

## Noth Herts Road Runners Standalone 10K 2019 10K Race

Sunday 7 October 2018. 9:30 am

<b>Provisional Results</b>	for Herts Men All in f	<u>inish order.</u>		Age	Race	Race
Place Time [Chip]	Name	Team	Race Age Category	-	No	
1 0:33:14 [0:33:13]	LEACH, Andrew	North Herts Road Runners	Vet Men 50-59	93.41%	960	1
2 0:33:32 [0:33:31]	WEBB, Thomas	North Herts Road Runners	Senior Men	80.42%	1675	2
3 0:33:56 [0:33:56]	VAUGHAN, Mark	North Herts Road Runners	Vet Men 40-49	87.14%	1630	4
4 0:34:06 [0:34:05]	GRAHAM, Peter	Bedford Harriers AC	Senior Men	79.10%	649	5
5 0:34:19 [0:34:18]	OVERTON, Stewart	North Herts Road Runners	Senior Men	79.51%	1206	6
6 0:34:25 [0:34:24]	SUNTER, Darren	North Herts Road Runners	Senior Men	79.28%	1541	7
7 0:34:32 [0:34:31]	PASK, Nathan	North Herts Road Runners	Vet Men 40-49	81.86%	1226	8
8 0:35:02 [0:35:02]	PATTERSON, Andrew	Fairlands Valley Spartans RC	Senior Men	77.89%	1232	10
9 0:35:10 [0:35:08]	SCOTT, Jonathan	St Albans Striders	Vet Men 40-49	80.98%	1427	11
10 0:35:22 []	SAYERS, Matthew	North Herts Road Runners	Vet Men 40-49	80.53%	1408	12
11 0:35:27 [0:35:26]	HUME, Neil	Garden City Runners	Vet Men 40-49	80.93%	821	13
12 0:35:34 [0:35:32]	HORTON, Alex	Barnet & District AC	Senior Men	75.84%	795	14
13 0:35:45 [0:35:43]	DAVIES, Daniel	Barnet & District AC	Senior Men	75.45%	400	15
14 0:35:51 [0:35:50]	RAYNER, John	North Herts Road Runners	Vet Men 40-49	77.18%	1318	16
15 0:35:53 [0:35:51]	DAVIES, Paul	Barnet & District AC	Senior Men	75.17%	405	17
16 0:36:29 [0:36:28]	MALES, Peter	Hitchin Running Club	Senior Men	73.93%	1021	21
17 0:37:07 [0:37:05]	EVANS, Richard	St Albans Striders	Senior Men	72.67%	520	24
18 0:37:14 [0:37:11]	WESTCOTT, Christopher	Stevenage & North Herts AC	Vet Men 40-49	78.21%	1683	25
19 0:37:26 [0:37:23]	NICHOLL, Ryan	Stevenage a North Heria Ne	Senior Men	72.06%	1173	28
20 0:37:37 [0:37:35]	PARKER, Gareth	St Albans Striders	Vet Men 40-49	74.09%	1219	30
21 0:37:39 [0:37:37]	WILLIAMS, Jon	Ware Joggers	Senior Men	71.98%	1709	31
22 0:37:40 [0:37:38]	HOBSON, Douglas	St Albans Striders	Senior Men	71.61%	767	32
23 0:37:40 [0:37:38]	WILSON, Craig	St Albans Stracts	Vet Men 40-49	77.30%	1722	33
24 0:37:53 [0:37:50]	PARSONS, James	Freedom Tri	Senior Men	72.53%	1224	34
25 0:37:54 [0:37:53]	KING, Jim	St Albans Striders	Vet Men 40-49	76.83%	911	35
		Fairlands Valley Spartans RC	Senior Men	70.61%	750	39
26 0:38:12 [0:38:11]	HEWETT, Paul	Herts Phoenix AC	Vet Men 50-59	80.54%	658	40
27 0:38:13 [0:38:11]	GREAVES, Paul	St Albans Striders	Vet Men 40-49	72.83%	1433	41
