41]	WINDER, Edward		Senior Men	51.84%	1729	455
456	0:52:04 [0:51:26]	ELLIS, Mark		Vet Men 40-49	53.52%	502	456
457	0:52:04 [0:51:46]	THRELFALL, Sharon	Ware Joggers	Vet Ladies 45-54	61.97%	1579	457
458	0:52:09 [0:51:05]	DUDLEY, Becky		Vet Ladies 35-44	58.89%	471	458
459	0:52:11 [0:51:34]	CLARK, Steve		Vet Men 50-59	58.51%	299	459
460	0:52:12 [0:51:38]	CORMACK, Emma	SupremeFitness	Vet Ladies 35-44	58.37%	340	460
461	0:52:12 [0:50:27]	SLAVEN, Neil		Senior Men	51.91%	1467	461
462	0:52:13 [0:51:03]	LEGATE, Mark	Aberdare Roadies RC	Vet Men 50-59	57.07%	967	462
463	0:52:14 [0:50:55]	WALKER, Nick		Vet Men 40-49	53.74%	1640	463
464	0:52:15 [0:51:48]	CARPENTER, Richard		Vet Men 40-49	56.60%	250	464
465	0:52:15 [0:51:48]	WHITE, Charlie		Senior Men	51.62%	1688	465
466	0:52:17 [0:52:04]	PHASEY, Paul		Senior Men	51.58%	1256	466
467	0:52:19 [0:52:01]	NAICKER, Selvan	Fairlands Valley Spartans RC	Vet Men 50-59	56.96%	1154	467
468	0:52:20 [0:51:15]	TURNOCK, Andrew		Vet Men 40-49	54.82%	1614	468
469	0:52:20 [0:51:21]	CLARKE, Derek		Vet Men 50-59	60.89%	300	469
470	0:52:21 [0:51:02]	HAZZARD, Robert		Vet Men 40-49	55.63%	740	470
471	0:52:21 [0:51:52]	HAGLAND, Marc	Stevenage Striders	Vet Men 40-49	52.86%	680	471
472	0:52:21 [0:51:53]	ELLIS, Jess		Senior Ladies	57.14%	501	472
473	0:52:22 [0:51:45]	GEESON-ORSGOOD, Sarah	Biggleswade AC	Vet Ladies 35-44	60.60%	603	473
474	0:52:23 [0:51:55]	ALLARD, David		Senior Men	51.49%	10	474
475	0:52:25 [0:50:58]	WILTSHER, Colin		Senior Men	51.46%	1728	475
476	0:52:25 [0:52:08]	ROBERTSON, Karen	Bedford Harriers AC	Vet Ladies 55-64	68.80%	1350	476



**Provisional Results for All Competitors in finish order.**

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477	0:52:28 [0:51:27]	WATKINS, Chris		Senior Men	51.41%	1664	477
478	0:52:28 [0:52:07]	GRAY, Lucie		Vet Ladies 35-44	58.53%	657	478
479	0:52:28 [0:51:27]	STICKLAND, Richard	Hitchin Running Club	Vet Men 50-59	58.67%	1519	479
480	0:52:29 [0:51:36]	HOPKINS, Graham		Vet Men 50-59	57.23%	789	480
481	0:52:30 [0:52:10]	SINCLAIR, Jamie	Hitchin Running Club	Senior Men	51.38%	1456	481
482	0:52:31 [0:51:47]	BROWN, Jeff		Vet Men 40-49	55.45%	184	482
483	0:52:31 [0:51:35]	SMITH, Mike		Vet Men 40-49	52.69%	1757	483
484	0:52:32 [0:51:46]	CHAHAL, Balbir		Vet Men 50-59	56.73%	265	484
485	0:52:36 [0:52:06]	ASTILL, Charlotte		Vet Ladies 45-54	61.35%	45	485
486	0:52:37 [0:51:55]	LACY, Mark	Freedom Tri	Vet Men 40-49	54.93%	936	486
487	0:52:39 [0:51:40]	HALL, Karl		Senior Men	51.83%	683	487
488	0:52:40 [0:51:30]	DUDDY, Sally	Parkfit	Vet Ladies 45-54	63.45%	470	488
489	0:52:42 [0:51:17]	McPHERSON, Andy		Vet Men 50-59	57.46%	1092	489
490	0:52:43 [0:52:11]	SLEAT, James		Vet Men 40-49	53.24%	1469	490
491	0:52:48 [0:51:59]	OLDHAM, Derek		Vet Men 50-59	59.82%	1197	491
492	0:52:48 [0:51:29]	COWELL, Steven		Vet Men 40-49	56.00%	352	492
493	0:52:51 [0:52:09]	CURTIS, Carl		Vet Men 40-49	54.68%	381	493
494	0:52:53 [0:52:28]	RIMMER, Kevin		Vet Ladies 35-44	57.17%	1342	494
495	0:52:55 [0:51:49]	COOMBES, Phil		Vet Men 50-59	58.17%	334	495
496	0:52:55 [0:52:36]	MEHEW, Robert		Senior Men	51.20%	1099	496
497	0:53:01 [0:52:02]	DEERING, Emma	100 Marathon Club	Senior Ladies	56.42%	420	497
498	0:53:08 [0:52:39]	TAYLOR, Brian		Vet Men 50-59	58.92%	1558	498
499	0:53:15 [0:52:44]	KOPPE, Emma	Meridian Tri Club	Vet Ladies 35-44	59.10%	933	499
500	0:53:17 [0:52:40]	ARIF, Farhan	Farhan Arif	Senior Men	50.62%	37	500
501	0:53:18 [0:53:09]	CASTRO, Esperanza	Stevenage Striders	Vet Ladies 55-64	66.97%	261	501
502	0:53:18 [0:52:48]	CAMERON, Grant		Vet Men 50-59	58.74%	237	502
503	0:53:18 [0:52:37]	MILLHOUSE, Sarah		Vet Ladies 35-44	56.71%	1112	503
504	0:53:20 [0:53:04]	BUSH, Nigel	Biggleswade AC	Vet Men 70+	68.32%	216	504
505	0:53:20 [0:52:41]	POCOCK, Billy		Junior Men U20	50.57%	1277	505
506	0:53:21 [0:52:59]	IRVINE, Jackie	Bedford Harriers AC	Vet Ladies 45-54	62.63%	838	506
507	0:53:25 [0:52:50]	WILLIAMS, Annalisa	Ware Joggers	Senior Ladies	56.01%	1706	507
508	0:53:26 [0:53:00]	DENTON, Catherine	Bedford Harriers AC	Vet Ladies 35-44	57.94%	434	508
509	0:53:32 [0:51:35]	GOVIER, Ian		Vet Men 60-69	63.02%	646	509
510	0:53:33 [0:53:03]	BURROWS, Alison	Fairlands Valley Spartans RC	Vet Ladies 45-54	60.78%	211	510
511	0:53:33 [0:53:10]	JACKSON, Louisa	Bedford Harriers AC	Vet Ladies 35-44	59.26%	842	511
512	0:53:35 [0:52:16]	OSHEA, Rachel		Senior Ladies	55.83%	1204	512
513	0:53:36 [0:53:11]	FIANDER, Robin	Bedford Harriers AC	Vet Men 60-69	63.59%	538	513
514	0:53:36 [0:53:02]	GRENFELL, Joanna		Senior Ladies	55.81%	665	514
515	0:53:39 [0:52:50]	EVANS, Malcolm		Vet Men 40-49	51.94%	519	515
516	0:53:40 [0:53:16]	DAVIES, Liz	Stopsley Striders Jogging Club	Vet Ladies 55-64	66.52%	403	516
517	0:53:41 [0:53:31]	GOLDING, Anne	Dunstable RRC	Vet Ladies 55-64	70.06%	625	517
518	0:53:42 [0:53:24]	JONES, Jonathan	Fairlands Valley Spartans RC	Vet Men 50-59	57.33%	869	518
519	0:53:43 [0:53:26]	PICKERSGILL, Lee	Fairlands Valley Spartans RC	Senior Men	50.45%	1263	519
520	0:53:44 [0:53:09]	BARNETT, Luke	Bedford Run Club	Senior Men	50.20%	81	520
521	0:53:44 [0:52:45]	HART, Christopher		Vet Men 40-49	53.38%	714	521
522	0:53:45 [0:52:12]	DANDY, Martin		Senior Men	50.77%	394	522
523	0:53:45 [0:52:32]	SMITH, Julian		Vet Men 40-49	52.98%	1483	523
524	0:53:47 [0:52:19]	BRIGGS, Daniel	Fairfield Park Football Club	Senior Men	50.15%	172	524
525	0:53:48 [0:52:53]	REDMOND, Gary		Vet Men 50-59	59.77%	1326	525
526	0:53:48 [0:52:55]	HOWELL, Andy		Vet Men 40-49	54.54%	804	526
527	0:53:49 [0:53:41]	McMAHON, Kris		Vet Men 40-49	51.78%	1087	527
528	0:53:50 [0:52:18]	PILCH, Matt		Vet Men 40-49	54.10%	1268	528
529	0:53:50 [0:53:20]	RICKHUSS, Alan	Bedford Harriers AC	Vet Men 50-59	55.80%	1340	529
530	0:53:52 [0:52:30]	FORD, Anita		Vet Ladies 45-54	62.04%	565	530
531	0:53:54 [0:52:36]	WILSON, Tom	Sandy Sports Centre	Senior Men	50.63%	1727	531
532	0:53:54 [0:53:04]	BREWER, Timothy		Senior Men	50.04%	168	532
533	0:53:55 [0:53:07]	DRAPER, Dean		Vet Men 40-49	53.20%	463	533
534	0:53:56 [0:53:33]	HOLMES, Steven		Vet Men 60-69	62.55%	778	534
535	0:54:00 [0:53:20]	ROSS, Lisa		Vet Ladies 45-54	63.01%	1371	535
536	0:54:01 [0:53:14]	MARSHALL-BROWN, Anna		Vet Ladies 35-44	57.78%	1042	536

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<i>Place</i>	<i>Time [Chip]</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Age Grading</i>	<i>Race No</i>	<i>Race Place</i>
537	0:54:02 [0:53:04]	MILNE, Jonathan	St Albans Striders	Vet Men 50-59	55.15%	1114	537
538	0:54:04 [0:53:23]	TRY, Ann	Fairlands Valley Spartans RC	Vet Ladies 45-54	64.13%	1601	538
539	0:54:05 [0:53:37]	SHELLEY, Alison	Fairlands Valley Spartans RC	Vet Ladies 45-54	62.34%	1446	539
540	0:54:05 [0:53:10]	McCUSKER, Brian	Reading AC	Vet Men 50-59	56.92%	1072	540
541	0:54:08 [0:53:54]	JARVIS, Catherine		Vet Ladies 45-54	62.29%	851	541
542	0:54:08 [0:53:23]	SUFF, Louisa	Hitchin Running Club	Vet Ladies 35-44	56.29%	1538	542
543	0:54:08 [0:53:11]	BROWNE, Paul		Vet Men 40-49	52.99%	74	543
544	0:54:09 [0:53:52]	HUNT, Diane	St Albans Striders	Vet Ladies 55-64	66.59%	824	544
545	0:54:10 [0:53:04]	WOTHERSPOON, Jane		Vet Ladies 45-54	64.01%	1749	545
546	0:54:12 [0:52:47]	RYAN, Mary		Vet Men 50-59	55.87%	1388	546
547	0:54:12 [0:53:56]	PETRUS, Magdalena	St Albans Striders	Vet Ladies 35-44	55.34%	1252	547
548	0:54:12 [0:53:52]	PEPPER, Sarah		Vet Ladies 35-44	55.34%	1248	548
549	0:54:13 [0:53:49]	SNOWDEN, Craig		Senior Men	49.98%	1494	549
550	0:54:16 [0:53:07]	FOWLER, Emily		Vet Ladies 35-44	55.27%	571	550
551	0:54:17 [0:53:49]	ROSS, Paul		Vet Men 40-49	53.65%	1372	551
552	0:54:21 [0:53:59]	PARSONS, Ken	Bedford Harriers AC	Vet Men 50-59	56.18%	1225	552
553	0:54:22 [0:53:55]	CUZNER, Stuart	Stevenage Striders	Senior Men	49.84%	388	553
554	0:54:24 [0:54:01]	SUPPLE, Phil	Bedford Harriers AC	Vet Men 40-49	54.36%	1542	554
555	0:54:24 [0:53:40]	SAUNDERS, Tobin		Vet Men 40-49	50.87%	1402	555
556	0:54:27 [0:53:41]	MOORE, Richard		Vet Men 60-69	60.14%	1126	556
557	0:54:29 [0:54:10]	JONES, Yvonne	Garden City Runners	Vet Ladies 55-64	66.19%	876	557
558	0:54:29 [0:53:03]	NOBLE, Jemma		Senior Ladies	54.90%	1183	558
559	0:54:31 [0:54:14]	PARMLEY, Thomas	Garden City Runners	Senior Men	49.48%	1221	559
560	0:54:31 [0:54:14]	KENT, Shaun	Garden City Runners	Vet Men 40-49	51.49%	897	560
561	0:54:33 [0:53:44]	TIZZARD, James	Trisports Letchworth	Vet Men 40-49	52.21%	1588	561
562	0:54:35 [0:54:00]	HYDE, James	SupremeFitness	Senior Men	49.42%	834	562
563	0:54:36 [0:53:47]	PHELAN, Adrian		Vet Men 40-49	51.78%	1257	563
564	0:54:38 [0:53:49]	REID, Carol	Garden City Runners	Vet Ladies 55-64	65.33%	1335	564
565	0:54:40 [0:53:52]	CHANDARANA, Sanjay		Senior Men	49.34%	272	565
566	0:54:41 [0:54:27]	MOORE, Jenny		Senior Ladies	54.71%	1124	566
567	0:54:43 [0:53:51]	SAKR, Chirine		Senior Ladies	54.68%	1393	567
568	0:54:44 [0:53:26]	AARONSON, Mark		Vet Men 40-49	52.41%	1	568
569	0:54:45 [0:53:31]	NOTLEY, Ben		Vet Men 40-49	51.27%	1186	569
570	0:54:46 [0:53:51]	ALDRIDGE, Rachel	St Albans Striders	Vet Ladies 35-44	56.08%	7	570
571	0:54:46 [0:54:13]	BARLEY, Sarah		Vet Ladies 45-54	59.43%	78	571
572	0:54:47 [0:54:20]	DAVIES, Alex		Vet Ladies 35-44	57.44%	398	572
573	0:54:48 [0:54:32]	NICHOLAS, Esra		Vet Ladies 45-54	60.98%	1170	573
574	0:54:49 [0:54:24]	CRAWLEY, Sarah	Bedford Harriers AC	Vet Ladies 35-44	55.58%	365	574
575	0:54:51 [0:53:42]	BLAKEMORE, Carl	Shefford Runners	Senior Men	49.75%	132	575
576	0:54:51 [0:54:33]	KELWAY, Rebecca	St Albans Striders	Vet Ladies 45-54	59.85%	893	576
577	0:54:52 [0:54:12]	JACKSON, Deborah	Shefford Runners	Vet Ladies 45-54	59.84%	841	577
578	0:54:54 [0:54:26]	WALLIS, Diane	Bedford Harriers AC	Vet Ladies 55-64	67.79%	1644	578
579	0:54:55 [0:54:15]	WRIGHT, Maggie	Garden City Runners	Vet Ladies 45-54	63.14%	1751	579
580	0:54:55 [0:53:54]	CRAWFORD, Lee		Vet Men 50-59	54.27%	364	580
581	0:55:00 [0:54:40]	HUTCHINSON, Amy	Bedford Harriers AC	Senior Ladies	54.39%	833	581
582	0:55:01 [0:54:15]	CLEMENTSON, Emma		Vet Ladies 35-44	55.82%	306	582
583	0:55:01 [0:54:01]	JAY, Andy	Fairlands Valley Spartans RC	Vet Men 50-59	56.43%	852	583
584	0:55:02 [0:53:31]	CHIVERS, Colin		Vet Men 40-49	52.13%	286	584
585	0:55:02 [0:54:45]	GREEN, Linda	St Albans Striders	Vet Ladies 45-54	62.41%	662	585
586	0:55:03 [0:53:40]	CUTHBERT, Lisa		Vet Ladies 35-44	55.35%	385	586
587	0:55:04 [0:54:44]	KINSELLA, Andrew		Vet Men 60-69	60.66%	919	587
588	0:55:07 [0:53:53]	THOMPSON-TRACE, David	Stopsley Striders Jogging Club	Vet Men 50-59	58.34%	1573	588
589	0:55:07 [0:54:42]	LACY, Elsy	Bedford Harriers AC	Vet Ladies 35-44	57.56%	935	589
590	0:55:08 [0:54:33]	BUTLER, Emma		Vet Ladies 35-44	55.27%	219	590
591	0:55:10 [0:54:34]	ATKINS, Stephen Atkins	Biggleswade AC	Vet Men 60-69	61.78%	49	591
592	0:55:12 [0:54:52]	WARNES, Hannah		Senior Ladies	54.20%	1658	592
593	0:55:12 [0:53:54]	LOWISS, Michael	North Herts Road Runners	Senior Men	48.86%	997	593
594	0:55:12 [0:54:30]	WEISBERG, Elizabeth		Vet Ladies 35-44	56.54%	1678	594
595	0:55:15 [0:53:24]	RUTTER, Paul	Papworth Runners	Vet Men 40-49	50.44%	1386	595
596	0:55:16 [0:54:20]	HILL, Nicola		Vet Ladies 45-54	60.47%	756	596

**Provisional Results for All Competitors in finish order.**

Place	Time [Chip]	Name	Team	Race Age Category	Age Grading	Race No	Race Place
597	0:55:17 [0:54:54]	LITTLEFORD, Laura		Vet Ladies 35-44	55.55%	981	597
598	0:55:17 [0:54:21]	HILL, Graham		Vet Men 40-49	53.07%	754	598
599	0:55:18 [0:54:30]	THARANI, Wendy	Fairlands Valley Spartans RC	Vet Ladies 45-54	59.37%	1566	599
600	0:55:20 [0:54:22]	WILLIAMS, Karly		Vet Ladies 35-44	54.63%	1712	600
601	0:55:22 [0:54:04]	HAZZARD, Sarah		Vet Ladies 45-54	59.29%	741	601
602	0:55:26 [0:54:02]	PIKE, Stephen	Fairlands Valley Spartans RC	Vet Men 60-69	58.54%	1267	602
603	0:55:27 [0:55:07]	UPCHURCH, Helene	Thorney RC	Vet Ladies 45-54	58.19%	1622	603
604	0:55:27 [0:54:42]	LORD, Simon		Senior Men	48.64%	991	604
605	0:55:28 [0:54:43]	POWELL, Carl		Vet Men 40-49	53.32%	1290	605
606	0:55:31 [0:55:08]	DILLEY, Richard		Vet Men 40-49	53.27%	442	606
607	0:55:31 [0:54:54]	HOGAN, Elizabeth		Vet Ladies 35-44	56.22%	770	607
608	0:55:31 [0:55:10]	HOBBS, Kat		Senior Ladies	53.88%	765	608
609	0:55:36 [0:54:04]	HENDERSON, Kevin	Bedford Harriers AC	Vet Men 40-49	51.98%	744	609
610	0:55:37 [0:54:31]	WOODS, Jonathan		Vet Men 50-59	56.28%	1742	610
611	0:55:38 [0:54:17]	MATTHIAE, Naomi		Vet Ladies 35-44	55.20%	1062	611
612	0:55:40 [0:54:39]	SPAVINS, Lee James		Vet Men 40-49	51.16%	1504	612
613	0:55:42 [0:55:12]	LAWRENCE, Emma		Vet Ladies 45-54	60.54%	954	613
614	0:55:43 [0:55:00]	HALL, Anna		Vet Ladies 35-44	57.43%	681	614
615	0:55:44 [0:55:00]	HOWARD, Joe	MNP	Vet Men 40-49	49.65%	800	615
616	0:55:47 [0:55:20]	MERRIMAN, Stephen		Vet Men 60-69	58.17%	1103	616
617	0:55:48 [0:55:11]	NICHOLL, Louise		Senior Ladies	53.61%	1171	617
618	0:55:49 [0:54:45]	LLOYD, Simon		Vet Men 40-49	50.65%	985	618
619	0:55:52 [0:54:34]	PENN, Becky		Vet Ladies 35-44	53.55%	1246	619
620	0:55:52 [0:54:45]	POTTER, Lindsay		Vet Ladies 35-44	53.55%	1288	620
621	0:55:52 [0:55:29]	APPLETON, Andrew		Vet Men 50-59	54.65%	31	621
622	0:55:53 [0:54:45]	PORTER, Tom		Senior Men	48.49%	1286	622
623	0:55:55 [0:54:59]	LUGTON, Janet	New Eltham Joggers	Vet Ladies 55-64	69.62%	1000	623
624	0:55:56 [0:55:30]	GALE, Stephen	Bedford Harriers AC	Vet Men 50-59	57.49%	589	624
625	0:55:57 [0:53:59]	KING, Lucy		Junior Ladies U20	53.47%	328	625
626	0:55:59 [0:54:16]	WHITEMAN, Kieran		Senior Men	48.18%	1691	626
627	0:55:59 [0:55:27]	FORD, Naomi		Vet Ladies 35-44	54.43%	566	627
628	0:55:59 [0:55:10]	WRIGHT, Megan		Vet Ladies 35-44	53.43%	1752	628
629	0:56:00 [0:54:37]	PEARCE, Leigh-Ann		Vet Ladies 35-44	55.29%	1241	629
630	0:56:01 [0:55:20]	JONES, Sally	Biggleswade AC	Vet Ladies 35-44	57.13%	875	630
631	0:56:01 [0:55:16]	CHAPMAN, Suzanne		Senior Ladies	53.40%	278	631
632	0:56:02 [0:55:17]	MASON, Carolyne		Vet Ladies 55-64	64.35%	1049	632
633	0:56:03 [0:55:34]	STRATFORD, Shane		Senior Men	48.12%	1530	633
634	0:56:03 [0:54:43]	WOTHERSPOON, Kate		Senior Ladies	53.37%	1750	634
635	0:56:06 [0:55:50]	SOUTHAM, Tim	Bedford Harriers AC	Vet Men 40-49	50.77%	1497	635
636	0:56:06 [0:55:43]	DOUBLE, Nicky	Amphill & Flitwick Flyers RC	Vet Ladies 35-44	56.10%	458	636
637	0:56:06 [0:54:12]	DURSTON, Sarah		Vet Ladies 45-54	61.81%	478	637
638	0:56:06 [0:55:04]	ELLIOTT, Martin	Hitchin Running Club	Vet Men 50-59	53.97%	499	638
639	0:56:07 [0:54:42]	UTTERIDGE, Simon		Vet Men 50-59	55.79%	1624	639
640	0:56:07 [0:55:27]	COTTER, Matt	Freedom Tri	Vet Men 40-49	51.50%	344	640
641	0:56:08 [0:55:49]	MORGAN, Rachel	Royston Runners	Vet Ladies 45-54	57.48%	1129	641
642	0:56:08 [0:55:07]	BALLARD, Stuart		Vet Men 50-59	56.26%	69	642
643	0:56:09 [0:54:27]	DARLEY, Richard	Garden City Runners	Vet Men 50-59	54.38%	395	643
644	0:56:11 [0:54:54]	MOORE, Melanie	Lonely Goats RC	Vet Ladies 35-44	54.23%	1125	644
645	0:56:13 [0:55:13]	TURNER, Sarah	Hitchin Running Club	Vet Ladies 45-54	59.98%	1610	645
646	0:56:13 [0:55:18]	BUNTING, Katie	St Albans Striders	Vet Ladies 35-44	56.91%	206	646
647	0:56:14 [0:54:40]	BURT, Stephen		Vet Men 40-49	50.64%	214	647
648	0:56:15 [0:54:19]	GOODSPEED, Elspeth	Meridian Tri Club	Vet Ladies 55-64	64.11%	629	648
649	0:56:17 [0:55:43]	GRIMWOOD, Ian	Biggleswade AC	Vet Men 60-69	61.85%	671	649
650	0:56:17 [0:54:24]	BROWN, Garry		Vet Men 40-49	52.14%	181	650
651	0:56:21 [0:55:14]	KEEP, Eleanor		Senior Ladies	53.09%	891	651
652	0:56:23 [0:55:09]	ANDREWS, Russ	Stevenage Striders	Vet Men 50-59	56.52%	28	652
653	0:56:24 [0:54:49]	COXON, Steve		Vet Men 40-49	52.03%	359	653
654	0:56:24 [0:55:58]	RUDD, Mark		Vet Men 50-59	55.50%	1379	654
655	0:56:25 [0:56:00]	TZIMAS, Michael		Vet Men 50-59	54.11%	1621	655
656	0:56:28 [0:55:42]	SLEAT, Dan		Senior Men	47.77%	1468	656