28 0:38:16 [0:38:14]	SEARLE, Tim WACKETT, Thomas	Garden City Runners	Senior Men	70.40%	1638	42
29 0:38:19 [0:38:17] 30 0:38:34 [0:38:29]		Hitchin Running Club	Vet Men 40-49	74.39%	1694	45
	WHITMORE, Kris	Fairlands Valley Spartans RC	Vet Men 40-49	72.73%	346	46
31 0:38:35 [0:38:33] 32 0:38:36 [0:38:33]	COUGHLIN, Keith	rainanus valley Spartans RC	Vet Men 40-49	72.73%	425	47
	DEMPSEY, Philip	Cardon City Puppors			495	48
33 0:38:44 [0:38:39]	ELAND, Chris	Garden City Runners	Vet Men 40 40	77.55%	258	49
34 0:38:49 [0:38:44]	CASSERLEY, Robert	Garden City Runners	Vet Men 40-49	75.01%		
35 0:38:51 [0:38:48]	AULD, Andy	St Albans Striders	Vet Men 40-49	76.12%	52	50
36 0:39:07 [0:39:04]	MARTIN, John	Hitchin Running Club	Senior Men	70.25%	1045	53
37 0:39:08 [0:39:07]	CARPENTER, Dean	Fairlands Valley Spartans RC	Vet Men 40-49	73.30%	247	54
38 0:39:10 [0:39:08]	WARREN, Gary	St Albans Striders	Vet Men 50-59	76.07%	1659	55
39 0:39:23 [0:39:20]	SMITH, Edward	D K III : AC	Junior Men U20	68.49%	1478	58
40 0:39:29 [0:39:27]	SHARMAN, David	Bedford Harriers AC	Vet Men 40-49	71.08%	1440	60
41 0:39:53 [0:39:51]	ROSSINGTON, Adam	Team Trident	Senior Men	67.63%	1373	66
42 0:40:06 [0:40:03]	ASTON, Nigel	St Albans Striders	Vet Men 50-59	76.14%	48	70
43 0:40:14 [0:40:13]	BLACKBURN, Martin	Fairlands Valley Spartans RC	Senior Men	67.03%	131	71
44 0:40:18 [0:40:12]	HARRISON, William	Queen's Park Harriers	Senior Men	66.93%	711	72
45 0:40:21 [0:40:14]	BANISTER, Michael		Vet Men 40-49	70.58%	72	75
46 0:40:32 [0:40:29]	FLITTON, Matthew		Senior Men	66.55%	557	79
47 0:40:53 [0:40:48]	RONAYNE, Matthew		Junior Men U20	65.98%	1367	82
48 0:41:07 [0:41:02]	RUSSELL, Michael	Team Trident	Vet Men 60-69	78.92%	1384	87
49 0:41:13 [0:41:03]	KAZER, David		Senior Men	66.67%	886	90
50 0:41:18 [0:41:14]	DAVIS, Richard	St Albans Striders	Vet Men 50-59	73.32%	408	91
51 0:41:24 [0:41:18]	BRYAN, Jerry	Barnet & District AC	Vet Men 50-59	77.67%	195	94
52 0:41:38 [0:41:32]	HOBSON, Peter	Hitchin Running Club	Vet Men 50-59	75.20%	768	95
53 0:42:00 [0:41:52]	WEBSTER, Richard		Senior Men	64.22%	1676	99
54 0:42:03 [0:41:57]	MAGINLEY, Errol	St Albans Striders	Vet Men 50-59	73.21%	1018	102
55 0:42:04 [0:42:00]	ACOURT, Jay	St Albans Striders	Vet Men 40-49	67.21%	2	103
56 0:42:07 [0:41:57]	PASSEY, Richard	Hitchin Running Club	Vet Men 40-49	66.64%	1227	104
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Provisional Results	<u>for Herts Men All i</u>	<u>n finish order.</u>		Age	Race	Race
Place Time [Chip]	Name	Team	Race Age Category		No	Place