**Provisional Results for All Competitors in finish order.**

Place	Time [Chip]	Name	Team	Race Age Category	Age Grading	Race No	Race Place
657	0:56:30 [0:55:45]	NICHOLLS, Martine		Vet Ladies 45-54	61.36%	1176	657
658	0:56:31 [0:55:46]	SIGURDARDOTTR, Vilborg Olof		Vet Ladies 35-44	56.61%	1454	658
659	0:56:32 [0:55:54]	TAYLOR, Sarah		Vet Ladies 35-44	55.21%	1563	659
660	0:56:33 [0:55:50]	MATTHEWS, Danny		Vet Men 40-49	50.73%	1060	660
661	0:56:34 [0:55:35]	TWENA, Mike		Vet Men 50-59	53.10%	1618	661
662	0:56:37 [0:55:43]	EDMONDSON-JONES, Angela	Bedford Harriers AC	Vet Ladies 55-64	62.44%	489	662
663	0:56:38 [0:56:18]	GOODWIN, Stuart	Biggleswade AC	Vet Men 40-49	49.21%	634	663
664	0:56:44 [0:55:52]	LORAINE, Howard		Vet Men 40-49	49.48%	990	664
665	0:56:45 [0:55:39]	CHANDLER, Sally		Vet Ladies 45-54	60.52%	274	665
666	0:56:46 [0:56:07]	KING, Melanie	Garden City Runners	Vet Ladies 45-54	61.67%	914	666
667	0:56:46 [0:55:27]	HAZLEHURST, Charlotte		Senior Ladies	52.70%	738	667
668	0:56:46 [0:56:21]	BOON, Dawn	Stopsley Striders Jogging Club	Vet Ladies 35-44	56.36%	146	668
669	0:56:48 [0:56:02]	CANNING, Rachel		Vet Ladies 45-54	58.84%	242	669
670	0:56:53 [0:56:02]	VAN MAURIK, Jenny		Vet Ladies 45-54	57.72%	1625	670
671	0:56:53 [0:56:07]	FINCH, Matthew		Vet Men 40-49	51.99%	545	671
672	0:56:54 [0:55:40]	MENDONCA, David	Stevenage Striders	Senior Men	47.96%	1101	672
673	0:56:54 [0:56:06]	SMITH, Chris		Vet Men 50-59	54.10%	1474	673
674	0:56:54 [0:55:49]	COOPER, Ellie		Senior Ladies	52.57%	336	674
675	0:56:56 [0:55:25]	MALINOVSKA, Gita		Vet Ladies 35-44	53.10%	1022	675
676	0:56:57 [0:56:29]	NICHOLLS, James	Fairlands Valley Spartans RC	Senior Men	47.59%	1174	676
677	0:56:58 [0:55:43]	CROTON, Louise		Senior Ladies	52.51%	370	677
678	0:57:01 [0:55:25]	COOK, Stephen	Ossie's Angels	Vet Men 40-49	51.08%	327	678
679	0:57:04 [0:56:06]	HAWKINS, Stephen	Amphill & Flitwick Flyers RC	Vet Men 50-59	56.35%	733	679
680	0:57:05 [0:55:11]	LALLY, Pippa		Vet Ladies 35-44	53.37%	943	680
681	0:57:06 [0:56:44]	FULLARD, Elaine	Bedford Harriers AC	Vet Ladies 55-64	64.48%	585	681
682	0:57:06 [0:55:09]	STOCKER, Tracey		Vet Ladies 55-64	65.87%	1522	682
683	0:57:06 [0:56:09]	PEACOCK, Robert		Senior Men	47.24%	1240	683
684	0:57:08 [0:56:46]	MARTIN, Sam		Vet Ladies 35-44	54.19%	1047	684
685	0:57:08 [0:55:10]	KING, Barry	Fairlands Valley Spartans RC	Vet Men 50-59	53.00%	909	685
686	0:57:09 [0:56:04]	GARSTIN, Simon		Vet Men 50-59	55.76%	597	686
687	0:57:11 [0:56:59]	WILLSON, Vicky		Vet Ladies 45-54	57.41%	1720	687
688	0:57:12 [0:55:43]	HOPCRAFT, Bob		Vet Men 60-69	60.85%	787	688
689	0:57:13 [0:56:27]	SLEAT, Russell		Vet Men 50-59	56.20%	1470	689
690	0:57:13 [0:56:09]	EATON, Liz	Royston Runners	Vet Ladies 35-44	54.54%	485	690
691	0:57:17 [0:55:51]	GORDON, Alan		Vet Men 40-49	50.45%	636	691
692	0:57:18 [0:55:29]	LINTON, Terry		Senior Men	47.07%	978	692
693	0:57:20 [0:56:52]	FISHER, Debi	Bedford Harriers AC	Senior Ladies	52.18%	548	693
694	0:57:22 [0:56:39]	BOAR, Graham		Senior Men	47.90%	138	694
695	0:57:23 [0:55:26]	STOCKER, Katy		Vet Ladies 35-44	52.27%	1521	695
696	0:57:23 [0:56:38]	HOWARD, Jack	MNP	Senior Men	47.01%	799	696
697	0:57:23 [0:56:00]	MORRIS, Rebecca		Vet Ladies 45-54	56.23%	1135	697
698	0:57:24 [0:56:22]	SMITH, Darren		Vet Men 40-49	48.21%	1477	698
699	0:57:24 [0:57:02]	ROBINSON, Louise		Vet Ladies 35-44	53.50%	1356	699
700	0:57:25 [0:57:03]	BRIGDEN, Sarah		Vet Ladies 35-44	53.07%	171	700
701	0:57:25 [0:56:16]	O NEIL, Carla		Vet Ladies 35-44	54.35%	1189	701
702	0:57:26 [0:56:46]	BIDEWELL, Stephen		Senior Men	47.84%	127	702
703	0:57:26 [0:56:15]	MARLOW, Emma		Senior Ladies	52.09%	1029	703
704	0:57:27 [0:56:39]	JONES, Mike	Trisports	Senior Men	47.17%	874	704
705	0:57:29 [0:56:58]	PRINCE, Chris		Vet Men 40-49	50.28%	1296	705
706	0:57:30 [0:57:17]	HOARE, Joanne		Vet Ladies 35-44	53.41%	764	706
707	0:57:31 [0:56:03]	SIMPSON, Kerry		Vet Men 50-59	55.91%	1455	707
708	0:57:31 [0:56:03]	BEAUMONT, Jason		Vet Men 50-59	52.65%	96	708
709	0:57:31 [0:56:53]	PHILLIPS, Angela		Vet Ladies 45-54	58.62%	1258	709
710	0:57:32 [0:57:28]	PIKE, Neil	Hitchin Running Club	Vet Men 50-59	52.64%	1264	710
711	0:57:33 [0:56:25]	HOWITT, David		Vet Men 60-69	60.49%	806	711
712	0:57:33 [0:56:26]	FRICKE, Joachim		Vet Men 60-69	61.87%	581	712
713	0:57:33 [0:56:39]	CLARKE, Lee		Vet Ladies 35-44	53.36%	301	713
714	0:57:34 [0:56:22]	HOLNESS-DOVE, Kristian	MNP	Senior Men	46.86%	779	714
715	0:57:34 [0:57:13]	SARNO, Lizzie	Hitchin Running Club	Vet Ladies 45-54	60.23%	1401	715

**Provisional Results for All Competitors in finish order.**

Place	Time [Chip]	Name	Team	Race Age Category	Age Grading	Race No	Race Place
716	0:57:34 [0:57:19]	GAUNT, Steve	Bedford Harriers AC	Vet Men 60-69	56.36%	602	716
717	0:57:35 [0:56:12]	ETRA, Amber		Senior Ladies	51.95%	513	717
718	0:57:36 [0:56:16]	SLATER, Dylan		Junior Men U20	46.83%	1466	718
719	0:57:38 [0:57:02]	ROBINSON, Lynda		Vet Ladies 45-54	59.60%	1357	719
720	0:57:41 [0:56:45]	GENTRY-COOPER, Alison		Vet Ladies 35-44	52.41%	606	720
721	0:57:41 [0:56:46]	THURSTAN, Amy	Hitchin Running Club	Vet Ladies 35-44	54.11%	1582	721
722	0:57:42 [0:57:30]	DE LA BERTAUCHE, Rosamond	Barnet & District AC	Vet Ladies 65+	69.98%	416	722
723	0:57:43 [0:56:31]	GRAELLS, Simonne		Vet Ladies 35-44	54.98%	647	723
724	0:57:43 [0:56:31]	CAMPBELL, Jamie		Vet Men 40-49	49.34%	239	724
725	0:57:44 [0:57:02]	BENNION, Julian		Vet Men 40-49	50.44%	114	725
726	0:57:47 [0:56:21]	THOMSON, Matthew		Senior Men	46.68%	1578	726
727	0:57:47 [0:56:29]	SISSONS, Sue		Vet Ladies 55-64	65.83%	1460	727
728	0:57:48 [0:57:03]	PUTTOCK, Joanna	St Albans Striders	Vet Ladies 55-64	61.15%	1303	728
729	0:57:50 [0:57:14]	WHITING, Helen	Bedford Harriers AC	Senior Ladies	51.73%	1693	729
730	0:57:50 [0:57:19]	IVANOSKI-NICHOL, Kirsty		Vet Ladies 35-44	53.10%	839	730
731	0:57:51 [0:57:10]	BARKER, Georgia	Biggleswade AC	Vet Ladies 45-54	56.26%	76	731
732	0:57:51 [0:57:10]	BARKER, Richard	Biggleswade AC	Vet Men 40-49	50.73%	77	732
733	0:57:51 [0:56:48]	SMITH, Richard		Vet Men 50-59	52.35%	1488	733
734	0:57:51 [0:57:16]	HEDLEY, Andrew	Biggleswade AC	Vet Men 50-59	54.11%	742	734
735	0:57:53 [0:57:22]	ROBERTS, Matthew		Vet Men 40-49	49.56%	1347	735
736	0:57:54 [0:57:11]	BOUTLE, Clare	Barnet & District AC	Vet Ladies 45-54	58.77%	151	736
737	0:57:54 [0:56:59]	STRATFORD, Benjamin		Junior Men U20	46.59%	1528	737
738	0:57:54 [0:57:06]	DAY, Jennie	Biggleswade AC	Vet Ladies 45-54	58.77%	412	738
739	0:57:56 [0:55:39]	JACKSON, Samuel		Senior Men	46.55%	843	739
740	0:57:57 [0:55:40]	JACKSON, Susan		Senior Ladies	51.62%	844	740
741	0:57:57 [0:57:16]	BERRY, Vicky	Biggleswade AC	Vet Ladies 55-64	61.60%	118	741
742	0:57:57 [0:56:38]	DEVLIN, Ian		Senior Men	47.42%	435	742
743	0:57:59 [0:57:38]	BRYSON, Susan		Vet Ladies 45-54	57.63%	1687	743
744	0:58:01 [0:56:52]	GARVEY, Paul	Barking Road Runners	Senior Men	46.49%	599	744
745	0:58:01 [0:56:42]	PHOENIX, Elise		Vet Ladies 45-54	58.12%	1262	745
746	0:58:02 [0:57:46]	PACK, Peter	Bedford Harriers AC	Vet Men 50-59	54.43%	1209	746
747	0:58:03 [0:57:00]	RUTHERFORD, William		Vet Men 50-59	55.39%	190	747
748	0:58:03 [0:57:39]	HOLMES, Emma		Vet Ladies 35-44	52.49%	776	748
749	0:58:05 [0:57:33]	COLLINS, Dean		Senior Men	46.44%	319	749
750	0:58:05 [0:57:14]	MAGEE, Claire	North East England School of Hammer	Vet Ladies 45-54	55.55%	1017	750
751	0:58:06 [0:56:59]	STREET, Adam		Senior Men	46.43%	1531	751
752	0:58:07 [0:57:22]	MANSEY, Anthony		Vet Men 60-69	57.47%	1027	752
753	0:58:12 [0:57:50]	BYWATERS, Richard		Vet Men 50-59	53.79%	228	753
754	0:58:14 [0:57:40]	MASON, Maxine	settle	Vet Ladies 45-54	58.98%	1050	754
755	0:58:14 [0:57:52]	ENRIGHT, Michael		Vet Men 50-59	52.00%	511	755
756	0:58:16 [0:56:43]	MATHIESON, Sarah		Vet Ladies 35-44	53.14%	1055	756
757	0:58:17 [0:57:10]	BURROWS, Mark		Senior Men	46.28%	212	757
758	0:58:17 [0:56:41]	BLISSETT, Jennie	St Albans Striders	Senior Ladies	51.33%	133	758
759	0:58:19 [0:58:06]	TILLEY, Hayley		Vet Ladies 45-54	56.30%	1584	759
760	0:58:21 [0:57:09]	MARLOW, Francis		Vet Men 50-59	54.13%	1030	760
761	0:58:24 [0:57:25]	REED, Julie		Vet Ladies 35-44	52.18%	1329	761
762	0:58:24 [0:57:25]	BASSETT, Janet		Vet Ladies 35-44	52.18%	88	762
763	0:58:25 [0:56:30]	ARMITAGE, Robert		Vet Men 50-59	51.84%	39	763
764	0:58:26 [0:57:14]	HAYES, Sam		Senior Men	46.38%	253	764
765	0:58:27 [0:57:52]	STANYER, Francesca		Senior Ladies	51.18%	1513	765
766	0:58:31 [0:58:18]	BETTS, Vicky		Vet Ladies 35-44	52.07%	120	766
767	0:58:31 [0:58:16]	GODING, Bradley		Senior Men	46.10%	624	767
768	0:58:33 [0:57:27]	CHANDLER, Anna		Junior Ladies U20	51.10%	273	768
769	0:58:33 [0:57:52]	ADAMS, Kate		Vet Ladies 45-54	56.07%	3	769
770	0:58:33 [0:57:38]	REDMOND, Ellis		Senior Ladies	51.09%	1325	770
771	0:58:34 [0:58:07]	BATTEN, Kerry	Bedford Harriers AC	Vet Ladies 35-44	54.64%	92	771
772	0:58:36 [0:58:00]	HUTCHESON, Chris		Vet Men 40-49	48.60%	832	772
773	0:58:36 [0:58:00]	TONKIN, Luke		Senior Men	46.03%	1595	773
774	0:58:36 [0:57:02]	TUDOR, Jayne		Vet Ladies 45-54	55.54%	1603	774