57 0:42:13 [0:42:09]	CHARLES, Gareth	Freedom Tri	Vet Men 40-49	69.51%	279	105
58 0:42:14 [0:42:02]	LOGAN, Matt		Vet Men 40-49	68.43%	987	106
59 0:42:29 [0:42:22]	LOVELOCK, Darren		Vet Men 50-59	70.70%	995	108
60 0:42:31 [0:42:19]	WILCOX, Josh		Senior Men	63.43%	1697	109
61 0:42:37 [0:42:32]	HARRIS, John	Fairlands Valley Spartans RC	Vet Men 50-59	74.10%	702	110
62 0:42:43 [0:42:37]	BRAYBROOK, Colin	St Albans Striders	Vet Men 50-59	74.60%	161	112
63 0:42:48 [0:42:44]	BULL, Howard	St Albans Striders	Senior Men	63.02%	200	115
64 0:42:56 [0:42:41]	HARDY, Geoffrey		Vet Men 40-49	66.34%	699	118
65 0:43:06 [0:42:55]	KITCHENER, Neil		Vet Men 40-49	68.08%	928	122
66 0:43:07 [0:42:51]	DILLEY, Robert	Garden City Runners	Vet Men 40-49	64.18%	443	123
67 0:43:18 [0:42:51]	ALLARD, Jonny		Senior Men	62.29%	11	126
68 0:43:20 [0:43:03]	CARROD, Steve	Freedom Tri	Senior Men	62.25%	252	130
69 0:43:26 [0:43:20]	HUMPHREY, Patrick		Vet Men 40-49	66.54%	822	134
70 0:43:29 [0:43:21]	CAIRNS, Greg	Freedom tri	Vet Men 40-49	68.01%	232	137
71 0:43:30 [0:43:20]	BELLAMY, Ross		Vet Men 40-49	67.46%	104	138
72 0:43:31 [0:43:19]	CURRY, Ian	Stopsley Striders Jogging Club	Vet Men 40-49	64.96%	380	140
73 0:43:44 [0:43:39]	BROWN, Stan		Junior Men U20	61.67%	188	142
74 0:43:48 [0:43:19]	BUZZARD, Thom		Senior Men	61.58%	221	143
75 0:43:56 [0:43:40]	DELANEY, Robert		Vet Men 40-49	63.43%	423	146
76 0:44:02 [0:43:52]	DONNELLY, Adrian	Fairlands Valley Spartans RC	Vet Men 40-49	63.29%	453	147
77 0:44:05 [0:44:01]	STOTT, John	Biggleswade AC	Vet Men 50-59	67.60%	1527	150
78 0:44:14 [0:44:07]	GILL, Nick	Fairlands Valley Spartans RC	Senior Men	60.98%	619	153
79 0:44:37 [0:44:28]	IBBOTSON, Tim		Senior Men	60.45%	836	164
80 0:44:41 [0:44:23]	PEACHEY, Ben	Hitchin Running Club	Senior Men	60.37%	1239	168
81 0:44:41 [0:44:05]	NOBBS, Samuel	-	Senior Men	60.36%	1182	170
82 0:44:42 [0:44:34]	HARRISON, Mark		Vet Men 50-59	69.45%	708	172
83 0:44:46 [0:44:17]	BULL, James		Vet Men 40-49	62.70%	201	175
84 0:45:07 [0:44:40]	McNIFF, Grant		Vet Men 40-49	65.04%	1090	187
85 0:45:09 [0:45:01]	DE KORT, Paul	Oak Park RC	Vet Men 50-59	69.96%	415	188
86 0:45:14 [0:45:05]	RADFORD, Max		Vet Men 50-59	65.88%	1309	192
87 0:45:15 [0:45:06]	THOMSON, James	Newmarket Joggers	Senior Men	59.60%	1577	193
88 0:45:27 [0:45:15]	MOSS, Nik		Vet Men 60-69	75.75%	1141	196
89 0:45:29 [0:45:24]	HALLAS, Michael	Horwich RMI Harriers	Senior Men	59.30%	685	198
90 0:45:33 [0:45:04]	MORLEY, Will		Junior Men U20	59.22%	1133	201
91 0:45:41 [0:45:22]	McTAIT, Graeme	UKnetrunner	Vet Men 40-49	63.75%	1096	205
92 0:45:44 [0:45:29]	HEUER, Dean	Freedom Tri	Senior Men	58.97%	749	207
93 0:45:47 [0:45:36]	BERRY, Robin		Vet Men 40-49	61.31%	116	210
94 0:45:47 [0:45:37]	PINE, Tim	Hitchin Running Club	Vet Men 60-69	75.20%	1272	211
95 0:45:48 [0:45:32]	BENNET, John		Vet Men 60-69	70.86%	106	212
96 0:46:16 [0:45:57]	DUNN, Chitra	Harpenden Arrows	Vet Men 60-69	70.14%	476	222
97 0:46:18 [0:46:10]	NEWBY, Robin	St Albans Striders	Vet Men 40-49	63.86%	1165	225
98 0:46:27 [0:45:43]	POYNTER, Nicholas	507.1341.13 541.4461.5	Vet Men 50-59	64.66%	1291	231
99 0:46:30 [0:46:20]	CURTIS, Robert	Dunstable RRC	Vet Men 50-59	67.92%	383	234
100 0:46:42 [0:46:24]	HOUGHTON, Mark		Senior Men	57.76%	796	241
101 0:46:49 [0:45:57]	HARRISON, Richard		Senior Men	58.28%	709	247
102 0:46:53 [0:46:06]	ROYSTON, Sam		Senior Men	57.53%	1378	249
103 0:46:59 [0:46:27]	JONES, Michael		Vet Men 40-49	59.74%	873	251
104 0:47:22 [0:47:06]	SANT, Roger	St Albans Striders	Vet Men 50-59	63.41%	1399	260
105 0:47:24 [0:47:10]	GOODWIN, Mark	Fairlands Valley Spartans RC	Vet Men 60-69	69.77%	631	262
106 0:47:27 [0:47:16]	NATARAJAN, Mani	Tamanas valicy Spartans IC	Vet Men 40-49	58.73%	1157	265
107 0:47:30 [0:47:14]	EMMERSON, Darren	Fairlands Valley Spartans RC	Vet Men 50-59	62.74%	510	266
108 0:47:40 [0:47:10]	WALLIS, Robert	Bedford Harriers AC	Vet Men 60-69	68.08%	1645	274
109 0:47:46 [0:47:20]	WILSON, Matthew	Dedicia Harriers AC	Senior Men	56.72%	1726	278
110 0:47:55 [0:47:34]	GUERIN, Giles	St Albans Striders	Senior Men Vet Men 40-49	56.29% 59.71%	674 653	281 283
111 0:48:03 [0:47:49]	GRANT, Spencer	כן אוטמווט טנוועכוט				
112 0:48:05 [0:47:31]	COXALL, Paul		Vet Men 40-49	59.66%	358	285
113 0:48:10 [0:47:48]	HONE, Chris	Piggloguado AC	Vet Men 40-49	57.45%	783	290
114 0:48:15 [0:47:51]	HILL, Richard	Biggleswade AC	Vet Men 50-59	63.28%	757	293
115 0:48:22 [0:48:05]	SCOTT, David	Fairlands Valley Spartans RC	Senior Men	55.77%	1423	300
116 0:48:26 [0:47:58]	HUDSON, Karl	Stevenage Striders	Vet Men 40-49	57.54%	811	304

<sup>\*</sup> RaceMaster98 from Sport Systems +44 (0)1737 814844 www.sportsystems.co.uk \*

<u>Prov</u>	isional Results	for Herts Men All in f	finish order.		Age	Race	Race
Place	Time [Chip]	Name	Team	Race Age Category	Grading	No	Place
11	7 0:48:27 [0:48:03]	ALLARDYCE, Dale		Vet Men 40-49	58.77%	13	305
11	8 0:48:44 [0:48:10]	LAING, Michael		Vet Men 50-59	64.80%	941	318
11	9 0:48:46 [0:48:27]	BICKERDIKE, Mark	Hitchin Running Club	Vet Men 50-59	63.12%	125	319
12	0 0:48:58 [0:47:34]	McPHERSON, Matthew		Senior Men	55.08%	1094	331