**Provisional Results for All Competitors in finish order.**

<i>Place</i>	<i>Time [Chip]</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Age Grading</i>	<i>Race No</i>	<i>Race Place</i>
775	0:58:37 [0:56:47]	STANFORD, John-Paul		Vet Men 40-49	47.88%	1510	775
776	0:58:37 [0:57:57]	LANCASTER, Shena	Garden City Runners	Vet Ladies 55-64	66.41%	947	776
777	0:58:46 [0:57:24]	LEE, Rachael		Vet Ladies 35-44	52.68%	964	777
778	0:58:46 [0:57:14]	HULATT, Jon	Bedford Harriers AC	Vet Men 40-49	47.42%	818	778
779	0:58:47 [0:57:59]	TURNER, Simon		Vet Men 50-59	51.94%	1611	779
780	0:58:47 [0:57:42]	FINCH, Eleanor		Vet Ladies 35-44	51.84%	543	780
781	0:58:47 [0:57:42]	FINCH, Ian		Vet Men 40-49	47.07%	544	781
782	0:58:50 [0:58:24]	PYECROFT, Sue	Bedford Harriers AC	Vet Ladies 45-54	54.84%	1306	782
783	0:58:51 [0:56:24]	CRANSTON, Mark		Vet Men 40-49	48.39%	361	783
784	0:58:52 [0:58:15]	WOOD, Ben		Vet Men 40-49	47.68%	1736	784
785	0:58:53 [0:57:13]	SHADBOLT, Julie	Fairlands Valley Spartans RC	Vet Ladies 45-54	58.33%	1439	785
786	0:58:54 [0:57:40]	NOTLEY, Kelly		Vet Ladies 35-44	52.99%	1187	786
787	0:58:55 [0:58:11]	SCAPLEHORN, Sheena		Vet Ladies 45-54	57.23%	1413	787
788	0:58:56 [0:58:01]	TOBIN -WYNNE, Esther	Broxbourne Runners	Vet Ladies 45-54	55.23%	1589	788
789	0:58:57 [0:58:09]	TURTON, Joanna	Fairfield Runners	Vet Ladies 35-44	52.09%	1617	789
790	0:59:02 [0:57:59]	OLIVADOTI, Francesca		Vet Ladies 35-44	50.68%	1198	790
791	0:59:03 [0:57:45]	GIANFRANCESCO, Sush		Vet Ladies 45-54	55.12%	609	791
792	0:59:03 [0:58:09]	BECKETT, Emma		Vet Ladies 35-44	52.43%	99	792
793	0:59:03 [0:57:45]	GIANFRANCESCO, Isaac		Junior Men U20	45.68%	608	793
794	0:59:05 [0:57:28]	CELIA, Andrew		Senior Men	45.65%	264	794
795	0:59:06 [0:58:25]	CALLICOTT, Emma		Senior Ladies	50.62%	234	795
796	0:59:06 [0:57:34]	PARRY, Phil		Senior Men	46.18%	1223	796
797	0:59:06 [0:58:53]	NEWMAN, Katia		Vet Ladies 35-44	53.69%	1166	797
798	0:59:07 [0:58:16]	HARRISON, Kate		Senior Ladies	50.61%	707	798
799	0:59:07 [0:58:15]	FAIRBANKS, Laura	Queen's Park Harriers	Vet Ladies 35-44	51.14%	526	799
800	0:59:08 [0:57:56]	PACKHAM, Louise		Vet Ladies 55-64	59.78%	1210	800
801	0:59:08 [0:57:59]	GARVEY, Lauren	Barking Road Runners	Senior Ladies	50.59%	598	801
802	0:59:10 [0:58:49]	BERRY, Sarah	Ware Joggers	Vet Ladies 35-44	50.70%	117	802
803	0:59:10 [0:57:51]	HARROP, Alison		Vet Ladies 45-54	58.60%	712	803
804	0:59:12 [0:58:18]	ALLAM, Becky		Vet Ladies 35-44	51.48%	9	804
805	0:59:17 [0:58:38]	MONTAGUE, Isla		Junior Ladies U20	50.46%	1122	805
806	0:59:18 [0:58:55]	KOVACS, Eva	Bedford Harriers AC	Vet Ladies 45-54	56.86%	934	806
807	0:59:19 [0:58:09]	STAMPS, Lesley	Wolverhampton & Bilston AC	Vet Ladies 45-54	55.35%	1509	807
808	0:59:20 [0:58:08]	ROBINSON, Lloyd	MNP	Senior Men	46.31%	1355	808
809	0:59:20 [0:58:09]	ROMIK, Dorota	MNP	Vet Ladies 35-44	51.76%	1366	809
810	0:59:21 [0:58:52]	HASKELL, Vicky		Vet Ladies 35-44	52.59%	727	810
811	0:59:22 [0:57:58]	CADDEN, Mr		Vet Men 40-49	49.05%	229	811
812	0:59:23 [0:59:05]	TINANT, Denise	St Albans Striders	Vet Ladies 55-64	62.00%	1585	812
813	0:59:26 [0:58:59]	PRESTON, Karen		Vet Ladies 45-54	54.77%	1293	813
814	0:59:26 [0:57:23]	KASPEROWICZ, Lisa		Vet Ladies 45-54	56.74%	884	814
815	0:59:26 [0:57:23]	KASPEROWICZ, Rosie		Junior Ladies U20	50.33%	885	815
816	0:59:26 [0:58:59]	GALE, Sara	Bedford Harriers AC	Vet Ladies 55-64	61.95%	588	816
817	0:59:27 [0:57:59]	VARNEY, Lee		Vet Men 40-49	48.61%	1627	817
818	0:59:28 [0:57:50]	COWOOD, Steve		Vet Men 50-59	51.77%	354	818
819	0:59:29 [0:58:12]	KNIGHT, Kristin		Junior Ladies U20	50.29%	931	819
820	0:59:29 [0:58:12]	KNIGHT, Howard		Vet Men 40-49	49.72%	930	820
821	0:59:30 [0:57:44]	DOBKE, Benjamin		Senior Men	45.87%	446	821
822	0:59:31 [0:57:52]	POOLE, Bill		Vet Men 40-49	47.16%	1282	822
823	0:59:32 [0:57:53]	POOLE, Alice	Fairlands Valley Spartans RC	Vet Ladies 35-44	52.86%	1281	823
824	0:59:32 [0:58:59]	QUINN, James	SupremeFitness	Senior Men	45.30%	1308	824
825	0:59:33 [0:58:10]	BENNETT, Rachel		Vet Ladies 35-44	51.16%	110	825
826	0:59:34 [0:57:47]	SMART, Gavin		Vet Men 40-49	46.79%	1472	826
827	0:59:35 [0:59:17]	JONES, Gareth		Vet Men 40-49	49.63%	867	827
828	0:59:36 [0:57:41]	GEOGHEGAN, Sarah-Jane		Vet Ladies 45-54	54.14%	607	828
829	0:59:39 [0:58:27]	ELLIOTT, Trevor		Vet Men 60-69	55.44%	500	829
830	0:59:39 [0:58:13]	PIKE, Sarah	Fairlands Valley Spartans RC	Senior Ladies	50.15%	1266	830
831	0:59:40 [0:58:57]	WARNER, Louisa		Vet Ladies 35-44	51.07%	1654	831
832	0:59:40 [0:58:10]	ROSSITER, Sam		Senior Men	45.74%	1374	832
833	0:59:40 [0:58:57]	BATES, Gareth	Fredericks	Senior Men	45.42%	90	833
834	0:59:42 [0:58:55]	SMITHSON, Monica	Fairlands Valley Spartans RC	Vet Ladies 45-54	58.64%	1491	834

**Provisional Results for All Competitors in finish order.**

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835	0:59:44 [0:58:00]	SMITH, Andy		Vet Men 50-59	52.88%	1473	835
836	0:59:44 [0:57:58]	RAFFERTY, Rosie		Vet Ladies 35-44	50.61%	1310	836
837	0:59:45 [0:57:54]	FRANCIS, Penelope		Vet Ladies 35-44	52.24%	578	837
838	0:59:45 [0:59:11]	GUY, Steve		Vet Men 50-59	50.27%	676	838
839	0:59:46 [0:58:11]	PURMESSUR, Sacha	Mighty Reds	Vet Men 40-49	49.48%	1302	839
840	0:59:46 [0:58:31]	LANCASTER, Steve		Vet Men 50-59	53.80%	948	840
841	0:59:46 [0:59:01]	STEWART-ORAM, Phillip		Vet Men 40-49	48.72%	389	841
842	0:59:47 [0:59:29]	JONES, Jane		Vet Ladies 45-54	53.98%	868	842
843	0:59:49 [0:59:20]	HASKELL, Abbie		Junior Ladies U20	50.01%	726	843
844	0:59:52 [0:58:44]	EDGLEY, Vikki	Shefford Runners	Vet Ladies 45-54	53.89%	488	844
845	0:59:53 [0:58:17]	BUCKNELL, M		Vet Men 40-49	46.87%	198	845
846	0:59:55 [0:58:39]	MURDOCH, Paul		Vet Men 40-49	48.61%	1148	846
847	0:59:58 [0:58:50]	REDGROVE, Jenny	Bedford Harriers AC	Vet Ladies 35-44	52.92%	1324	847
848	0:59:58 [0:59:25]	GRENFELL, Penelope		Vet Ladies 35-44	49.89%	666	848
849	0:59:59 [0:58:30]	NIEDBALA, Edyta		Senior Ladies	49.87%	1180	849
850	1:00:00 [0:57:58]	CATTLEY, Nathan		Vet Men 40-49	46.12%	262	850
851	1:00:02 [0:59:06]	NICHOLSON, Paulo	Lord Percy Shufflers	Vet Men 60-69	54.05%	1177	851
852	1:00:02 [0:58:01]	WAINWRIGHT, Matthew		Vet Men 40-49	46.09%	1639	852
853	1:00:03 [0:58:16]	REDDING, Chris		Vet Men 40-49	48.86%	1323	853
854	1:00:05 [0:59:09]	NEW, Laura		Senior Ladies	49.79%	1161	854
855	1:00:06 [0:59:43]	HAYWARD, Katie		Vet Ladies 35-44	51.10%	736	855
856	1:00:07 [0:58:38]	TORRES, Dagi		Senior Ladies	49.76%	1597	856
857	1:00:11 [0:58:52]	COWELL, Lucy		Vet Ladies 45-54	56.02%	351	857
858	1:00:15 [0:58:48]	WEST, Barry		Vet Men 40-49	47.27%	1680	858
859	1:00:16 [0:59:13]	JOHNSON, Laura		Vet Ladies 35-44	50.96%	861	859
860	1:00:16 [0:59:14]	EVANS, Caroline		Senior Ladies	49.64%	514	860
861	1:00:16 [0:59:45]	APPLETON, Conor		Senior Men	44.75%	33	861
862	1:00:18 [0:58:48]	MILLAR, Clive	Hitchin Running Club	Vet Men 60-69	57.73%	1108	862
863	1:00:18 [0:59:47]	APPLETON, Christopher		Senior Men	44.73%	32	863
864	1:00:20 [0:58:37]	TURTON, Christian		Vet Men 40-49	46.19%	1616	864
865	1:00:21 [0:59:18]	OXLEY, Gary	Royston Runners	Senior Men	45.53%	1207	865
866	1:00:22 [0:58:23]	CHRISTIE, Rachel		Senior Ladies	49.56%	288	866
867	1:00:22 [0:59:40]	ARNOLD, Jo		Vet Ladies 45-54	53.45%	44	867
868	1:00:23 [0:59:26]	PERRY, Steve		Vet Men 60-69	55.31%	1251	868
869	1:00:28 [0:59:59]	EVERSLEY, Karen		Vet Ladies 45-54	55.27%	524	869
870	1:00:29 [0:59:42]	WISE, Helen	Fairfield Runners	Vet Ladies 35-44	51.60%	1732	870
871	1:00:29 [0:59:18]	LANCASTER, Amy		Senior Ladies	49.46%	945	871
872	1:00:30 [0:59:14]	LANCASTER, Kay		Vet Ladies 45-54	54.74%	946	872
873	1:00:31 [0:58:25]	MILLER, Davin		Vet Men 50-59	49.63%	1110	873
874	1:00:33 [0:58:39]	ELVIN, Heather		Vet Ladies 35-44	51.98%	505	874
875	1:00:33 [0:59:24]	HICKMOTT, Sara	Shefford Runners	Vet Ladies 45-54	55.19%	753	875
876	1:00:34 [0:59:36]	HOLT, Ashley	Lord Percy Shufflers	Senior Men	44.53%	782	876
877	1:00:39 [0:59:33]	DAVIES, Helen		Vet Ladies 35-44	50.24%	402	877
878	1:00:42 [0:59:39]	SCOTT, Joanne		Vet Ladies 45-54	54.09%	1426	878
879	1:00:43 [0:59:55]	HILL, Lynn	Biggleswade AC	Vet Ladies 45-54	57.10%	755	879
880	1:00:43 [0:59:01]	ROBINSON, Karen	Bedford Harriers AC	Vet Ladies 55-64	58.21%	1352	880
881	1:00:44 [0:59:01]	ATKINSON, Karen	Garden City Runners	Vet Ladies 55-64	60.00%	50	881
882	1:00:46 [0:59:16]	LEAKE, Isobel		Vet Ladies 35-44	49.24%	961	882
883	1:00:46 [0:59:07]	DEXTER, Jordan		Senior Men	44.39%	439	883
884	1:00:48 [1:00:06]	BOAR, Chris		Vet Men 40-49	46.50%	137	884
885	1:00:51 [0:58:55]	DIXON, Simon		Senior Men	44.33%	445	885
886	1:00:53 [0:59:22]	PILCH, Natalie		Vet Ladies 45-54	53.93%	1269	886
887	1:01:01 [0:59:40]	FRENCH, Sharon		Vet Ladies 55-64	58.50%	580	887
888	1:01:02 [0:59:36]	MORRIS, Flo		Senior Ladies	49.02%	1134	888
889	1:01:05 [1:00:06]	MACGREGOR, Malcolm	Fairlands Valley Spartans RC	Vet Men 40-49	48.41%	1008	889
890	1:01:07 [0:59:55]	McCARTHY, Geraldine		Vet Ladies 55-64	58.41%	1068	890
891	1:01:07 [1:00:07]	ODDY, Susan	Royston Runners	Vet Ladies 35-44	50.65%	1191	891
892	1:01:08 [0:59:36]	HARRIS, Julie		Vet Ladies 35-44	50.64%	703	892
893	1:01:10 [0:59:55]	FINNIGAN, Holly	UKRunChat Running Club	Senior Ladies	48.91%	546	893
894	1:01:13 [0:59:41]	DAVIES, Ced		Vet Men 70+	58.83%	399	894