12	1 0:49:15 [0:49:04]	BRAMALL, Daniel		Vet Men 40-49	57.40%	159	339
	2 0:49:16 [0:48:40]	LAING, Andrew		Senior Men	54.74%	939	341
12	3 0:49:18 [0:48:54]	DUDLEY, Martin	Fairlands Valley Spartans RC	Vet Men 50-59	63.50%	473	344
12	4 0:49:25 [0:49:11]	EVANS, Robert	Freedom Tri	Vet Men 40-49	56.39%	521	350
12	5 0:49:26 [0:49:14]	MARTIN, Emon	Garden City Runners	Vet Men 50-59	64.46%	1044	352
12	6 0:49:31 [0:48:12]	HOWARTH, Anthony		Senior Men	54.47%	803	354
12	7 0:49:38 [0:49:13]	HULL, Nic		Vet Men 40-49	57.38%	819	360
12	8 0:49:45 [0:49:31]	HOLM, Ivan		Vet Men 40-49	57.25%	774	366
12	9 0:49:49 [0:49:16]	DYKE, John		Vet Men 40-49	58.90%	480	371
13	0 0:49:52 [0:49:03]	DEWAR, Andy		Vet Men 40-49	55.49%	437	372
13	1 0:50:10 [0:48:46]	McPHERSON, Jamie		Senior Men	53.77%	1093	385
13	2 0:50:24 [0:49:35]	GREEN, Lewis	Hitchin Running Club	Senior Men	53.77%	661	395
13	3 0:50:35 [0:50:21]	SWIFT, Andrew		Senior Men	53.32%	1548	398
13	4 0:50:38 [0:49:05]	JOHNSON, Chris		Vet Men 40-49	54.65%	860	399
13	5 0:50:41 [0:50:33]	HOPKINS, Jim	St Albans Striders	Vet Men 40-49	57.46%	790	401
13	6 0:51:02 [0:50:30]	SMITH, William		Senior Men	52.85%	1490	413
13	7 0:51:04 [0:50:22]	MILNE, Roy		Vet Men 50-59	58.82%	1115	415
13	8 0:51:14 [0:50:43]	BOWN, Jonathan		Vet Men 40-49	55.58%	157	419
13	9 0:51:17 [0:50:06]	CHILLERY, Scott		Vet Men 40-49	57.67%	284	423
14	0 0:51:21 [0:51:04]	ROGERS, Thomas	Garden City Runners	Vet Men 50-59	59.45%	1365	426
14	1 0:51:29 [0:50:35]	SCLANDERS, Tom	Stevenage Striders	Senior Men	52.39%	1419	430
14	2 0:51:34 [0:51:27]	LONDON, Marc		Vet Men 40-49	55.23%	444	436
14	3 0:51:34 [0:51:14]	BROWNLEE, Tom		Vet Men 50-59	61.79%	191	437
	4 0:51:48 [0:51:35]	SCOTT, David	Barnet & District AC	Vet Men 50-59	60.44%	1424	445
	5 0:51:59 [0:51:47]	STANSBIE, Ant		Vet Men 50-59	60.22%	1512	450
	6 0:52:00 [0:51:41]	COOKE, Tim	Garden City Runners	Vet Men 50-59	61.83%	333	451
	7 0:52:01 [0:50:58]	PHILLIPS, Chris	·	Vet Men 60-69	63.58%	1259	453
	8 0:52:02 [0:50:41]	WINDER, Edward		Senior Men	51.84%	1729	455
14	9 0:52:13 [0:51:03]	LEGATE, Mark	Aberdare Roadies RC	Vet Men 50-59	57.07%	967	462
	0 0:52:15 [0:51:48]	WHITE, Charlie		Senior Men	51.62%	1688	465
	1 0:52:21 [0:51:52]	HAGLAND, Marc	Stevenage Striders	Vet Men 40-49	52.86%	680	471
	2 0:52:23 [0:51:55]	ALLARD, David	<u> </u>	Senior Men	51.49%	10	474
	3 0:52:30 [0:52:10]	SINCLAIR, Jamie	Hitchin Running Club	Senior Men	51.38%	1456	481
-	4 0:52:42 [0:51:17]	McPHERSON, Andy		Vet Men 50-59	57.46%	1092	489
_	5 0:52:43 [0:52:11]	SLEAT, James		Vet Men 40-49	53.24%	1469	490
	6 0:53:08 [0:52:39]	TAYLOR, Brian		Vet Men 50-59	58.92%	1558	498
-	7 0:53:20 [0:53:04]	BUSH, Nigel	Biggleswade AC	Vet Men 70+	68.32%	216	504
_	8 0:53:39 [0:52:50]	EVANS, Malcolm	33	Vet Men 40-49	51.94%	519	515
_	9 0:53:42 [0:53:24]	JONES, Jonathan	Fairlands Valley Spartans RC	Vet Men 50-59	57.33%	869	518
	0 0:53:43 [0:53:26]	PICKERSGILL, Lee	Fairlands Valley Spartans RC	Senior Men	50.45%	1263	519
	1 0:54:02 [0:53:04]	MILNE, Jonathan	St Albans Striders	Vet Men 50-59	55.15%	1114	537
	2 0:54:31 [0:54:14]	KENT, Shaun	Garden City Runners	Vet Men 40-49	51.49%	897	560
-	3 0:54:33 [0:53:44]	TIZZARD, James	Trisports Letchworth	Vet Men 40-49	52.21%	1588	561
	4 0:54:55 [0:53:54]	CRAWFORD, Lee	opo.to zotoo.t.	Vet Men 50-59	54.27%	364	580
	5 0:55:01 [0:54:01]	JAY, Andy	Fairlands Valley Spartans RC	Vet Men 50-59	56.43%	852	583
	6 0:55:26 [0:54:02]	PIKE, Stephen	Fairlands Valley Spartans RC	Vet Men 60-69	58.54%	1267	602
	7 0:55:27 [0:54:42]	LORD, Simon	Tunianas valley spartans ite	Senior Men	48.64%	991	604
	8 0:55:40 [0:54:39]	SPAVINS, Lee James		Vet Men 40-49	51.16%	1504	612
	9 0:56:03 [0:55:34]	STRATFORD, Shane		Senior Men	48.12%	1530	633
	0 0:56:07 [0:54:42]	UTTERIDGE, Simon		Vet Men 50-59	55.79%	1624	639
			Garden City Runners		54.38%	395	643
	1 0:56:09 [0:54:27]	DARLEY, Richard	·	Vet Men 50-59			
	2 0:56:54 [0:55:40]	MENDONCA, David	Stevenage Striders	Senior Men	47.96%	1101	672
	3 0:57:01 [0:55:25]	COOK, Stephen	Ossie's Angels	Vet Men 40-49	51.08%	327	678
	4 0:57:08 [0:55:10]	KING, Barry	Fairlands Valley Spartans RC	Vet Men 50-59	53.00%	909	685
	5 0:57:12 [0:55:43]	HOPCRAFT, Bob		Vet Men 40 40	60.85%	787	688
1/	6 0:57:17 [0:55:51]	GORDON, Alan		Vet Men 40-49	50.45%	636	691

<sup>\*</sup> RaceMaster98 from Sport Systems +44 (0)1737 814844 www.sportsystems.co.uk \*

<b>Provisional Results</b>	for Herts Men All in 1	<u>finish order.</u>		Age	Race	Race
Place Time [Chip]	Name	Team	Race Age Category	Grading	No	Place
177 0:57:29 [0:56:58]	PRINCE, Chris		Vet Men 40-49	50.28%	1296	705
178 0:57:44 [0:57:02]	BENNION, Julian		Vet Men 40-49	50.44%	114	725
179 0:58:05 [0:57:33]	COLLINS, Dean		Senior Men	46.44%	319	749
180 0:58:36 [0:58:00]	HUTCHESON, Chris		Vet Men 40-49	48.60%	832	772
181 0:58:47 [0:57:59]	TURNER, Simon		Vet Men 50-59	51.94%	1611	779
182 0:59:28 [0:57:50]	COWOOD, Steve		Vet Men 50-59	51.77%	354	818
183 0:59:29 [0:58:12]	KNIGHT, Howard		Vet Men 40-49	49.72%	930	820
184 0:59:30 [0:57:44]	DOBKE, Benjamin		Senior Men	45.87%	446	821