**Provisional Results for All Competitors in finish order.**

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895	1:01:14 [1:00:17]	TURLEY, Nikki		Vet Ladies 45-54	53.62%	1606	895
896	1:01:18 [1:00:31]	IGOE, Sarah		Vet Ladies 35-44	48.93%	837	896
897	1:01:18 [0:59:40]	TULLOCH, Jim		Vet Men 60-69	55.59%	1605	897
898	1:01:19 [1:00:23]	LEE, Jean	St Albans Striders	Vet Ladies 35-44	49.69%	963	898
899	1:01:20 [1:01:02]	SEARLE, Gemma	St Albans Striders	Vet Ladies 35-44	48.77%	1432	899
900	1:01:25 [0:59:58]	JENNINGS, Paul	Fairlands Valley Spartans RC	Vet Men 40-49	46.71%	854	900
901	1:01:29 [0:59:55]	JUDGE, Jack		Senior Men	43.87%	880	901
902	1:01:29 [1:00:53]	LAING, Jamie		Senior Men	43.87%	940	902
903	1:01:30 [1:00:07]	MARSHALL, Cat		Vet Ladies 35-44	49.93%	1039	903
904	1:01:36 [1:00:17]	SEDDON, Phil		Vet Men 50-59	49.98%	1435	904
905	1:01:36 [0:59:56]	BROWN, Jim	Fairlands Valley Spartans RC	Vet Men 60-69	56.51%	185	905
906	1:01:37 [0:59:57]	SCHENKEL, Penny	Fairlands Valley Spartans RC	Vet Ladies 45-54	54.73%	1414	906
907	1:01:37 [1:00:49]	DALEY, Jon	Fairfield Runners	Senior Men	43.77%	390	907
908	1:01:38 [0:59:58]	MORLEY, Marian	Fairlands Valley Spartans RC	Vet Ladies 45-54	56.80%	1132	908
909	1:01:40 [1:01:04]	WINN, Niamh		Vet Ladies 45-54	52.33%	1730	909
910	1:01:41 [1:00:55]	FLOOR, Rene		Vet Men 40-49	46.17%	558	910
911	1:01:42 [0:59:42]	EVANS, Ian		Vet Men 60-69	53.07%	515	911
912	1:01:43 [0:59:59]	ALEXANDER, Kerr		Senior Men	43.71%	8	912
913	1:01:44 [1:01:12]	PUTTRELL, Steve		Vet Men 60-69	53.05%	1304	913
914	1:01:48 [1:01:27]	JOHNSTON, Johanna	Hitchin Running Club	Vet Ladies 35-44	48.92%	862	914
915	1:01:54 [0:59:55]	BOWIE, Roxann	Trisports	Vet Ladies 35-44	48.46%	155	915
916	1:01:58 [1:00:23]	STRIDE, Alistair		Vet Men 40-49	45.96%	1532	916
917	1:01:58 [1:00:26]	WINTON, Alice		Senior Ladies	48.27%	1731	917
918	1:01:58 [1:00:26]	JOSEPH, Gina		Vet Ladies 45-54	55.95%	877	918
919	1:02:01 [1:00:56]	SUMMERS, Paul		Vet Men 40-49	44.62%	1540	919
920	1:02:01 [1:00:56]	GRANT, Jon		Vet Men 40-49	44.62%	651	920
921	1:02:02 [1:01:01]	GENCUROVA, Anna	Hitchin Running Club	Senior Ladies	48.23%	605	921
922	1:02:02 [1:01:01]	ECK, Katherine		Vet Ladies 35-44	51.58%	487	922
923	1:02:02 [1:00:27]	DUNGAY, Fiona		Vet Ladies 35-44	49.50%	475	923
924	1:02:03 [1:01:35]	HEWITT, Kathy	Bedford Harriers AC	Vet Ladies 55-64	58.12%	751	924
925	1:02:06 [1:00:50]	DAVIDSON, Paul		Vet Men 40-49	46.55%	397	925
926	1:02:06 [1:00:49]	PARKHOUSE, Robert		Vet Men 40-49	46.54%	1220	926
927	1:02:06 [1:00:41]	WILSHAW, Kerri		Senior Men	43.44%	1771	927
928	1:02:06 [1:00:44]	HART, Jackie	Royston Runners	Vet Ladies 45-54	55.83%	715	928
929	1:02:07 [1:00:47]	LUCAS, Grace		Vet Ladies 35-44	49.84%	998	929
930	1:02:08 [1:00:52]	FILDES, Andrew		Vet Men 40-49	46.17%	542	930
931	1:02:11 [1:00:56]	BIGGS, Deborah		Vet Ladies 35-44	51.03%	128	931
932	1:02:12 [1:00:42]	CORKREY, Larry	Bedford Harriers AC	Vet Men 70+	68.81%	339	932
933	1:02:13 [1:00:39]	YAM, Kathryn		Vet Ladies 35-44	50.58%	1756	933
934	1:02:15 [1:01:50]	LUTTERODT, Evelyn	Stopsley Striders Jogging Club	Vet Ladies 45-54	52.28%	1002	934
935	1:02:22 [1:01:26]	PEARSON, Sybil	St Albans Striders	Vet Ladies 65+	63.92%	1243	935
936	1:02:27 [1:01:10]	MILLER, Allan		Vet Men 50-59	49.30%	1109	936
937	1:02:30 [1:02:07]	OSAER, Chloe		Vet Ladies 35-44	49.14%	1200	937
938	1:02:30 [1:01:51]	SHARP, Gareth		Vet Men 40-49	45.23%	1441	938
939	1:02:31 [1:00:56]	COOK, James	Ossie's Angels	Junior Men U20	43.15%	326	939
940	1:02:33 [1:01:00]	HASWELL, Chris	Coral's Rays of Sunshine	Vet Men 50-59	47.64%	728	940
941	1:02:36 [1:01:53]	BYRNE, Jason		Vet Men 40-49	46.52%	223	941
942	1:02:37 [1:01:45]	DOWRICK, Lindsay	Fairfield Runners	Vet Ladies 45-54	52.43%	461	942
943	1:02:38 [1:00:52]	MAHER, David		Vet Men 50-59	47.58%	1019	943
944	1:02:40 [1:01:05]	COOK, Caroline	Ossie's Angels	Vet Ladies 45-54	51.49%	325	944
945	1:02:40 [1:01:43]	FOX, Janine		Vet Ladies 45-54	55.32%	574	945
946	1:02:44 [1:00:47]	SPARKHALL, Rachel		Vet Ladies 35-44	50.58%	1502	946
947	1:02:44 [1:00:47]	SPARKHALL, Clinton		Vet Men 50-59	49.90%	1501	947
948	1:02:47 [1:01:27]	KEENAN, Jacky	Bedford Harriers AC	Vet Ladies 65+	66.89%	889	948
949	1:02:50 [1:01:57]	MURTON, Eimear	Fairfield Runners	Vet Ladies 35-44	50.50%	1151	949
950	1:02:53 [1:01:24]	MATOGA, Jolanta		Senior Ladies	47.57%	1057	950
951	1:02:53 [1:01:05]	PEDERSEN, Julie		Vet Ladies 35-44	50.89%	1244	951
952	1:02:54 [1:01:15]	DEXTER, Vanessa		Vet Ladies 45-54	53.13%	440	952
953	1:02:54 [1:01:15]	DEXTER, Darrin		Vet Men 50-59	48.15%	438	953
954	1:02:58 [1:02:04]	WILSOM, Helen		Vet Ladies 45-54	52.14%	1721	954



**Provisional Results for All Competitors in finish order.**

Place	Time [Chip]	Name	Team	Race Age Category	Age Grading	Race No	Race Place
955	1:02:58 [1:02:07]	BHATIA, Nandita		Senior Ladies	47.51%	123	955
956	1:02:58 [1:01:45]	EDWARDS, Sue	St Albans Striders	Vet Ladies 45-54	52.14%	493	956
957	1:02:58 [1:02:32]	REEVE, Daniel		Vet Men 40-49	44.57%	1331	957
958	1:02:58 [1:02:32]	REEVE, Rebecca		Vet Ladies 35-44	50.39%	1332	958
959	1:03:00 [1:01:05]	ROSS, Jane		Vet Ladies 45-54	55.03%	1370	959
960	1:03:02 [1:01:38]	OLDFIELD, Kirsten		Vet Ladies 35-44	47.46%	1195	960
961	1:03:03 [1:01:39]	DUTTON, Susan		Vet Ladies 45-54	54.48%	479	961
962	1:03:03 [1:01:34]	PACHOLEK, Marzena		Senior Ladies	47.45%	1208	962
963	1:03:04 [1:02:20]	NIMMO, Vivien		Vet Ladies 55-64	56.60%	1181	963
964	1:03:04 [1:01:40]	OLDFIELD, Oliver		Senior Men	42.77%	1196	964
965	1:03:07 [1:02:05]	HARRISON, Roger		Vet Men 60-69	56.42%	710	965
966	1:03:12 [1:01:16]	SEYMOUR, Alexandra		Senior Ladies	47.34%	1437	966
967	1:03:12 [1:01:10]	TARR, Kirsty	Blackley North Manchester AC	Vet Ladies 35-44	47.83%	1557	967
968	1:03:14 [1:01:28]	CARTWRIGHT, Robert	Garden City Runners	Vet Men 60-69	52.30%	256	968
969	1:03:15 [1:02:48]	GAUNT, Lesley	Bedford Harriers AC	Vet Ladies 55-64	57.61%	601	969
970	1:03:15 [1:01:45]	FISHER, Jo		Vet Ladies 45-54	51.90%	549	970
971	1:03:17 [1:02:37]	GRIMWOOD, Juliet	Biggleswade AC	Vet Ladies 55-64	55.86%	672	971
972	1:03:18 [1:01:41]	GORDON, Caroline		Vet Ladies 35-44	48.91%	637	972
973	1:03:20 [1:01:31]	LINTON, Anika		Senior Ladies	47.23%	977	973
974	1:03:21 [1:01:22]	KILLEEN, Ruth	Trisports	Vet Ladies 35-44	49.27%	906	974
975	1:03:21 [1:02:27]	JONES, Mathew		Vet Men 40-49	44.62%	872	975
976	1:03:24 [1:02:42]	BARNETT, Graham	Barnet & District AC	Vet Men 60-69	53.22%	80	976
977	1:03:25 [1:01:45]	MACSWEENEY, Chris		Vet Men 40-49	46.27%	1013	977
978	1:03:25 [1:01:26]	ALLEN, Andrew		Vet Men 40-49	46.27%	14	978
979	1:03:26 [1:01:48]	BURROWS, Susan		Vet Ladies 65+	62.10%	213	979
980	1:03:27 [1:02:47]	BLOUNT, Greg	Freedom Tri	Vet Men 60-69	52.12%	135	980
981	1:03:29 [1:01:36]	ANDREWS, Mick	Fairlands Valley Spartans RC	Senior Men	42.49%	27	981
982	1:03:29 [1:03:16]	SMITH, Nikki		Senior Ladies	47.13%	1485	982
983	1:03:37 [1:03:06]	ROBERTS, Jack		Junior Men U20	42.40%	1346	983
984	1:03:43 [1:02:46]	TAYLOR, Julie		Vet Ladies 55-64	55.48%	1560	984
985	1:03:44 [1:01:48]	SCHUMANN, Karen		Vet Ladies 35-44	48.19%	1416	985
986	1:03:46 [1:01:43]	THARANI, Taher	Fairlands Valley Spartans RC	Vet Men 50-59	46.74%	1565	986
987	1:03:46 [1:03:31]	DONNELLY, Michelle		Vet Ladies 35-44	49.35%	456	987
988	1:03:48 [1:02:28]	SLATER, Claire		Vet Ladies 45-54	52.38%	1465	988
989	1:03:50 [1:02:50]	WARRINER, Richard		Vet Men 50-59	47.05%	1661	989
990	1:03:51 [1:03:04]	SPAVINS, Julie	Biggleswade AC	Vet Ladies 45-54	54.83%	1503	990
991	1:03:53 [1:02:44]	BELL, Emma	Biggleswade AC	Vet Ladies 45-54	51.85%	103	991
992	1:03:53 [1:02:40]	FORSTER, Nick		Senior Men	42.72%	568	992
993	1:03:55 [1:02:17]	TULLOCH, Andy	Beverley AC	Vet Men 60-69	53.86%	1604	993
994	1:03:58 [1:03:36]	McALLISTER, Debbie		Vet Ladies 45-54	54.73%	1066	994
995	1:03:58 [1:02:01]	PIROTH, Lee	Fairlands Valley Spartans RC	Senior Men	42.17%	1273	995
996	1:03:59 [1:02:14]	BARTLETT, Stephen		Senior Men	42.16%	85	996
997	1:04:01 [1:02:27]	BEAVIS, Edward		Senior Men	42.13%	97	997
998	1:04:03 [1:03:28]	FLETCHER, Katie	Bedford Harriers AC	Senior Ladies	46.70%	553	998
999	1:04:07 [1:01:58]	MARVELL, Jim	North Herts Road Runners	Vet Men 40-49	45.08%	1048	999
1000	1:04:08 [1:03:14]	PRIESTLEY, Adrian		Vet Men 50-59	47.22%	1294	1000
1001	1:04:08 [1:03:13]	PRIESTLEY, Naomi		Junior Ladies U20	46.64%	1295	1001
1002	1:04:08 [1:03:13]	STRATFORD, Sally		Vet Ladies 35-44	49.47%	1529	1002
1003	1:04:10 [1:04:01]	TANG, Joanne	St Albans Striders	Vet Ladies 45-54	51.17%	1552	1003
1004	1:04:15 [1:02:25]	BROOKES, Laura		Senior Ladies	46.56%	176	1004
1005	1:04:20 [1:03:29]	CHAN, Jacqueline	Biggleswade AC	Vet Ladies 45-54	50.16%	270	1005
1006	1:04:23 [1:02:28]	PARRY, Claire		Vet Ladies 35-44	46.95%	1222	1006
1007	1:04:24 [1:02:48]	ROBBINS, Nicola		Vet Ladies 35-44	49.69%	1344	1007
1008	1:04:28 [1:03:08]	HUMPHRIES, Sheila	Bedford Harriers AC	Vet Ladies 65+	61.83%	823	1008
1009	1:04:30 []	TOFTS, Natalie		Senior Ladies	46.38%	1590	1009
1010	1:04:32 [1:03:02]	GOODWIN, Diane	Trisports	Vet Ladies 45-54	51.33%	630	1010
1011	1:04:34 [1:03:34]	DE VOOGHT-JOHNSON, Suzanne	Royston Runners	Vet Ladies 35-44	47.19%	417	1011
1012	1:04:41 [1:02:47]	SCOTT, Laurie		Vet Men 40-49	45.37%	1429	1012
1013	1:04:43 [1:03:22]	GOSS, Kate		Vet Ladies 35-44	49.03%	641	1013

**Provisional Results for All Competitors in finish order.**

<i>Place</i>	<i>Time [Chip]</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Age Grading</i>	<i>Race No</i>	<i>Race Place</i>
1014	1:04:43 [1:04:07]	HARVEY, Lily	SupremeFitness	Senior Ladies	46.22%	722	1014
1015	1:04:44 [1:02:50]	DAY, Nik		Vet Men 40-49	44.64%	413	1015
1016	1:04:46 [1:03:11]	TAPFIELD, Martin		Senior Men	41.84%	1554	1016
1017	1:04:47 [1:03:45]	CHARLES, Joanne		Vet Ladies 55-64	54.57%	281	1017
1018	1:04:48 [1:03:17]	GRAY, Amanda		Vet Ladies 55-64	55.65%	655	1018
1019	1:04:50 [1:02:49]	CROWLEY, Sharon	Fairlands Valley Spartans RC	Vet Ladies 55-64	58.01%	372	1019
1020	1:04:55 [1:03:41]	FORSTER, Tom		Senior Men	41.55%	569	1020
1021	1:05:02 [1:03:28]	KIRK, Rebecca		Vet Ladies 35-44	47.22%	925	1021
1022	1:05:02 [1:03:29]	SAWYER, Tim	Bedford Harriers AC	Vet Men 50-59	45.82%	1406	1022
1023	1:05:03 [1:03:39]	LAGERWALL, Meggan		Senior Ladies	45.99%	937	1023
1024	1:05:03 [1:03:08]	BANBURY, David		Vet Men 60-69	49.88%	70	1024
1025	1:05:07 [1:04:01]	PARK, Magda		Vet Ladies 35-44	48.33%	1217	1025
1026	1:05:09 [1:03:30]	LENNON-CHRIMES, Sian		Vet Ladies 45-54	49.96%	971	1026
1027	1:05:09 [1:03:52]	HOWARD, Rebecca	Team Bright Hammer	Vet Ladies 35-44	46.77%	802	1027
1028	1:05:09 [1:03:52]	BOWDEN, Karen		Vet Ladies 35-44	47.52%	152	1028
1029	1:05:09 [1:05:02]	AYLOTT, Wayne	Garden City Runners	Vet Men 50-59	48.48%	55	1029
1030	1:05:10 [1:03:08]	OSMOND, Neil	Ickleford Pre School	Vet Men 40-49	44.35%	1205	1030
1031	1:05:26 [1:03:43]	ALLARD, Lucy		Vet Ladies 35-44	46.20%	12	1031
1032	1:05:29 [1:03:33]	WOOD, Linda	Trisports Letchworth	Vet Ladies 45-54	53.46%	1738	1032
1033	1:05:31 [1:04:23]	PIKE, Sarah		Vet Ladies 35-44	48.43%	1265	1033
1034	1:05:32 [1:04:01]	BHARAJ, Saab	North Herts Road Runners	Vet Men 50-59	45.83%	122	1034
1035	1:05:33 [1:03:58]	JOY, Richard	Bedford Harriers AC	Senior Men	41.34%	879	1035
1036	1:05:38 [1:04:26]	ELLIS, Sacha		Vet Ladies 35-44	48.34%	503	1036
1037	1:05:38 [1:04:27]	TOOMBS, Karl		Vet Men 40-49	45.05%	1596	1037
1038	1:05:39 [1:04:33]	MARRIOTT, Catherine	Biggleswade AC	Vet Ladies 65+	59.99%	1033	1038
1039	1:05:41 [1:04:39]	McLELLAN, Ros	Hitchin Running Club	Vet Ladies 45-54	52.29%	1084	1039
1040	1:05:48 [1:05:18]	MOORHEAD, Lucy		Vet Ladies 35-44	48.63%	1127	1040
1041	1:05:49 [1:03:51]	YOSSARIAN, Emily		Vet Ladies 35-44	47.03%	1762	1041
1042	1:05:53 [1:03:57]	ARMITAGE, Jane		Vet Ladies 55-64	55.31%	38	1042
1043	1:05:54 [1:04:32]	COUGHLAN, Emily		Senior Ladies	45.40%	345	1043
1044	1:05:55 [1:05:48]	McMAHON, Hayley		Vet Ladies 35-44	47.35%	1086	1044
1045	1:05:56 [1:04:38]	BAKER, Sarah		Vet Ladies 45-54	52.59%	62	1045
1046	1:05:57 [1:04:33]	KHERA, Gurmukh		Vet Men 60-69	51.15%	903	1046
1047	1:05:59 [1:04:37]	STENNING, Hayley		Senior Ladies	45.34%	1516	1047
1048	1:06:04 [1:04:22]	MYTHEN, Claire		Vet Ladies 45-54	48.84%	1153	1048
1049	1:06:08 [1:05:30]	SHORT, Catherine	SupremeFitness	Vet Ladies 35-44	46.44%	1450	1049
1050	1:06:12 [1:05:24]	MURTAGH, Lauren	Fairfield Runners	Senior Ladies	45.19%	1150	1050
1051	1:06:13 [1:05:46]	BASELEY, Rose		Vet Ladies 55-64	53.91%	87	1051
1052	1:06:13 [1:05:20]	BAGOT, Kathryn		Vet Ladies 35-44	46.38%	57	1052
1053	1:06:14 [1:05:15]	FLITTON, Laura		Vet Ladies 35-44	45.17%	556	1053
1054	1:06:15 [1:04:10]	CORNWALL, David	Lonely Goats RC	Vet Men 60-69	49.92%	341	1054
1055	1:06:16 [1:05:19]	TAYLOR, Nick		Vet Men 50-59	46.85%	1561	1055
1056	1:06:17 [1:04:37]	YENDELL, Hayley	Fairlands Valley Spartans RC	Vet Ladies 35-44	48.28%	1758	1056
1057	1:06:17 [1:04:38]	HAMERI, Sue	Fairlands Valley Spartans RC	Vet Ladies 35-44	48.28%	687	1057
1058	1:06:19 [1:04:35]	DEMPSTER, Emma	Garden City Runners	Vet Ladies 35-44	47.46%	426	1058
1059	1:06:20 [1:05:28]	WRIGHT, Rae-Anna		Senior Ladies	45.10%	1753	1059
1060	1:06:22 [1:04:20]	PINE, Mike		Vet Men 50-59	45.63%	1271	1060
1061	1:06:23 [1:04:11]	TAYLOR, Zoe		Senior Ladies	45.06%	1564	1061
1062	1:06:24 [1:06:17]	LONDON, Emily		Vet Ladies 35-44	47.01%	984	1062
1063	1:06:26 [1:05:34]	PETTY, Jessica		Senior Ladies	45.03%	1253	1063
1064	1:06:26 [1:04:27]	BECK, Jackie		Vet Ladies 55-64	53.73%	98	1064
1065	1:06:26 [1:05:05]	GOLDRING, Kirstin		Vet Ladies 45-54	48.99%	626	1065
1066	1:06:28 [1:04:41]	STROUD, Laura		Vet Ladies 45-54	51.67%	1535	1066
1067	1:06:31 [1:05:07]	LAGERWALL, Tessa		Vet Ladies 45-54	52.63%	938	1067
1068	1:06:32 [1:04:20]	TAYLOR, Peter		Vet Men 50-59	46.66%	1562	1068
1069	1:06:32 [1:04:52]	EMMERSON, Claire	Fairlands Valley Spartans RC	Vet Ladies 45-54	49.78%	509	1069
1070	1:06:32 [1:06:14]	PATTMAN, Nicola	Fairlands Valley Spartans RC	Vet Ladies 35-44	46.53%	1234	1070
1071	1:06:33 [1:04:54]	COWAN, Sophie	Fairlands Valley Spartans RC	Vet Ladies 35-44	46.52%	350	1071
1072	1:06:35 [1:04:27]	HENNESSY, Mike		Vet Men 40-49	43.40%	746	1072
1073	1:06:42 [1:05:33]	WARREN, Jackie	Biggleswade AC	Vet Ladies 45-54	51.49%	1660	1073

**Provisional Results for All Competitors in finish order.**

<i>Place</i>	<i>Time [Chip]</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Age Grading</i>	<i>Race No</i>	<i>Race Place</i>
1074	1:06:49 [1:05:21]	BOYSEN, Natasha		Vet Ladies 35-44	47.10%	158	1074
1075	1:06:51 [1:04:45]	CONWAY, Robert		Vet Men 50-59	47.67%	324	1075
1076	1:06:55 [1:06:22]	SUTTON, Samantha	Trisports	Vet Ladies 35-44	47.82%	1543	1076
1077	1:06:56 [1:05:40]	CHURCH, Sarah		Vet Ladies 45-54	49.05%	290	1077
1078	1:06:58 [1:05:24]	MARSHALL, Angie		Vet Ladies 35-44	45.50%	1038	1078
1079	1:06:59 [1:05:22]	BYRNE, Deirdre		Vet Ladies 45-54	51.27%	222	1079
1080	1:07:02 [1:04:59]	GRIFFITHS, Jenny		Vet Ladies 35-44	46.56%	670	1080
1081	1:07:03 [1:05:57]	CALLIGAN, Corinne	Biggleswade AC	Vet Ladies 35-44	46.55%	235	1081
1082	1:07:06 [1:06:00]	HORNBY, Joanne	Biggleswade AC	Vet Ladies 45-54	50.25%	792	1082
1083	1:07:06 [1:06:58]	WEBB, Jean	St Albans Striders	Vet Ladies 65+	58.70%	1673	1083
1084	1:07:06 [1:05:17]	EVERITT, Emma		Vet Ladies 35-44	46.13%	523	1084
1085	1:07:07 [1:05:18]	DAVIES, Elise		Vet Ladies 35-44	46.50%	401	1085
1086	1:07:11 [1:06:11]	YOUNG, Isabelle		Junior Ladies U20	44.53%	1763	1086
1087	1:07:13 [1:05:58]	SMITH, Emily		Vet Ladies 35-44	45.69%	1480	1087
1088	1:07:14 [1:05:11]	MORGAN, Denise		Vet Ladies 45-54	47.99%	1128	1088
1089	1:07:14 [1:05:58]	HOLDER, Eleanor		Vet Ladies 45-54	47.99%	772	1089
1090	1:07:15 [1:05:12]	MORRISON, Paula		Vet Ladies 45-54	49.69%	1137	1090
1091	1:07:21 [1:06:34]	CHAPMAN, Lynne		Vet Ladies 55-64	53.54%	276	1091
1092	1:07:28 [1:06:13]	ROWLEY JONES, Katie		Vet Ladies 35-44	46.26%	1377	1092
1093	1:07:31 [1:05:33]	BEDWELL, Carly	Trisports	Senior Ladies	44.31%	100	1093
1094	1:07:34 [1:05:34]	PAYNE, Rebecca		Vet Ladies 35-44	45.10%	1237	1094
1095	1:07:34 [1:06:02]	HUNTER, Susan		Vet Ladies 55-64	54.49%	827	1095
1096	1:07:37 [1:06:50]	HARRIES, Colin	Biggleswade AC	Vet Men 70+	54.58%	701	1096
1097	1:07:38 [1:06:09]	KING, Malcolm		Vet Men 70+	53.87%	913	1097
1098	1:07:39 [1:07:06]	BELLAMY, Sally		Vet Ladies 35-44	46.52%	105	1098
1099	1:07:40 [1:06:16]	SHELTON, Andie		Vet Ladies 35-44	46.89%	1447	1099
1100	1:07:47 [1:06:11]	MORRISON, Nikki		Vet Ladies 35-44	44.14%	1136	1100
1101	1:07:47 [1:06:39]	REYNOLDS, Peter		Vet Men 60-69	47.87%	1336	1101
1102	1:07:48 [1:05:49]	COATH, Melanie		Vet Ladies 35-44	46.03%	311	1102
1103	1:07:49 [1:05:50]	KIRBY, Paula		Vet Ladies 35-44	45.29%	922	1103
1104	1:07:49 [1:05:51]	WILLIAMS, Julie		Vet Ladies 35-44	44.11%	1710	1104
1105	1:07:51 [1:06:01]	GIBSON, Andrew		Vet Men 50-59	44.63%	611	1105
1106	1:07:51 [1:06:14]	SIRL, Danielle		Vet Ladies 35-44	46.77%	1459	1106
1107	1:07:51 [1:06:03]	ARMITAGE, William		Vet Men 70+	56.56%	1770	1107
1108	1:07:52 [1:07:13]	EAST, John		Junior Men U20	39.74%	483	1108
1109	1:07:52 [1:07:12]	BENNION, Ella		Junior Ladies U20	44.08%	113	1109
1110	1:07:56 [1:06:24]	McMILLAN, Amanda		Vet Ladies 45-54	47.91%	1088	1110
1111	1:07:57 [1:06:49]	SCOTT, Kate		Vet Ladies 45-54	51.52%	1428	1111
1112	1:07:58 [1:06:22]	CORNWELL, Kathryn		Vet Ladies 35-44	44.02%	342	1112
1113	1:08:00 [1:06:18]	FLYNN, Carlie		Vet Ladies 45-54	47.45%	559	1113
1114	1:08:02 [1:06:31]	SCAPLEHORN, Andy		Vet Men 50-59	43.80%	1412	1114
1115	1:08:03 [1:06:43]	WOTHERSPOON, Adam		Senior Men	39.64%	1748	1115
1116	1:08:06 [1:06:26]	CALCUTT, Natasha		Vet Ladies 35-44	44.04%	233	1116
1117	1:08:07 [1:06:45]	CHAPMAN, Ella	Royston Runners	Vet Ladies 45-54	47.37%	275	1117
1118	1:08:13 [1:06:42]	DREWETT, Louise		Vet Ladies 35-44	45.75%	466	1118
1119	1:08:21 [1:06:34]	RICHARDSON, Barry		Vet Men 40-49	40.77%	1338	1119
1120	1:08:23 [1:07:02]	ALLISON, Shelley		Vet Ladies 35-44	46.40%	16	1120
1121	1:08:28 [1:06:39]	PARGETER, Anna		Vet Ladies 35-44	45.96%	1216	1121
1122	1:08:28 [1:06:38]	SUGDEN, Alison		Vet Ladies 45-54	47.95%	1539	1122
1123	1:08:32 [1:07:22]	MACKAY, Julia	Biggleswade AC	Vet Ladies 55-64	51.57%	1009	1123
1124	1:08:34 [1:07:06]	CAMERON, Lauren		Vet Ladies 45-54	47.88%	238	1124
1125	1:08:35 [1:07:27]	WEAVER, Emma		Vet Ladies 35-44	45.14%	1672	1125
1126	1:08:38 [1:06:41]	WHEELHOUSE, Katherine	Trisports	Vet Ladies 35-44	44.40%	1685	1126
1127	1:08:43 [1:07:42]	MEEHAN, Thomas		Vet Men 40-49	41.14%	1098	1127
1128	1:08:44 [1:07:10]	COOKE, Sophie		Senior Ladies	43.53%	332	1128
1129	1:08:45 [1:07:41]	LLOYD, Abigail		Vet Ladies 35-44	43.51%	983	1129
1130	1:08:48 [1:07:52]	BARTON, Sarah		Vet Ladies 35-44	45.74%	86	1130
1131	1:08:49 [1:07:55]	DOWRICK, Tony		Vet Men 50-59	43.31%	462	1131
1132	1:08:50 [1:07:02]	McGRATH, Aidan		Vet Men 40-49	41.99%	1075	1132
1133	1:08:56 [1:08:10]	WILLIAMS, Karen		Vet Ladies 45-54	48.92%	1711	1133