185 0:59:31 [0:57:52]	POOLE, Bill		Vet Men 40-49	47.16%	1282	822
186 0:59:39 [0:58:27]	ELLIOTT, Trevor		Vet Men 60-69	55.44%	500	829
187 0:59:46 [0:58:11]	PURMESSUR, Sacha	Mighty Reds	Vet Men 40-49	49.48%	1302	839
188 0:59:46 [0:58:31]	LANCASTER, Steve		Vet Men 50-59	53.80%	948	840
189 0:59:55 [0:58:39]	MURDOCH, Paul		Vet Men 40-49	48.61%	1148	846
190 1:00:02 [0:59:06]	NICHOLSON, Paulo	Lord Percy Shufflers	Vet Men 60-69	54.05%	1177	851
191 1:00:15 [0:58:48]	WEST, Barry		Vet Men 40-49	47.27%	1680	858
192 1:00:16 [0:59:45]	APPLETON, Conor		Senior Men	44.75%	33	861
193 1:00:48 [1:00:06]	BOAR, Chris		Vet Men 40-49	46.50%	137	884
194 1:01:05 [1:00:06]	MACGREGOR, Malcolm	Fairlands Valley Spartans RC	Vet Men 40-49	48.41%	1008	889
195 1:01:29 [1:00:53]	LAING, Jamie		Senior Men	43.87%	940	902
196 1:01:36 [0:59:56]	BROWN, Jim	Fairlands Valley Spartans RC	Vet Men 60-69	56.51%	185	905
197 1:01:37 [1:00:49]	DALEY, Jon	Fairfield Runners	Senior Men	43.77%	390	907
198 1:01:44 [1:01:12]	PUTTRELL, Steve		Vet Men 60-69	53.05%	1304	913
199 1:01:58 [1:00:23]	STRIDE, Alistair		Vet Men 40-49	45.96%	1532	916
200 1:02:31 [1:00:56]	COOK, James	Ossie's Angels	Junior Men U20	43.15%	326	939
201 1:02:33 [1:01:00]	HASWELL, Chris	Coral's Rays of Sunshine	Vet Men 50-59	47.64%	728	940
202 1:03:14 [1:01:28]	CARTWRIGHT, Robert	Garden City Runners	Vet Men 60-69	52.30%	256	968
203 1:03:29 [1:01:36]	ANDREWS, Mick	Fairlands Valley Spartans RC	Senior Men	42.49%	27	981
204 1:03:46 [1:01:43]	THARANI, Taher	Fairlands Valley Spartans RC	Vet Men 50-59	46.74%	1565	986
205 1:04:07 [1:01:58]	MARVELL, Jim	North Herts Road Runners	Vet Men 40-49	45.08%	1048	999
206 1:05:09 [1:05:02]	AYLOTT, Wayne	Garden City Runners	Vet Men 50-59	48.48%	55	1029
207 1:05:10 [1:03:08]	OSMOND, Neil	Ickleford Pre School	Vet Men 40-49	44.35%	1205	1030
208 1:05:57 [1:04:33]	KHERA, Gurmukh		Vet Men 60-69	51.15%	903	1046
209 1:08:49 [1:07:55]	DOWRICK, Tony		Vet Men 50-59	43.31%	462	1131
210 1:09:25 [1:09:13]	GOODWIN, Richard		Vet Men 50-59	44.72%	632	1144
211 1:14:36 [1:12:55]	CARPENTER, Peter	Fairlands Valley Spartans RC	Vet Men 70+	50.76%	249	1251
212 1:15:57 [1:14:38]	WOOD, Ashley		Senior Men	35.51%	1735	1264
213 1:18:40 [1:17:45]	BIGGS, Roger	Fairlands Valley Spartans RC	Vet Men 70+	46.32%	129	1286
214 1:24:33 [1:22:30]	MATTHEWS, Alan	·	Vet Men 50-59	35.53%	1059	1318
215 1:24:46 [1:22:35]	APPLETON, Mark		Vet Men 50-59	37.93%	34	1320
216 1:37:47 [1:35:54]	HOLGATE, Paul	Fairlands Valley Spartans RC	Vet Men 60-69	33.82%	773	1335

There were 216 finishers in the Herts Men All category.