**Provisional Results for All Competitors in finish order.**

Place	Time [Chip]	Name	Team	Race Age Category	Age Grading	Race No	Race Place
1134	1:08:56 [1:08:43]	VOICE, Ella		Senior Ladies	43.40%	1635	1134
1135	1:08:57 [1:07:28]	THOMSON, Christine		Vet Ladies 35-44	43.85%	1575	1135
1136	1:08:57 [1:07:28]	THOMSON, Chris		Vet Men 40-49	40.14%	1574	1136
1137	1:09:04 [1:07:09]	RUDGE, Edo		Vet Men 40-49	41.85%	1380	1137
1138	1:09:10 [1:07:14]	RIGBY, Colin		Senior Men	39.00%	1341	1138
1139	1:09:15 [1:07:19]	BUSSEY, Graeme		Vet Men 40-49	42.06%	217	1139
1140	1:09:17 [1:07:55]	THOMAS, Chrissie		Senior Ladies	43.18%	1569	1140
1141	1:09:20 [1:07:54]	CRAWFORD, Caroline		Vet Ladies 45-54	48.20%	362	1141
1142	1:09:23 [1:07:42]	BUSTARD, Gertie		Vet Ladies 35-44	44.26%	218	1142
1143	1:09:23 [1:07:42]	WARD, Lucy		Vet Ladies 35-44	43.57%	1651	1143
1144	1:09:25 [1:09:13]	GOODWIN, Richard		Vet Men 50-59	44.72%	632	1144
1145	1:09:27 [1:08:23]	GOOCH, Elizabeth		Junior Ladies U20	43.07%	627	1145
1146	1:09:30 [1:07:32]	SMITH, Claire	Trisports	Vet Ladies 35-44	46.04%	1475	1146
1147	1:09:31 [1:07:37]	BAVERSTOCK, Frances		Vet Ladies 35-44	44.18%	93	1147
1148	1:09:33 [1:08:56]	WEST, Sophie		Senior Ladies	43.01%	1682	1148
1149	1:09:36 [1:08:44]	YEXLEY, Lisa	Biggleswade AC	Vet Ladies 35-44	43.10%	1760	1149
1150	1:09:38 [1:08:45]	DAWSON, Lee		Vet Men 40-49	41.20%	409	1150
1151	1:09:38 [1:07:38]	IBBOTSON, Liz		Vet Ladies 35-44	44.10%	835	1151
1152	1:09:40 [1:08:34]	VOOGHT-ROGERS, Helen		Vet Ladies 45-54	47.13%	1636	1152
1153	1:09:43 [1:08:53]	SHEER, Emma		Vet Ladies 35-44	43.71%	1445	1153
1154	1:09:50 [1:09:33]	MARTIN, Michelle	St Albans Striders	Vet Ladies 35-44	44.69%	1046	1154
1155	1:09:51 [1:07:47]	MISTRY, Umesh		Vet Men 50-59	42.66%	1117	1155
1156	1:09:52 [1:07:51]	PORTER, Karen		Vet Ladies 45-54	48.70%	1285	1156
1157	1:09:53 [1:07:51]	DOHERTY, Stacy		Senior Ladies	42.81%	452	1157
1158	1:09:53 [1:08:19]	NEWSTEAD, Thomas		Senior Men	38.78%	1168	1158
1159	1:09:53 [1:07:51]	COATES, Jessica		Vet Ladies 35-44	43.60%	310	1159
1160	1:09:55 [1:08:05]	COOKE, Josh		Senior Men	38.58%	329	1160
1161	1:09:56 [1:08:34]	HUNTLEY, Perry		Vet Men 50-59	44.77%	830	1161
1162	1:09:57 [1:08:07]	GRAHAM, Sarah		Senior Ladies	42.77%	650	1162
1163	1:10:00 [1:08:45]	BYWATERS, Jill	Stopsley Striders Jogging Club	Vet Ladies 45-54	49.53%	227	1163
1164	1:10:01 [1:09:13]	EGAN, Kim		Vet Ladies 35-44	42.73%	494	1164
1165	1:10:02 [1:08:08]	EDWARDS, Danielle		Senior Ladies	42.72%	491	1165
1166	1:10:03 [1:09:20]	COOPER, Simon	Barnet & District AC	Vet Men 60-69	47.21%	338	1166
1167	1:10:04 [1:08:19]	PASSEY, Sarah	Hitchin Running Club	Vet Ladies 35-44	44.91%	1228	1167
1168	1:10:08 [1:08:58]	LENNON, James	MNP	Senior Men	38.64%	970	1168
1169	1:10:12 [1:08:41]	McPHEE, Bethan		Vet Ladies 45-54	47.18%	1091	1169
1170	1:10:13 [1:09:01]	NEWBY, Bernadette	St Albans Striders	Vet Ladies 45-54	48.02%	1164	1170
1171	1:10:14 [1:08:15]	BOWLES, Allan		Vet Men 40-49	41.78%	156	1171
1172	1:10:14 [1:09:48]	WOOD, Claire		Vet Ladies 35-44	44.08%	1737	1172
1173	1:10:14 [1:08:20]	DRURY, Harriet		Senior Ladies	42.59%	467	1173
1174	1:10:15 [1:08:11]	HORROCKS, Nick		Senior Men	38.39%	794	1174
1175	1:10:18 [1:09:42]	STRONG, Michelle	SupremeFitness	Vet Ladies 45-54	46.29%	1534	1175
1176	1:10:19 [1:08:41]	WILLMOTT, Joanna		Vet Ladies 45-54	46.69%	1718	1176
1177	1:10:23 [1:08:57]	VERLAECKE-WILLIAMS, Alice		Vet Ladies 35-44	42.51%	1631	1177
1178	1:10:24 [1:09:32]	HORNER, John		Vet Men 40-49	39.31%	793	1178
1179	1:10:29 [1:08:29]	HEGARTY, Robert		Vet Men 40-49	40.11%	743	1179
1180	1:10:29 [1:09:06]	SIEBERT, Roxana		Vet Ladies 35-44	43.57%	1453	1180
1181	1:10:34 [1:09:42]	GRAVES, Sophie	Fairfield Runners	Vet Ladies 35-44	43.87%	654	1181
1182	1:10:40 [1:08:39]	PHILLIPS, Sally	Fairlands Valley Spartans RC	Vet Ladies 55-64	50.02%	1261	1182
1183	1:10:41 [1:09:11]	COOPER, Sarah		Vet Ladies 45-54	47.70%	337	1183
1184	1:10:47 [1:08:49]	ASTLEY, Cathy		Senior Ladies	42.27%	46	1184
1185	1:11:04 [1:10:07]	NICHOLSON-RAY, Cydney	Lord Percy Shufflers	Senior Ladies	42.09%	1178	1185
1186	1:11:14 [1:10:17]	BLUNT, Stephanie		Vet Ladies 55-64	50.62%	136	1186
1187	1:11:24 [1:10:20]	RANKIN, Amanda	Stopsley Striders Jogging Club	Vet Ladies 45-54	48.56%	1313	1187
1188	1:11:24 [1:10:20]	EVANS, Liz	Stopsley Striders Jogging Club	Vet Ladies 55-64	50.00%	518	1188
1189	1:11:24 [1:09:47]	DOHERTY, Kathy	Shefford Runners	Vet Ladies 45-54	48.10%	451	1189
1190	1:11:25 [1:09:49]	HING, Laura	Redway Runners	Vet Ladies 35-44	42.00%	762	1190
1191	1:11:31 [1:09:11]	DAY, Peter		Senior Men	37.71%	414	1191
1192	1:11:33 [1:10:54]	THOMAS, Lisa		Vet Ladies 45-54	45.49%	1567	1192
1193	1:11:36 [1:09:42]	SKINNER, Julie		Vet Ladies 35-44	43.24%	1463	1193

**Provisional Results for All Competitors in finish order.**

<i>Place</i>	<i>Time [Chip]</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Age Grading</i>	<i>Race No</i>	<i>Race Place</i>
1194	1:11:42 [1:09:52]	LUQUE DE MENA, Tae		Vet Ladies 45-54	47.03%	1001	1194
1195	1:11:49 [1:10:03]	BOUGAS, Judith		Vet Ladies 45-54	44.93%	147	1195
1196	1:11:51 [1:10:41]	PATEL, Pratika		Vet Ladies 35-44	41.74%	1230	1196
1197	1:11:53 [1:11:09]	BUTLER-SMITH, Louise	Trailblazers	Vet Ladies 35-44	43.42%	220	1197
1198	1:11:53 [1:11:09]	DI CREDICO, Corinne	Trailblazers	Vet Ladies 45-54	45.67%	441	1198
1199	1:11:56 [1:10:23]	GOUGH, Loretta		Vet Ladies 45-54	46.05%	643	1199
1200	1:12:00 [1:10:30]	BUNYAN, James	Dunstable RRC	Vet Men 60-69	48.89%	207	1200
1201	1:12:00 [1:10:01]	DENNEHY, Caroline		Vet Ladies 45-54	44.81%	428	1201
1202	1:12:01 [1:09:57]	EVE, Mike		Vet Men 50-59	44.65%	522	1202
1203	1:12:01 [1:10:32]	SMYTH, Elaine		Senior Ladies	41.54%	1493	1203
1204	1:12:03 [1:10:26]	JEPPS, Jennie	Bedford Harriers AC	Vet Ladies 35-44	44.41%	855	1204
1205	1:12:03 [1:10:47]	CLARKE, Natasha		Vet Ladies 45-54	46.38%	302	1205
1206	1:12:05 [1:10:14]	EMERSON, Lorraine	Biggleswade AC	Vet Men 40-49	38.39%	506	1206
1207	1:12:07 [1:11:28]	FERNER, Jay		Vet Ladies 35-44	42.58%	537	1207
1208	1:12:08 [1:10:20]	VALETINE, Jason		Vet Men 50-59	41.31%	1768	1208
1209	1:12:13 [1:11:22]	HANCOCK, Rachel	Fairfield Runners	Vet Ladies 45-54	45.07%	693	1209
1210	1:12:13 [1:11:22]	MEREDITH, Vikki		Vet Ladies 35-44	43.22%	1102	1210
1211	1:12:17 [1:09:57]	CHANA, Jaswant	Bedford Harriers AC	Vet Men 60-69	49.26%	271	1211
1212	1:12:19 [1:10:23]	BROWN, Suzanne		Vet Ladies 45-54	45.01%	189	1212
1213	1:12:20 [1:10:24]	RUDGE, Karen		Vet Ladies 35-44	44.24%	1381	1213
1214	1:12:29 [1:10:53]	WATSON, Carl		Senior Men	37.21%	1666	1214
1215	1:12:34 [1:10:40]	DRURY, Rachel		Senior Ladies	41.22%	469	1215
1216	1:12:37 [1:10:39]	SLANEY, Lisa	Trisports	Vet Ladies 35-44	44.07%	1464	1216
1217	1:12:38 [1:11:28]	KERR, Dawn-Louise	MNP	Vet Ladies 35-44	43.33%	899	1217
1218	1:12:41 [1:10:47]	BANHAM, Clare		Vet Ladies 35-44	43.30%	71	1218
1219	1:12:42 [1:11:01]	BENNETT, Kathryn		Senior Ladies	41.15%	107	1219
1220	1:12:43 [1:10:52]	LEWIS, Lauren		Vet Ladies 35-44	42.23%	974	1220
1221	1:12:43 [1:10:53]	BAILEY, Katy		Vet Ladies 35-44	42.23%	59	1221
1222	1:12:47 [1:11:37]	PATEL, Dinisha	Sisters than run together...	Senior Ladies	41.10%	1229	1222
1223	1:12:49 [1:11:20]	HOPCRAFT, Victoria		Vet Ladies 35-44	42.17%	788	1223
1224	1:13:05 [1:11:07]	MUNN, Emma		Vet Ladies 35-44	42.71%	1145	1224
1225	1:13:06 [1:11:09]	NICOL, Clara		Vet Ladies 35-44	43.78%	1179	1225
1226	1:13:07 [1:11:11]	HUNT, Nathalie		Senior Ladies	40.92%	825	1226
1227	1:13:08 [1:11:13]	HART, Rachel		Vet Ladies 35-44	41.99%	718	1227
1228	1:13:15 [1:11:34]	OBRIEN, Samantha		Vet Ladies 45-54	44.05%	1190	1228
1229	1:13:15 [1:11:15]	KING, Judy	Fairlands Valley Spartans RC	Vet Ladies 55-64	50.26%	912	1229
1230	1:13:16 [1:11:16]	HATHERLY, Nicola	Fairlands Valley Spartans RC	Vet Ladies 45-54	44.04%	729	1230
1231	1:13:16 [1:12:05]	SCANLAN, Aoife		Senior Ladies	40.83%	1411	1231
1232	1:13:17 [1:12:26]	PAUTARD, Katherine		Senior Ladies	40.82%	1236	1232
1233	1:13:20 [1:11:25]	JACKSON, Thomas		Vet Men 40-49	39.71%	845	1233
1234	1:13:24 [1:12:34]	TIPLADY, Carly		Vet Ladies 35-44	40.76%	1587	1234
1235	1:13:26 [1:12:12]	MUTTER, Kate	Stopsley Striders Jogging Club	Senior Ladies	40.74%	1152	1235
1236	1:13:28 [1:12:15]	CURTIS, Julie	St Albans Striders	Vet Ladies 45-54	47.65%	382	1236
1237	1:13:30 [1:12:39]	JENKINS, Heidi		Vet Ladies 35-44	40.81%	853	1237
1238	1:13:30 [1:12:07]	MILLER, Maureen	Royston Runners	Vet Ladies 55-64	51.76%	1111	1238
1239	1:13:32 [1:11:33]	STOTEN, Joy	Trisports	Vet Ladies 45-54	46.71%	1526	1239
1240	1:13:36 [1:12:26]	STRONG, Bev	Biggleswade AC	Vet Ladies 45-54	44.61%	1533	1240
1241	1:13:43 [1:12:01]	KEANE, John	TEAM KEANE	Vet Men 60-69	47.22%	887	1241
1242	1:13:43 [1:12:53]	FARNSWORTH, Hannah		Vet Ladies 35-44	41.01%	528	1242
1243	1:13:43 [1:12:53]	WENN, Louise		Vet Ladies 35-44	41.66%	1679	1243
1244	1:14:05 [1:12:42]	KING, Sarah		Senior Ladies	40.38%	917	1244
1245	1:14:11 [1:12:10]	GLENNON, Charlotte		Senior Ladies	40.33%	622	1245
1246	1:14:20 [1:12:20]	FAUCHARD-NEWMAN, Chantal		Senior Ladies	40.25%	531	1246
1247	1:14:26 [1:13:28]	DEW, Jo		Vet Ladies 35-44	42.28%	436	1247
1248	1:14:26 [1:12:37]	CASSERLEY, Tom	Garden City Runners	Vet Men 70+	56.46%	259	1248
1249	1:14:34 [1:13:32]	WILLIAMS, Carl	Hitchin Running Club	Vet Men 40-49	37.64%	1707	1249
1250	1:14:35 [1:13:08]	GREEN, Laura		Senior Ladies	40.11%	660	1250
1251	1:14:36 [1:12:55]	CARPENTER, Peter	Fairlands Valley Spartans RC	Vet Men 70+	50.76%	249	1251
1252	1:14:44 [1:13:32]	ELLIS, Mark		Vet Men 40-49	39.57%	1085	1252

**Provisional Results for All Competitors in finish order.**

Place	Time [Chip]	Name	Team	Race Age Category	Age Grading	Race No	Race Place
1253	1:14:53 [1:13:16]	AU-YEONG, Wai Meng	St Albans Striders	Senior Ladies	39.95%	53	1253
1254	1:14:56 [1:13:29]	TYLER, Melissa		Vet Ladies 35-44	40.99%	1619	1254
1255	1:15:12 [1:13:26]	JONES, Charlotte	Garden City Runners	Vet Ladies 35-44	40.52%	866	1255
1256	1:15:20 [1:13:40]	DALUM-TILDS, Grete	Bedford Harriers AC	Vet Ladies 45-54	46.03%	391	1256
1257	1:15:21 [1:13:23]	YEXLEY, Louise		Vet Ladies 45-54	45.58%	1761	1257
1258	1:15:36 [1:15:15]	TARPEY, Kim		Vet Ladies 55-64	49.75%	1556	1258
1259	1:15:39 [1:13:51]	TOLLERVEY, Sharon		Senior Ladies	39.55%	1594	1259
1260	1:15:45 [1:14:18]	TRIPP, Mark		Vet Men 40-49	37.59%	652	1260
1261	1:15:48 [1:13:45]	SEYMOUR, Lucy		Senior Ladies	39.47%	1438	1261
1262	1:15:55 [1:15:22]	GRIER, Daniella		Senior Ladies	39.41%	668	1262
1263	1:15:57 [1:14:38]	WEIR, Chloe		Senior Ladies	39.39%	1677	1263
1264	1:15:57 [1:14:38]	WOOD, Ashley		Senior Men	35.51%	1735	1264
1265	1:15:59 [1:14:11]	WILLIAMS, Krystle		Senior Ladies	39.37%	1714	1265
1266	1:16:05 [1:14:16]	MOLLOY, Jane	Garden City Runners	Vet Ladies 55-64	50.58%	1119	1266
1267	1:16:09 [1:14:08]	DENMAN, Corinne		Senior Ladies	39.28%	427	1267
1268	1:16:09 [1:14:08]	CURL, Hollie		Senior Ladies	39.28%	378	1268
1269	1:16:09 [1:14:08]	HOPPER, Tricia	Fairlands Valley Spartans RC	Vet Ladies 45-54	45.10%	791	1269
1270	1:16:32 [1:15:24]	HALLAM STOTT, Rachel	Biggleswade AC	Vet Ladies 35-44	40.78%	684	1270
1271	1:16:33 [1:15:24]	COOKE, Julie	Biggleswade AC	Vet Ladies 35-44	40.77%	330	1271
1272	1:16:36 [1:14:37]	WICKHAMYES, Anthpny		Vet Men 60-69	46.49%	1695	1272
1273	1:16:46 [1:15:01]	DELLER, Kate		Vet Ladies 45-54	43.53%	424	1273
1274	1:16:57 [1:15:16]	HAGGERWOOD, Karen	Bedford Harriers AC	Vet Ladies 45-54	45.50%	679	1274
1275	1:17:06 [1:15:24]	LOMAS, Jennifer		Vet Ladies 35-44	39.21%	988	1275
1276	1:17:10 [1:15:35]	CLARK, Jazmine	Bedford Harriers AC	Senior Ladies	38.77%	294	1276
1277	1:17:16 [1:15:43]	APPLETON, Aiden	Farhan Arif	Senior Men	34.91%	30	1277
1278	1:17:27 [1:16:39]	WILLARD, April		Senior Ladies	38.63%	1705	1278
1279	1:17:31 [1:16:17]	HOUSE, Sara	Stopsley Striders Jogging Club	Vet Ladies 45-54	43.50%	798	1279
1280	1:17:39 [1:15:48]	ELLARY, Joanne	Biggleswade AC	Vet Ladies 35-44	40.19%	497	1280
1281	1:17:49 [1:16:33]	ELLACOTT, Rebecca		Senior Ladies	38.45%	496	1281
1282	1:17:50 [1:16:13]	WARNER, Lynsey		Senior Ladies	38.44%	1655	1282
1283	1:17:50 [1:16:13]	PATEMAN, Nina		Senior Ladies	38.43%	1231	1283
1284	1:18:07 [1:17:34]	SOUTHERINGTON, Emma	Fairlands Valley Spartans RC	Vet Ladies 35-44	40.96%	1498	1284
1285	1:18:10 [1:17:31]	SHARP, Sam		Vet Ladies 35-44	40.59%	1442	1285
1286	1:18:40 [1:17:45]	BIGGS, Roger	Fairlands Valley Spartans RC	Vet Men 70+	46.32%	129	1286
1287	1:19:16 [1:17:20]	KINSELLA, Val		Vet Ladies 45-54	44.17%	920	1287
1288	1:19:19 [1:19:05]	METCALFE, Debbiem.metcalfe@gmail.co m		Vet Ladies 45-54	42.90%	1105	1288
1289	1:19:34 [1:18:57]	HANCOCK, Heather	SupremeFitness	Vet Ladies 55-64	44.43%	692	1289
1290	1:19:43 [1:18:58]	GARDEN, Nicky	Trailblazers	Vet Ladies 45-54	41.55%	590	1290
1291	1:19:46 [1:17:58]	DRAPER, Jo		Vet Ladies 35-44	38.50%	464	1291
1292	1:19:46 [1:17:56]	ELLIS, Rachael		Vet Ladies 45-54	41.16%	193	1292
1293	1:19:46 [1:17:58]	FRISTON, Sarah		Vet Ladies 35-44	39.13%	582	1293
1294	1:19:47 [1:17:57]	MATTHEWS, Gillian	Trisports	Vet Ladies 45-54	43.88%	1061	1294
1295	1:19:47 [1:18:11]	JOY, Melanie	Bedford Harriers AC	Vet Ladies 35-44	38.49%	878	1295
1296	1:20:18 [1:18:41]	GIBSON, Carolanne	Bedford Harriers AC	Vet Ladies 55-64	44.90%	612	1296
1297	1:20:35 [1:18:50]	LUXFORD, Lisa		Vet Ladies 45-54	40.39%	1003	1297
1298	1:20:59 [1:20:38]	PHILLIPS, Natalie		Vet Ladies 35-44	37.04%	1260	1298
1299	1:21:00 [1:20:06]	HOWELL, Anna		Vet Ladies 45-54	40.89%	805	1299
1300	1:21:09 []	KHAMBHAITA, Bitsy	Fairlands Valley Spartans RC	Vet Ladies 35-44	37.85%	902	1300
1301	1:21:20 [1:19:43]	RICKETT, Rachel		Vet Ladies 45-54	40.02%	1339	1301
1302	1:21:38 [1:20:22]	BEECH, Soibhan		Vet Ladies 55-64	43.30%	102	1302
1303	1:21:44 [1:19:42]	PEACH, Hayley	Fairlands Valley Spartans RC	Vet Ladies 35-44	38.19%	1238	1303
1304	1:21:44 [1:19:42]	DURENT, Nichola	Fairlands Valley Spartans RC	Vet Ladies 35-44	38.19%	477	1304
1305	1:22:02 [1:20:21]	MASSIE, Elaine	Bedford Harriers AC	Vet Ladies 45-54	41.10%	1054	1305
1306	1:22:12 [1:20:26]	REDWOOD, Dawn	Garden City Runners	Vet Ladies 55-64	44.33%	1328	1306
1307	1:22:12 [1:20:26]	STEED, Maureen	Garden City Runners	Vet Ladies 65+	49.76%	1515	1307
1308	1:22:16 [1:20:54]	SCOTT, Catherine/cate	Barnet & District AC	Vet Ladies 55-64	47.32%	1422	1308
1309	1:22:18 [1:20:51]	THOMSON, Emily		Senior Ladies	36.35%	1576	1309
1310	1:22:19 [1:20:26]	ANDREWS, Aimee		Senior Ladies	36.34%	23	1310
1311	1:22:23 [1:21:09]	BRENNAN, Mary	Stopsley Striders Jogging Club	Vet Ladies 45-54	42.09%	166	1311

**Provisional Results for All Competitors in finish order.**

<i>Place</i>	<i>Time [Chip]</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Age Grading</i>	<i>Race No</i>	<i>Race Place</i>
1312	1:23:05 [1:22:31]	WOOTTEN, Emma	SupremeFitness	Senior Ladies	36.01%	1746	1312
1313	1:23:45 [1:21:26]	SADLER, Mark		Vet Men 50-59	38.05%	1392	1313
1314	1:24:03 [1:22:07]	VAUGHAN, Jo		Vet Ladies 45-54	38.72%	1629	1314
1315	1:24:26 [1:22:41]	GIBSON, Willow	Garden City Runners	Vet Ladies 35-44	36.09%	614	1315
1316	1:24:27 [1:22:42]	HAMMOND, Emily	Garden City Runners	Senior Ladies	35.43%	688	1316
1317	1:24:33 [1:22:48]	DOWNING, Natasha		Vet Ladies 35-44	37.53%	460	1317
1318	1:24:33 [1:22:30]	MATTHEWS, Alan		Vet Men 50-59	35.53%	1059	1318
1319	1:24:39 [1:22:54]	CONKAY, Sarah		Vet Ladies 45-54	40.57%	323	1319
1320	1:24:46 [1:22:35]	APPLETON, Mark		Vet Men 50-59	37.93%	34	1320
1321	1:24:54 [1:24:26]	WHITE, Holley		Senior Ladies	35.24%	1689	1321
1322	1:24:55 [1:24:05]	HENDERSON, Lorena	Bedford Harriers AC	Vet Ladies 45-54	39.01%	745	1322
1323	1:25:30 [1:23:59]	SMYTH, Claire	Biggleswade AC	Senior Ladies	34.99%	1492	1323
1324	1:25:41 [1:24:00]	BRISTER, Sara	Bedford Harriers AC	Vet Ladies 45-54	37.98%	173	1324
1325	1:26:33 [1:25:01]	STONER, Michelle		Vet Ladies 45-54	37.60%	1525	1325
1326	1:27:02 [1:26:28]	NIALL, Marcus	SupremeFitness	Senior Men	30.99%	1169	1326
1327	1:27:11 [1:25:11]	BYRNE, Roisin		Vet Ladies 45-54	38.68%	224	1327
1328	1:28:41 [1:26:31]	APPLETON, Patrick		Vet Men 50-59	34.43%	35	1328
1329	1:31:48 [1:29:43]	DENT, Alison	Trisports	Vet Ladies 55-64	39.28%	433	1329
1330	1:31:57 [1:29:52]	MULLEN, Juliette		Senior Ladies	32.53%	1143	1330
1331	1:32:28 [1:30:20]	STONE, Michael		Senior Men	29.17%	1523	1331
1332	1:32:46 [1:30:41]	KING, Nicola		Vet Ladies 45-54	36.02%	915	1332
1333	1:35:15 [1:33:27]	BRETT, Sam		Vet Ladies 35-44	33.60%	167	1333
1334	1:35:15 [1:33:27]	DRAY, Rob	Lakeside Lincoln RC	Vet Men 40-49	30.81%	465	1334
1335	1:37:47 [1:35:54]	HOLGATE, Paul	Fairlands Valley Spartans RC	Vet Men 60-69	33.82%	773	1335
1336	1:38:14 [1:36:09]	COX, Zoe		Vet Ladies 45-54	34.96%	357	1336

There were 1336 finishers in the All Competitors category.